

FIELD MANUAL · SECTION 2 · SESSION 4

The Soul Liberator — Encounter

*Jesus, Soul Liberator, **Step 3** of the Five-Step Journey The blindfold encounter · Where the Four Works of Jesus meet the seeker's soul*

When	Session 4 of the Soul Liberation circle — the encounter week	Who	You + a co-leader (silent presence) + 5–8 seekers
Length	90 minutes	Anchor texts	Isaiah 53:5 · Luke 4:18 · Mark 9:23–24 · James 5:14
Materials	Workbooks (seekers bring) · Bibles · Blindfolds (one per seeker, plus spares) · Anointing oil · Soft instrumental music (recommended, no vocals) · Box of tissues	Locked term	Step 3 = The Soul Liberator · Four Areas in one session: Inner Healing · Soul Purification · Physical Healing · Release from Demonic Oppression · Ask Jesus (never “let”)

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome back · receive what Session 3 surfaced · frame the encounter · blindfolds distributed	10 min
1	Inner Healing · walking back with Jesus to the root	20 min
2	Soul Purification · cutting all ties with Jesus' help	15 min
3	Physical Healing · blindfolds off · come forward · anointing with oil	12 min
4	Release from Demonic Oppression · the circle commands together in Jesus' name	13 min
5	Write what surfaced · brief round · close · look ahead to	20 min

Leader note · Session 4 is the experiential heart of the journey. Session 3 surfaced what self-effort has not been able to fix. Today you do not teach more. You do not pray harder. You hand the seekers over to the Soul Liberator under the blindfold — privately, with their face hidden from everyone but Him — and you walk them through the four works of Jesus in one ninety-minute arc. The work happens between each seeker and Him. Your job is to set the conditions, hold the silence, and stay out of the way.

Pastoral safety notes

- 1. Recruit a co-leader before this session.** One trusted person from your church — a seasoned pastor, your spouse, a deacon, or an alumni from a previous circle. The co-leader's only job is silent presence. They do not lead, they do not pray audibly, they do not teach. They walk quietly through the room during the encounter movements and kneel beside any seeker who breaks open. Without a co-leader, this session is not safe to run alone.
- 2. The blindfold itself can be a trigger.** For seekers with histories of abuse — particularly captivity-related trauma or sexual abuse — the blindfold may feel unsafe. In Session 3 close, brief the circle that Session 4 will involve blindfolds, and offer a one-on-one conversation in the week between. Any seeker who indicates they cannot wear a blindfold is offered the option of closed eyes with full permission to keep them closed throughout. Do not require the blindfold of any seeker.
- 3. Acute distress under the blindfold.** If a seeker becomes acutely distressed — trembling, sobbing audibly, breathing rapidly — the co-leader moves to them silently, kneels beside them, places a hand on their shoulder if appropriate, and stays. No words. Presence only. If the seeker removes their blindfold and signals they need to leave the room, the co-leader walks them out and stays with them. Do not leave any seeker alone in the building.
- 4. Severe trauma or known mental health diagnoses.** Before this session, have a private conversation with any seeker in these categories. Some will benefit deeply from the encounter. Some will need a different pathway. Pastoral discernment matters more than uniformity. If you are uncertain, refer per Section 3, Chapter 10 protocols and consider postponing this session for that seeker.
- 5. Vivid encounters — receive without canonizing.** A few seekers will report intense experiences — a clear voice, a vivid image, deep emotion. Receive with warm care. Test gently against Scripture and the character of Jesus. Most encounters today will be modest — an impression, a memory, a quiet sense of direction — and that is healthy. Do not compare seekers' experiences to each other in the room.
- 6. Forgiveness and abuse.** When the forgiveness beat in Movement 1 surfaces abuse, name explicitly that forgiveness does not mean staying in danger. Sometimes Jesus also helps us through counselors, doctors, and trusted brothers and sisters. That is not a lack of faith. Pastoral follow-up after the session, not in the circle.
- 7. The Release movement is authority, not theater.** Keep your tone firm and calm. Authority is not volume. If a seeker manifests strongly under the corporate command in Jesus' name, the co-leader

moves to them and continues the command quietly beside them while you keep the corporate prayer moving. Do not stop to make a spectacle. Do not broadcast one seeker's manifestation to the room.

