

SOUL LIBERATION CIRCLE

SEEKER GROWTH MEASUREMENT

EXIT — WHAT JESUS DID HERE · Complete at the end of Session 6

Name: _____ Date: _____ Circle leader: _____

90-Day Pastor / Servant Leader: _____ Contact: _____

Your Circle Leader needs this before you leave — it is part of the Departure Gate.

How to answer · Rate each statement 0 to 10. 0 = no change / no movement · 5 = some change · 10 = deep change. Some questions have their own scale beneath them.

A need still unmet at exit is not failure — Jesus sets His own timing.

This is not a test. There are no right answers. Answer honestly — honest answers give Jesus the most to work with.

[EI] Encounter (Foundation F1–F3, comparable across timepoints). [LG] Likeness Growth (visible fruit).

FOUNDATION — PERSONAL ENCOUNTER WITH JESUS

Re-scored at exit — compare to your PRE baseline · John 10:3, 27 · John 15:15

F1. I am confident that Jesus loves me personally — not just humanity in general, but me. [EI]

0	1	2	3	4	5	6	7	8	9	10
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Circle one

F2. I regularly sense Jesus' presence with me in daily life. [EI]

0	1	2	3	4	5	6	7	8	9	10
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Circle one

F3. When Jesus speaks to me — through Scripture, a feeling, a circumstance, or prayer — I recognize it as Him. [EI]

0	1	2	3	4	5	6	7	8	9	10
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Circle one

In one sentence: how would you describe your relationship with Jesus right now?

1. INNER HEALING — Healing the Brokenhearted

Psalms 147:3 · Matthew 11:28–29

IH4. In this circle, Jesus personally met me in a specific wound or memory. [LG]

0 = no movement · 10 = Jesus clearly met me there

0	1	2	3	4	5	6	7	8	9	10
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Circle one

IH5. Jesus enabled me to forgive something or someone — in a way that felt beyond my own capacity. [LG]

0 = no movement · 10 = Jesus did what I could not do in my own strength

0	1	2	3	4	5	6	7	8	9	10
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Circle one

In your own words: what did Jesus do in you in this area during the circle?

2. SOUL PURIFICATION — Cleansing at the Root

Romans 8:1–2 · 2 Corinthians 5:17

SP4. In this circle, Jesus touched a root of sin in me that had not responded to effort or prayer alone. **[LG]**

0 = no movement · 10 = Jesus reached the root

0	1	2	3	4	5	6	7	8	9	10
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Circle one

SP5. I experienced a genuine inner shift — not just a decision to do better, but something Jesus changed from within. **[LG]**

0 = no shift · 10 = a deep shift Jesus produced

0	1	2	3	4	5	6	7	8	9	10
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Circle one

In your own words: what did Jesus cleanse or shift in you in this circle?

3. PHYSICAL HEALING — Healing Diseases and Infirmities

James 5:14–15 · Psalm 103:2–3

PH4. I brought a physical need to Jesus as Healer in this circle in a way that felt genuine and expectant rather than routine. **[LG]**

0 = did not / felt routine · 10 = genuine and expectant

0	1	2	3	4	5	6	7	8	9	10
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Circle one

PH5. During or after prayer, I noticed something shift — in my body, my peace, or my confidence in Jesus as Healer. **[LG]**

0 = still unmet (that is not failure) · 10 = the need clearly met

0	1	2	3	4	5	6	7	8	9	10
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Circle one

In your own words: describe anything you noticed during or after prayer for physical healing.

4. RELEASE FROM DEMONIC OPPRESSION — Setting the Oppressed Free

John 8:36 · 1 John 3:8

RB4. In this circle, Jesus applied His authority to a specific area of bondage I brought to Him. **[LG]**

0 = no movement · 10 = Jesus clearly acted

0	1	2	3	4	5	6	7	8	9	10
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Circle one

RB5. I experienced a release — a shift in the area of bondage — that felt beyond what honest acknowledgment and prayer alone had produced. **[LG]**

0 = no movement · 10 = clear release Jesus produced through His authority

0	1	2	3	4	5	6	7	8	9	10
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Circle one

In your own words: what did Jesus set free, or begin to set free, in this circle?

“He restores my soul. He leads me in paths of righteousness for His name’s sake.” (Psalm 23:3)

Soul Liberation Circle · Coastal Hope Retreat · Tuburan, Cebu, Philippines · EXIT — WHAT JESUS DID HERE · return to your circle leader · English source for Cebuano translation

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