

SEEKER GROWTH MEASUREMENT

PRE — BASELINE · Complete at Session 1, before the teaching begins

Name: _____ Date: _____ Circle leader: _____

How to answer · Rate each statement 0 to 10. **0** = not at all / never · **5** = sometimes · **10** = very much / always. Some questions have their own scale shown beneath them.

This is not a test. There are no right answers. Answer honestly — honest answers give Jesus the most to work with.

[EI] Encounter Index — added together to give your baseline. [DX] Diagnostic — an honest baseline of what you bring in.

FOUNDATION — PERSONAL ENCOUNTER WITH JESUS

John 10:3, 27 · John 15:15 · Matthew 28:20

F1. I am confident that Jesus loves me personally — not just humanity in general, but me. [EI]

0	1	2	3	4	5	6	7	8	9	10
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Circle one

F2. I regularly sense Jesus' presence with me in daily life. [EI]

0	1	2	3	4	5	6	7	8	9	10
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Circle one

F3. When Jesus speaks to me — through Scripture, a feeling, a circumstance, or prayer — I recognize it as Him. [EI]

0	1	2	3	4	5	6	7	8	9	10
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Circle one

In one sentence: how would you describe your relationship with Jesus right now?

1. INNER HEALING — Healing the Brokenhearted

Psalms 147:3 · Matthew 11:28–29

IH1. I carry hurts or painful memories that still affect how I act, relate to others, or feel inside.

[DX] 0 = not at all · 10 = deeply and often

0	1	2	3	4	5	6	7	8	9	10
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Circle one

IH2. There is someone I have not been able to forgive — and I carry that with me.

[DX] 0 = no unforgiveness · 10 = deep unforgiveness I cannot move

0	1	2	3	4	5	6	7	8	9	10
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Circle one

Briefly: what hurt or unforgiveness are you bringing to Jesus in this circle?

2. SOUL PURIFICATION — Cleansing at the Root

Romans 8:1–2 · 2 Corinthians 5:17

SP1. There are patterns in my life — things I keep doing or feeling — that I cannot seem to change no matter how hard I try. [DX] 0 = no such patterns · 10 = deep recurring patterns that will not move

0	1	2	3	4	5	6	7	8	9	10
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Circle one

SP2. I sense that some of my struggles go deeper than just bad choices — like something that pulls me toward sin at the root. [DX] 0 = not at all · 10 = strongly and often

0	1	2	3	4	5	6	7	8	9	10
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Circle one

Briefly: what pattern or struggle are you asking Jesus to go to the root of in this circle?

3. PHYSICAL HEALING — Healing Diseases and Infirmities

James 5:14–15 · Psalm 103:2–3

PH1. I am carrying a physical condition I am bringing to Jesus as Healer in this circle. [DX] 0 = no physical need · 10 = significant ongoing physical condition

0	1	2	3	4	5	6	7	8	9	10
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Circle one

PH2. I trust that Jesus is genuinely willing to heal — that healing is consistent with His will and character. [DX] 0 = not at all · 10 = full trust

0	1	2	3	4	5	6	7	8	9	10
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Circle one

Briefly: what physical need are you bringing to Jesus? (Share only what you are comfortable sharing.)

4. RELEASE FROM DEMONIC OPPRESSION — Setting the Oppressed Free

John 8:36 · 1 John 3:8

RB1. There are areas in my life — fears, compulsions, shame, or patterns — that prayer and effort alone have not been able to break. [DX] 0 = no such areas · 10 = deep bondage that will not shift

0	1	2	3	4	5	6	7	8	9	10
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Circle one

RB2. I sense that some of my struggles may involve more than just my own weakness — that there may be an enemy involved. [DX] 0 = not at all · 10 = clear sense of an enemy at work

0	1	2	3	4	5	6	7	8	9	10
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Circle one

Briefly: what area of bondage or struggle are you bringing to Jesus in this circle?

“Create in me a clean heart, O God, and renew a right spirit within me.” (Psalm 51:10)

Soul Liberation Circle · Coastal Hope Retreat · Tuburan, Cebu, Philippines · PRE — BASELINE · return to your circle leader · English source for Cebuano translation

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