MOVEMENT 0 • 10 minutes • You Welcome Back and Frame the Encounter

Receive them back (2 min)

Leader note • Begin warm. Last week some seekers wrote things in Q4 they had never put in writing before. Some have been carrying it for seven days. Receive each one quietly as they walk in. Eye contact. A word at the door if appropriate.

"Brothers and sisters — welcome back. I am glad you are here. Take your seat."

Frame what today is (3 min)

"Last week we did something hard. You wrote down — in your own handwriting — every approach you have tried that has not reached the root. Programs. Promises to yourself. Books. Vows. Self-discipline. Counsellors. You named it. You looked at it. And then you sat with the question — what do you think Jesus wants to do in this area of your life?"

"Today is for Him to do it."

"Today is different from any session we have had so far. There will be very little teaching. There will be very little talking from me. What is going to happen in the next eighty minutes is between each of you and Jesus — privately. I am here to set the conditions and to walk you through it. Your sister or brother sitting next to you cannot do this for you. I cannot do this for you. Only Jesus can do this. And that is exactly why we are here."

Name the four works (3 min)

"Today we walk through the four works of Jesus — what He came to do in the human soul — in one session, in order."

"First, Inner Healing. He walks back with you into the place where it still hurts to go. He saw it. He felt it. And He has been waiting for you to ask Him to cleanse the place that has not yet healed."

"Second, Soul Purification. He cuts the ties you have not been able to cut on your own. Not by your willpower or intelligence — by His authority."

"Third, Physical Healing. He still touches bodies. He has not changed. Anything you are carrying physically, you bring to Him today."

"Fourth, Release from Demonic Oppression. The lying voices, the accusations, the spirit of bondage. The room stands together in His name and commands them to leave."

"Four works. One session. One Jesus."

Distribute blindfolds (2 min)

Leader note • The co-leader passes blindfolds to each seeker now. One per seeker,

plus spares. Hand them out quietly. The leader continues speaking.

“In a moment I am going to ask you to put on your blindfold. Not for drama. To help you focus. What is about to happen is between you and Jesus. Nobody else needs to see your face. Nobody else needs to know what you are feeling. Just you and Jesus.”

“The co-leader is here. They are not going to speak. If you need them, they are here. No words. Only presence. You are safe in this room.”

“Go ahead now. Put on your blindfold.”

Stage direction · Wait. Give the room sixty seconds to settle after blindfolds go on. The co-leader quietly assists any seeker having difficulty with the blindfold. Optional soft instrumental music begins now — background only, no vocals, no melody that pulls attention. When the room is still — begin Movement 1.

“Take a slow, deep breath. And another.”

Stage direction · Long pause.

“Jesus is here. He was here before you walked through the door. He is everywhere, all the time, available to you in this moment and always.”

MOVEMENT 1 · 20 minutes · You Inner Healing — Walking Back With Jesus to the Root

The first question (3 min)

“Brothers and sisters — I want you to do something now. Raise your hand quietly. And in the silence of your heart, ask Jesus this question:”

“When you feel that impression — that gentle nudge as something comes to mind — lower your hand. Hold the impression. Do not analyze it. Do not argue with it. Just hold it.”

Jesus — what is one thing You want to change in my life?

Stage direction · Give thirty seconds of complete silence. Watch the room. When you begin to see hands lowering — that is the signal that impressions are coming. Do not rush. When most hands are down, continue.

Stage direction · Pause until most hands are down. If hands remain up after forty-five seconds:

“It is okay if nothing has come yet. Stay open. Ask again.”

Leader note · This opening question is the same question the seeker will be invited to ask every morning for the rest of their life in the Daily Rhythm. The form of the question is locked: “Jesus, what do You want to change in me today?” Today the question is asked at the scale of a whole life — “one thing You want to change in my life” — because the seeker is asking it for the first time, in conditions designed for them to hear an answer. Name this connection out loud in the close (Movement 5).

Today is also the first practice of the rhythm they will carry every morning.

