

PERSONAL RECORD

My Soul Liberation Journey

PRE → EXIT → 90-DAY

*This is where you started — not where you will stay.
They name the needs you bring — and will show how Jesus meets them.*

Circle Leader: _____ · SEEKER #: _____

Your SEEKER # is your row number on your Circle Leader's roster — it keeps your three timepoints joined.

AREA	PRE <i>the need you brought</i>	EXIT <i>how fully it was met</i>	90-DAY <i>whether it held</i>
Foundation <i>Personal encounter with Jesus</i>			
Inner Healing <i>Wounds · forgiveness</i>			
Soul Purification <i>Recurring patterns</i>			
Physical Healing <i>Body · faith</i>			
Release from Demonic Oppression <i>Enemy bondage</i>			

Low scores are a rail problem, not a people problem — read each number as an invitation, not a verdict.

HOW TO COMPLETE THIS CARD (FM Section 4, p. 4)

PRE You record your own scores at Session 1, before teaching begins. Your Servant Leader copies them onto this card, which you receive at Session 2.

EXIT You record your own scores at the close of Session 6, before you leave.

90-DAY You record your own scores when you meet your local pastor 90 days after the Circle.

YOUR ASK THIS SEASON · A NOTE FROM YOUR SERVANT LEADER

Carry this into your Daily Rhythm. Do not change the ask. Bring the same thing back to Jesus, again, today.

*“Apart from me you can do nothing.” — John 15:5
“If the Son sets you free, you will be free indeed.” — John 8:36*

Build better rails to the trustworthy Engine — Jesus.

Coastal Hope Retreat (CHR) · Soul Liberation Model · Personal Record · coastalhoperetreat.org

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