

SOUL LIBERATION MODEL

YOUR FIRST CIRCLE · LAUNCH KIT

A three-page bridge from your Commitment Card to your first Session 1.
For CHR Pastors and Servant Leaders Retreat alumni · May 2026

You signed the card. The Circle is in front of you, not behind. This kit is the bridge across the next two weeks: **invite** your seekers, **launch** your first Session 1, and **lock** the Departure Gate before you begin. The Engine is Jesus. These are the rails.

1 INVITE · This Week

Identify **five to eight hungry seekers** — not the most competent, the most hungry. Invite each one personally, by name, in a quiet conversation. Never from the pulpit.

The invitation · use words close to these: “I want to share something I have been carrying. I went to a retreat that changed how I understand what Jesus does in a soul. I would like to walk through what I learned with a small group — six to nine of us — over six weeks. Ninety minutes a week. I am asking you because I believe the Father has been working in you. Would you pray about it and tell me within one week?”

- **Pick by hunger, not polish.** The wounded who are hungry — not the ones furthest along with Jesus.
- **Five to eight.** Smaller is harder for honest sharing; larger dilutes the intimacy and overwhelms Session 4.
- **Personal, not public.** One conversation at a time. No pulpit announcement.
- **Ask for a reply within one week.** If they need longer, they may not be ready yet. That is fine.

2 LAUNCH · Session 1 Setup

Once seekers say yes, lock the practical shape of the Circle **before** Session 1. The same day and time, every week, for six weeks. A private room. Chairs in a circle. Workbook on each chair before anyone arrives.

☐ Soul Liberation Workbook	one per seeker · on chair before arrival
☐ Circle Leader's Card	leader's reference · one for you
☐ Daily Rhythm Card	one per seeker · handed out in Session 1
☐ 5R Lifeline Card	one per seeker · handed out in Session 1
☐ Seeker PRE measurement	one per seeker · self-scored at Session 1, before teaching
☐ Two envelopes per seeker	leader-prepared · PRE record handed Session 2 · PRE + EXIT record handed Session 6
☐ Bibles	seekers bring their own · have spares
☐ Field Manual · Session 1 guide	open beside you as you lead
☐ Pen for each seeker	for Q1 and Q2 in Session 1

Hold these back · do not bring to Session 1: blindfolds and anointing oil are for Session 4 only.

3 LOCK · Set the Departure Gate Before You Start

The **Departure Gate Rule** says no seeker leaves Session 6 without three things: local pastor briefed · Daily Rhythm Card in hand · 90-day check-in scheduled. **Schedule it now — before Session 1 begins.**

Session 1 date your first gathering	_____
Session 6 date five weeks after Session 1	_____
Local pastor briefing date before Session 6 · brief each seeker's home pastor	_____
90-day check-in date 90 days after Session 6 · the most important measurement	_____

Write all four dates today. Put them in your phone calendar. The rails hold what willpower and intelligence will not.

Quick Reference

The Six Sessions at a Glance

#	Session	Seeker question	What is different
1	God's Design	Q1 · Q2	Set the culture · receive, do not pursue · both take-home cards handed out
2	The Infection	Q3	Pardon and Liberation as two distinct gifts
3	The Soul Liberator (teaching)	Q4 · Q5	Seekers go out alone for Q4 and Q5
4	The Soul Liberator — Encounter	Blindfold encounter	Co-leader required · the Four Areas
5	The Conversation	Q6	Daily Rhythm revisited — polished prayer to real conversation
6	Liberation — The Likeness Revealed Again	Q7 vision · Q7 action	Departure Gate enforced · commission and send

Three Guardrails

- **Do not run it as a class.** The Circle is a guided encounter, not a curriculum. If you find yourself teaching the answers instead of asking the questions, you have drifted off the rails.
- **Do not pursue what surfaces too early.** Session 1 surfaces the gap. Session 4 is where the encounter happens. If a seeker breaks open in Session 1 or 2, receive it — do not chase it. The deep work has its session.
- **Do not skip the Departure Gate.** By the end of Session 6, every seeker must have all three: local pastor briefed · Daily Rhythm Card in hand · 90-day check-in scheduled. No exceptions.

The Locked Rule · Ask Jesus. We do not say ‘let Jesus’ or ‘allow Jesus.’ We are not granting Him permission. We are asking Him to do what only He can do. Hold this in your spoken language in every session.

When to reach out to Coastal Hope Retreat

Before Session 1 · have not locked your date or invited seekers? Call Pastor Rio: 09518968137

After Session 1 · text Pastor Rio one line: “Circle launched [date], [N] seekers.”

Any point · Session 4 worries you, a seeker breaks open unexpectedly, your start date slipped — call.

Pastor Rio 09518968137 or Rio@h4kz.org

Build better rails to the trustworthy Engine — Jesus.