Walking back with Jesus (4 min)

“Now — I want to invite you to do something that may feel unfamiliar.”

“Ask Jesus to walk back in time with you — back to the very beginning of the one thing He just showed you. Not the most recent time it happened. The very first time. The moment it began.”

“Jesus is the Great Protector. Picture Him in your mind walking back with you. If there is a painful memory there — know this: Jesus was there when it happened. He saw what you saw. He felt what you felt.”

“Ask Him to walk with you where it still hurts to go. Picture Him with you as you go all the way back to where it first started.”

Stage direction · Sixty seconds of silence. Music continues — background only. The co-leader moves quietly through the room. Anyone weeping or visibly struggling — kneel beside them silently. Hand on the shoulder if appropriate. No words.

The cleansing question (4 min)

Leader note · Vocabulary is locked here. Pardon is settled at the cross — the seeker is not being asked to re-confess. Today is about receiving the ongoing cleansing of the place that the words have not been able to heal. Use “cleanse” and “heal” — not “forgive again.”

“Jesus is with you in that memory. He saw it happen. He felt what you felt. Now let me ask you something.”

Is Jesus showing you a place where the words have been said for years — but it has not yet healed?

Stage direction · Thirty **seconds** silence. Allow the weight of the question to land. Do not fill the silence.

“There is no need to confess again. Pardon is settled. The cross is complete. Today is different. Today is about receiving Jesus’ ongoing cleansing of the place itself.”

“Own what is there. Turn from what He shows you. Ask Him to cleanse the place that has not yet healed.”

“Speak with Him quietly. In your own words. He knows. He is not surprised. He has been waiting for this conversation.”

Stage direction · Forty-five seconds silence. This is the cleansing. Let it breathe. If the room is engaged, extend the silence. Do not rush past this moment.

The forgiveness beat (5 min)

“One more question before we move.”

Is Jesus showing you somebody He wants you to forgive — with His help?

Stage direction · Thirty seconds silence.

“Forgiveness is not saying what they did was okay. It is not pretending it did not happen. It is releasing the debt and the debtor to Jesus.”

“Here is something many Christians get wrong. They believe the person who hurt them must first repent before they are allowed to forgive. But that is not what Jesus taught. Jesus did not wait for us to repent before He went to the cross. He died for us while we were still sinners.”

“Unforgiveness is like drinking poison — hoping it hurts the other person. But it only destroys you. Harboring unforgiveness may be the single greatest barrier to experiencing the healing Jesus died to give you. You cannot afford to wait.”

*“If a face or a name has come to mind, you do not have to feel ready. You only **have to** be willing. Ask Jesus to give you the willingness.”*

“Release the debt to Him. “Vengeance is mine; I will repay,” says the Lord. He will settle every account.”

“Rest in Him as you ask Him to help you forgive. Ask Him to cleanse the wound. To fill the hurt with His love as you release it to Him.”

“Forgiving does not mean staying in danger. Sometimes Jesus also helps us through counsellors, doctors, or trusted brothers and sisters. That is not a lack of faith.”

Pastoral protocol · If this involves abuse or harm, please find your leader or co-leader after the session.

Stage direction · Sixty seconds silence. The co-leader stays alert. This is where deep wounds surface. Anyone weeping audibly — kneel beside them silently. No words yet.

Sealing prayer for Movement 1 (1 min)

Sealing prayer “Lord Jesus — You have walked back into those memories with each of these brothers and sisters. You have seen what was there. You have heard what **was named**. You have begun to cleanse what we cannot cleanse ourselves. Seal what You have started. Let no enemy reclaim what You have just touched. In Your awesome name. Amen.”

Stage direction · Brief pause. Then transition to Movement 2 without breaking the quiet.

MOVEMENT 2 · 15 minutes · You Soul Purification — Cutting All Ties With Jesus’ Help

Frame the cut (3 min)

“Brothers and sisters — one more question before we move from your soul to your body. There is something many of us are still tied to. Maybe an **addiction**. Maybe a **relationship that keeps pulling you back**. Maybe an **object, a habit, a place**. **Maybe** a tie — something you opened a door to long ago that has not yet **been closed**.”

