

God's Design

Step 1 of the Five-Step Journey · Genesis 1:26–28 · 90 minutes

AGENDA · 90 MINUTES

0	Welcome · frame the journey · administer PRE before the teaching begins	13 min
1	Teaching · God's Design	15 min
2	Q1 — the first question	20 min
3	Q2 — surface the gap (do not pursue it in this session)	15 min
4	Foundational prayer · receive what surfaced	15 min
5	Hand the Daily Rhythm Card + 5R Lifeline Card to every seeker · close · look ahead to Session 2	12 min

MATERIALS

Workbooks (pre-placed on chairs) · Bibles · PRE forms · Daily Rhythm Cards and 5R Lifeline Cards — one of each per seeker

LOCKED LINES — USE THE WORDS AS WRITTEN

Q1. What kind of life do you think God originally designed your soul to live?

Q2. Where do you feel your life is not matching that design?

Daily Rhythm = ASK / RESPOND / RECEIVE · “Jesus, what do You want to change in me today?”

THE ONE RULE

PRE comes first — at Session 1, before the teaching begins. The seeker records their own scores. Do not press the hesitant.

AFTER THE SESSION

Within the hour: tabulate the PRE forms and prepare each seeker's My Soul Liberation Journey card for Envelope 1 (handed at Session 2).

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The Infection

Step 2 of the Five-Step Journey · Romans 7:19 · John 8:34 · 90 minutes

AGENDA · 90 MINUTES

0	Welcome back · check in on the Daily Rhythm	10 min
1	Teaching · The Infection — Romans 7, the diagnostic trio, sin as SSI	20 min
2	Q3 — how long have you been carrying this?	15 min
3	Teaching · Two gifts — Pardon and Liberation	15 min
4	Recognition prayer · “I see the infection now”	15 min
5	Hand Envelope 1 to every seeker · close · look ahead to Session 3	15 min

MATERIALS

Workbooks (seekers bring) · Bibles · Envelope 1 per seeker — the Journey card with PRE recorded plus your handwritten ASK

LOCKED LINES — USE THE WORDS AS WRITTEN

Q3. How long have you been carrying this?

SSI — the Supernatural Soul Infection — runs deeper than willpower and intelligence. Pardon settles the legal debt of sin (one time, at the cross). Liberation breaks sin’s ongoing power (continuing, by conversation with Jesus). Distinct. Both gifts. Both necessary.

THE ONE RULE

The diagnosis must land before the cure can mean anything — do not soften Step 2.

AFTER THE SESSION

Note who is carrying the heaviest load. Pray for each seeker by name before Session 3.

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The Soul Liberator

Step 3 of the Five-Step Journey · Acts 10:38 · 90 minutes

AGENDA · 90 MINUTES

0	Welcome back · check in on the Daily Rhythm	10 min
1	Teaching · The Soul Liberator + Q4 in the workbook	20 min
2	Step Away — real isolation: the Q4–Q5 silence, outside the circle	15 min
3	Q5 — the pivot · receive what surfaces	20 min
4	Brief directional prayer — the first ask of Jesus the Liberator	15 min
5	Daily Rhythm continues · close · look ahead to Session 4	10 min

MATERIALS

Workbooks (seekers bring) · Bibles · a prepared space for real isolation — outside, a porch, a separate room

LOCKED LINES — USE THE WORDS AS WRITTEN

Q4. What have you already tried to fix this?

Q5. What do you think Jesus wants to do in this area of your life?

The silence between Q4 and Q5 is load-bearing.

THE ONE RULE

The Q4–Q5 silence is real isolation, outside the circle — do not shorten it, and do not let it become in-circle silence.

AFTER THE SESSION

Confirm your Session 4 co-leader. Session 4 is never run alone.

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The Encounter

Step 3, lived • the blindfold encounter • the Four Areas in one session • 90 minutes

AGENDA • 90 MINUTES

0	Welcome back • receive what Session 3 surfaced • frame the encounter • blindfolds distributed	10 min
1	Inner Healing — walking back with Jesus to the root	20 min
2	Soul Purification — cutting all ties with Jesus' help	15 min
3	Physical Healing — blindfolds off • come forward • anointing with oil	12 min
4	Release from Demonic Oppression — the circle commands together in Jesus' name	13 min
5	Write what surfaced • brief round • close • look ahead to Session 5	20 min

MATERIALS

Workbooks • Bibles • blindfolds (one per seeker, plus spares) • anointing oil • soft instrumental music (no vocals) • tissues

LOCKED LINES — USE THE WORDS AS WRITTEN

Ask Jesus — never “let Jesus” or “allow Jesus.”

Release from Demonic Oppression — never “Deliverance.”

Command the enemy out, then ask Jesus to fill the place. Calm authority over a defeated enemy — command, not combat.

Severe cases: stop, and refer to the pastor and elders (James 5:14).

THE ONE RULE

Never run Session 4 alone — a co-leader of silent presence is required, every time, regardless of group size.

AFTER THE SESSION

Check on every seeker mid-week. What Jesus opened in the encounter keeps working after the room empties.

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The Conversation

Step 4 of the Five-Step Journey · John 15:4 · 90 minutes

AGENDA · 90 MINUTES

0	Welcome back · check in on the rhythm and the week	10 min
1	Teaching · The Conversation — from encounter to relationship	20 min
2	Q6 — what would you want to say to Jesus about this right now?	15 min
3	Speak it — each seeker speaks directly to Jesus	20 min
4	The Daily Five Minutes · ASK / RESPOND / RECEIVE	15 min
5	Daily Rhythm continues · close · look ahead to Session 6	10 min

MATERIALS

Workbooks · Daily Rhythm Cards (every seeker has theirs) · Bibles

LOCKED LINES — USE THE WORDS AS WRITTEN

Q6. What would you want to say to Jesus about this right now?

“Jesus, what do You want to change in me today?”

Polished prayer is hiding; honest prayer is the doorway in.

THE ONE RULE

Move the room from polished prayer to honest prayer — receive whatever is real, however it sounds.

AFTER THE SESSION

Brief each seeker’s local pastor this week — before Session 6, not during it. No briefing, no 90-day record.

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Liberation — The Likeness Revealed Again

Step 5 of the Five-Step Journey · John 8:36 · 2 Corinthians 3:18 · 90 minutes

AGENDA · 90 MINUTES

0	Welcome back · check in on the rhythm · frame the closing	10 min
1	Teaching · Liberation — The Likeness Revealed Again	15 min
2	Q7 (vision) — what would freedom look like · what has changed	15 min
3	Extending the blessing · the missional outflow	15 min
4	Q7 (action) — each seeker names the one specific thing	10 min
5	EXIT · Departure Gate · Envelope 2 · commission · send them out	25 min

MATERIALS

Workbooks · Daily Rhythm Cards · EXIT forms · Envelope 2 per seeker · calendar to schedule the 90-day check-in · local pastor contact info confirmed

LOCKED LINES — USE THE WORDS AS WRITTEN

Q7 (vision). What would freedom look like for your soul?

Q7 (action). What is the one thing you will do differently this week because of what happened here?

The seeker records their own EXIT scores, and names their 90-Day Pastor on the form, before leaving.

THE ONE RULE

The Departure Gate Rule is non-negotiable — no seeker leaves Session 6 without all three: local pastor briefed · Daily Rhythm Card in hand · 90-day check-in scheduled.

AFTER THE SESSION

Within three days: submit the completed Circle Leader's Submission Roster to Pastor Rio — rio@h4kz.org. CHR computes all indices centrally.

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