Is Jesus showing you something — or someone — He wants you to cut all ties to?

Stage direction · Thirty seconds silence. Then speak slowly.

Not willpower or intelligence (3 min)

“This is not willpower. And it is not intelligence. You have already tried both. We named that last week. This is different.”

“This is an act of your will combined with the power of Jesus. You cannot do this alone. But you are not alone. He is here. He is the one doing the cutting. You are the one asking Him to.”

*“This is not about being perfect enough for God. It is about being honest enough to **be helped**.”*

Name it to Jesus (4 min)

“If something has come to mind — something that keeps pulling you back — name it quietly to Jesus right now, in the privacy of your heart. Tell Him what it is. Tell Him you cannot cut it on your own. Ask Him to cut it now, by His authority.”

“Ask Him: “Jesus — help me cut these ties. I want to be free.””

Stage direction · Forty-five **seconds** silence. This is where Jesus supernaturally begins to sever ties that neither willpower nor intelligence could break. Do not **minimise** this moment. Let it run long if the room is still engaged.

Speak it as His act (3 min)

“Now hear this. The cutting is not something you do. It is something He does in answer to your ask. So now — listen for Him.”

“Some of you are going to feel a release in your body. Some of you are going to feel nothing in this moment. Both are honest. The work is His, not yours. The fact that you asked is what matters today. He will continue what He began here for as long as it takes.”

Sealing prayer for Movement 2 (2 min)

Sealing prayer “Lord Jesus — You have heard each one of these brothers and sisters name what has been tied to them. You have heard them ask You to cut what they cannot cut. We thank You now that You are the one who breaks every chain. Sever what needs severing. Where the cut has begun — finish it. Where the door is open — close it. Where the soul has been bound — set free. In Your holy name we ask it. Amen.”

Stage direction · Brief pause. Then prepare the room to come back into the light for Movement 3.

“Some of you just did something that took years of courage. Jesus met you there. What has happened in this room in the last forty-five minutes is real. Hold it. Do not let the enemy talk you out of it before you leave this room today.”

MOVEMENT 3 · 12 minutes · You Physical Healing — Blindfolds Off, Come Forward

Frame the shift (2 min)

Leader note · Physical Healing is a movement of laying-on of hands — the seeker is touched, anointed, prayed over by name. The encounter is now embodied, not private. Blindfolds stay off through Movements 4 and 5.

“Now we want to bring our bodies to Jesus. Some of you are carrying physical pain. A condition you have been living with. Something that is not right. And you have prayed about it. Or maybe you have stopped praying about it.”

“Jesus healed bodies. That was not just for people in the Bible. He is the same yesterday, today, and forever.”

Blindfolds off (1 min)

“Go ahead now and remove your blindfold. Set it on your lap. Take a moment to adjust to the light.”

Stage direction · *Pause while blindfolds come off. Give the room thirty seconds to adjust. Some seekers will look stunned, some will be wiping their eyes. Receive each face with warmth as they look up.*

Invitation to come forward (3 min)

- **“James 5:14 says, “Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.””**

*“If you have a physical **condition** you want Jesus to touch — come forward now. The co-leader and I will anoint you with oil and we will pray for you.”*

*“Not just physical needs. Also — anyone still hurting, still carrying something that surfaced today under the blindfold, anything that has not yet **been touched** — please come too. Do not stay in your seat today if Jesus is still at work in you.”*

“You do not need to explain everything. Just come.”

Leader note · In a 5–8 person circle the leader does the anointing personally with the co-leader assisting. Move to each seeker who comes forward. Anoint the forehead with a small touch of oil. Lay a hand on the shoulder. Pray briefly, by name, for what they have brought. Keep each prayer to under sixty seconds — this is corporate flow, not a private appointment. Anyone who needs a longer prayer is invited to stay after the close.

Spoken prayer over the room (4 min)

Sealing prayer “Lord Jesus — You are the same God who stopped in a crowd to heal one woman who simply touched the hem of Your robe. You spoke to blind eyes and they opened. You called to a dead man in a tomb and he walked out. You have not changed. Your power has not grown old. Your compassion has not grown tired. We come to You now — not with perfect faith — but with honest hearts. These brothers and sisters have stepped

forward. Some have carried this for years. Some have been afraid to ask. You see every one of them. You know the name of every pain. We do not come because we are worthy. We come because You are merciful. We do not come because we have earned it. We come because You are the Great Physician — and You have never turned away anyone who came to You. So we ask, Lord Jesus — move. Move in lungs. Move in eyes. Move in bones. Move in the hidden places no one can see. Move in ways that only You can take credit for. Let every brother and sister in this circle know — Jesus touched me. Jesus knew my name. Jesus is real. To Your glory alone. In Your mighty and healing name. Amen.”

Return to seats (2 min)

Leader note • Once anointing is complete, ask those who came forward to return to their seats. Give a brief word of encouragement before transitioning to Movement 4.

*“Thank you for your faith. What you just did took courage. Jesus **honoured** it. Whether you feel something today or not, He hears every prayer. He will keep walking with you. If doctors are involved, we keep listening to them too. We will thank Him for every bit of healing He brings.”*

“Let us take our seats.”

MOVEMENT 4 • 13 minutes • You Release from Demonic Oppression — Standing Together in Jesus’ Name

Frame the authority (3 min)

Leader note • This final movement is both ministry and training. You are not just praying release — you are teaching the seekers to use the authority of Jesus’ name themselves, for the days when the lying voices return. Keep your tone confident and grounded. Not dramatic. Not fearful. Authority, not volume. The goal is empowerment, not spectacle.

*“There is one more thing we need to address before we close. Some of what you have been carrying — is not just a wound. It is not just a habit. It is an enemy who has **been given** access. The Bible calls him the father of lies. And his primary weapon is not force. It is accusation. It is temptation. It is the voice that says: You are too far gone. You will never change. God has given up on you.”*

“That voice is a lie. And you have the authority to say so.”

“Jesus said in Luke 10:19: “I have given you authority ... over all the power of the enemy.” That is not just for the disciples. That is for every person who belongs to Jesus. Including you.”

The corporate command (5 min)

“So today I am going to teach you something. We are going to do this together. Out loud. With confidence. Because the enemy does not respond to passive Christianity.”

Leader note • The following command is spoken aloud by the whole room together, led by you. Say it once through yourself first, clearly and with authority. Then lead them to repeat it phrase by phrase. Keep the tone firm and calm — not shouting, not

theatrical. This is authority, not volume.

“Repeat after me — out loud.”

Sealing prayer *“In the name of Jesus Christ — I command every lying demon, every demon of accusation, every demon of addiction and bondage — to leave me now. You have no authority over me. I belong to Jesus Christ. Jesus is setting me free. I belong to Him who **is able to** set me free indeed. I command every demon here to report to the feet of Jesus. Go where Jesus sends you.”*

Leader note · Lead the circle through the command a second time with more confidence. Watch the room. If a seeker is experiencing a strong physical or emotional response, the co-leader moves to them immediately, places a hand on their shoulder, and continues quietly commanding in Jesus’ name beside them. You continue leading the room. Do not stop for individual responses — keep the corporate prayer moving.

Teach the everyday application (3 min)

“Well done. That was not a performance. That was a declaration of truth.”

*“Every time the enemy sends a flaming arrow — a sudden temptation, a lying accusation, a wave of shame — do not be passive. Do not just endure it. Refute it at once with the name of Jesus. The name above every name. There is **real** power in the name of Jesus.”*

“Jesus, your Rescuer, the Friend of sinners — He gives you authority to use His name. Defend yourselves. Call on the name of the Lord. There is peace, safety, real soul rest in Jesus. Use His awesome name.”

Sealing prayer for Movement 4 (2 min)

Sealing prayer *“Lord Jesus — we stand in Your authority. Every chain that was broken here, we pray stay broken. Every wound that was touched, we pray You continue to heal. Every lie that was named — may it lose its power. Almighty Father, these brothers and sisters are Your children. Draw each one deeper into Your family. Deepen their relationship with You, Jesus, and with each other today and every day that follows. Seal what You have done here with Your Holy Spirit. May they leave this room different — blessedly changed from how they came in. In Your glorious, gracious name we pray. Amen.”*

MOVEMENT 5 · 20 minutes · You Write What Surfaced · Brief Round · Close

Open the workbook (2 min)

Leader note · Specific page reference: Workbook Section 4 — Encounter Journal. The first blank Encounter Journal page is today’s reflection page. Eventually a dedicated “Session 4 — Encounter Reflection” spread will live in the workbook; for now, the first Encounter Journal page serves. Have seekers open to it before you give the prompt.

“Open your workbook to the Encounter Journal. The first blank page — that page is for today.”

“In a moment I am going to give you three prompts. You will have five minutes to write. Do not try to write everything. Write what is true. The encounter you just had is fresh — let it leave its mark on the page before the noise of the week tries to talk you out of it.”

The three prompts (1 min)

1. What did Jesus show you today? 2. What did He ask you to do about it? 3. What is one specific step you will take this week — day, time, action?

“Day. Time. Action. Not “I will pray more.” Specific. Name the day. Name the time. Name the action. Five minutes. Begin.”

Write in silence (5 min)

Stage direction · Five minutes silent writing. The co-leader and you circulate quietly, but do not read what seekers are writing. If a seeker is overwhelmed and not writing, kneel beside them briefly. “Write what is true. Even one sentence.” Then move on.

Brief round (6 min)

“We are going to go around the circle briefly. Not everything you wrote — just one sentence about what Jesus did or asked. If you would rather not share, you may pass. Both are welcome.”

Leader note · Receive each share with the same warmth. “Thank you” is enough. Do not over-amplify a dramatic share — it puts pressure on the next seeker. Do not over-comfort a quiet share — it can feel patronizing. Keep the pace moving. The work is already done — the round is just witnessing.

Bridge to the Daily Rhythm (3 min)

Leader note · This is the load-bearing bridge between today’s encounter and the rest of the seeker’s life. Name it explicitly. The opening question of today — “Jesus, what is one thing You want to change in my life?” — is the same conversation they will have every morning for the rest of their walk with Him. Different scale, same conversation. Session 5 next week teaches the rhythm in detail.

“Brothers and sisters — what you did today under the blindfold is the same conversation you will have every day for the rest of your life. Different scale. Today was big — your whole life. Tomorrow morning will be small — just one day. Same Jesus. Same listening. Same question — “Jesus, what do You want to change in me today?””

“Next week we will teach you how to walk that rhythm. Five minutes a day. The same Jesus who answered you today is the Jesus who will meet you tomorrow morning. The rhythm is the rail that carries the work He began today into the rest of your life.”

Close (3 min)

“Before we go — hold on to this. What happened in this room today is real. Jesus met you here. He is still here. And He is going with you when you walk out that door.”

“Do not let the noise of the week undo what He did in the quiet. Guard it. Talk with Him about it today. Bring it back to discuss with Him tomorrow.”

*“John 8:36: “If the **Son** sets you free — you will be free indeed.” That is not a feeling. That is a fact. Hold it.”*

Sealing prayer *“Father — thank You for what You have begun today in each of these souls. Thank You for the Soul Liberator who came not only to forgive but to heal. Carry today forward into every day of the week ahead. When the old pull rises — bring this moment to mind. When the lie returns — return them to Your truth. Keep them in honest conversation with You. We will see them next week. In Jesus’ name. Amen.”*

Dismiss (1 min)

“Same time, same place next session. Go in the peace of Christ.”

Leader note · Stand at the door with the co-leader. Eye contact with each seeker as they leave. The seeker who was visibly broken under the blindfold may need a word — “I saw what happened in you today. He has begun. See you next week.” The seeker who was quiet may need a word too — “He heard you. See you next week.” Anyone who indicates they want to talk more — direct them to stay or schedule a one-on-one in the week. Do not leave any seeker floating.

END OF SESSION 4 — *The encounter carries forward via the Daily Rhythm to Session 5 — The Conversation*

Build better rails to the trustworthy Engine — Jesus.

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