

COASTAL HOPE RETREAT

Soul Liberation Model

FIELD MANUAL

The operational manual for servant leaders running Soul Liberation Circles

FIVE SECTIONS

Model Overview · Session Guides · Prayer Ministry
Measurement & Follow-Up · Train the Trainer

Build better rails to the trustworthy Engine — Jesus.

How This Field Manual Works

What it is, who it is for, and the order to read it in

What this manual is · A training and reference guide for servant leaders running Soul Liberation Circles — in their own churches, or as small groups within retreats, camps, and outreaches. Absorb the Field Manual in preparation. Then, in the room, work from the Section 2 Session Guides — one for each of the six sessions — whose scripts are written to be read aloud or paraphrased. Read the manual before you begin, return to it when something specific surfaces in a Circle, and re-read it when you are about to mentor the next servant leader through the same arc.

WHO THIS IS FOR Three audiences

Retreat alumni · pastors and servant leaders who experienced the model at a CHR retreat or camp. The Field Manual gives them language and structure they cannot reproduce from memory alone.

Video-trained leaders · pastors and lay leaders who never came to a retreat, but who worked through the SLT video series, its Companion, and the Start Here guide. For them, this Field Manual is the nearest thing to having been in the room.

Mentees · servant leaders being raised up through the Three-Circle Mentoring Pathway by a Practitioner. The Field Manual is their curriculum, read under supervision.

HOW TO USE IT Three uses

Pre-Circle · read Sections 1 through 5 once before you launch your first Circle. Section 1 first; the rest in order.

Mid-Circle · as a clinical reference. A seeker breaks open. A Q5 does not land. A prayer block stalls. Flip to the relevant chapter; the answer is findable in two minutes between sessions.

Post-Circle, multiplying · as a training textbook. The Field Manual is what you assign to your mentee in Circle 1 of the Three-Circle Mentoring Pathway, and the conversation guide for the debriefs that follow.

The Architecture

FIVE SECTIONS Read in order

PIECE	WHAT IT IS	WHEN TO READ IT
Section 1	Model Overview — the theological and operational frame. Nine chapters.	Read first, all the way through, before you begin.
Section 2	Six Session Guides — Sessions 1–6 of the Five-Step Journey, delivered as separate PDFs. The walkthroughs you keep open on the table during a Circle meeting.	Read each Session guide the week before you lead it. Keep it open during the session.
Section 3	Prayer Ministry — how prayer ministry actually runs in a Circle. Eleven chapters covering the four areas, the architecture of a prayer block, when prayer stalls, when a seeker breaks open, and the off-floor protocol for Release from Demonic Oppression.	Read before your first prayer ministry block. Return to it whenever something specific surfaces in a Circle.
Section 4	Measurement & Follow-Up — the three indices, the three timepoints, and the rails that carry the work past Session 6. Includes the Departure Gate Rule.	Read before Session 1 (PRE) and again before Session 6 (EXIT). Return on Day 87 as you prepare the 90-day check-in calls.
Section 5	Train the Trainer — the CHR Practitioner Pathway (your certification) and the Three-Circle Mentoring Pathway (how you train the next servant leader).	Read after you have run at least one cycle. Use it as the textbook for the person you are mentoring.

Companion Materials & Locked Terminology

COMPANION MATERIALS What sits alongside the Field Manual

Soul Liberation Training video series · eleven videos walking through the entire model. Each Section names its companion video(s) in the masthead.

The Soul Liberation Companion · the low-barrier front door for anyone not yet ready to commit to a Circle. A nine-week self-guided walk through the model — seeker-facing, paired with the SLT video series. Leaders who have never been through the journey as a seeker will find it worth walking once to understand the seeker's experience from the inside.

Start Here guide · the eight-page front door for servant leaders returning from a retreat or finishing the SLT video series. Read it first, before you launch: it maps your first ninety days.

Seeker Workbook · the workbook each seeker carries through the Five-Step Journey. Six sections including a thirty-day Jesus encounter journal.

Reference Cards · three cards. The Servant Leaders card — the leader's single in-hand reference for the whole journey (Five-Step Journey, Seven Questions, Four-Area Prayer, Daily Rhythm, and the 5R). The Daily Rhythm Card and the 5R Lifeline — the two cards each seeker carries home.

Growth Instruments · PRE, EXIT, and 90-DAY measurement forms. Administered per the schedule in Section 4.

A note on locked terminology · The Soul Liberation Model carries a small set of locked terms — "ask Jesus," never "let Jesus"; "Release from Demonic Oppression," never "Deliverance"; "Likeness Revealed Again." These are not stylistic preferences. They are the result of years of trial and error. Use them as written. The Sections name each locked term where it first appears.

Build better rails to the trustworthy Engine — Jesus.

SOUL LIBERATION MODEL

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Build better rails to the trustworthy Engine — Jesus.

FIELD MANUAL · SECTION 1

Model Overview

*The theological and operational **frame** · read this before you open Session 1*

Purpose	Frame the Soul Liberation Model — what it is, what it is not, what only Jesus does, what we build.
Audience	Anyone preparing to lead a Soul Liberation Circle — in their own church, or as a small group within a retreat, camp, or outreach. Read this first, even if you attended a Coastal Hope Soul Liberation Retreat.
Read time	About 40 minutes.
Companion video	SLT V1 — Why This Model Exists
Scripture anchors	Acts 10:38 · John 15:5 · 1 Corinthians 3:6–7 · Habakkuk 2:14

How to use this section · Read it through once before you build a Circle. Then return to specific chapters when the operational pressure of running a session makes a locked term feel slippery. The terminology in this section is not stylistic preference. It is the result of years of trial and error. Use it as written.

CHAPTER 1 Why This Model Exists

An honest question to begin with.

How many retreats, camps, or special programs have you run — or attended — where something genuine happened during the event, and then ninety days later most of the seekers were living exactly as they had before?

Not asking about programs that failed. Asking about programs that worked — at least for a few days. Where there were tears, breakthroughs, seekers saying things like: this is the most powerful experience of my life. And then ninety days later — back to the same patterns. The same bondages. The same distance from God.

The harder question · It is not why it did not last. It is what we were actually producing. Were we producing encounters with Jesus — or emotional experiences that resembled encounters with Jesus? Were we building rails that kept people connected to the only One who can actually change them — or were we building a high-quality event that peaked on day three and faded by day thirty?

The Soul Liberation Model was built to answer that question. Everything in this Field Manual exists to help servant leaders build the kind of rails that produce a different ninety-day answer.

CHAPTER 2 The Theological Foundation

Two texts. Together they form the entire theological foundation of the model.

Acts 10:38 — What Jesus does ***“God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and healing all who were oppressed by the devil, for God was with him.”***

“He went about.” Present-tense activity. “Healing all who were oppressed.” This is not a historical description of something Jesus did once. It is a description of who Jesus is. What He does when He encounters a broken soul. Jesus is not a past event. He is a present Healer, Savior, Soul Liberator. The most important thing a servant leader can do is create the conditions for the people in their care to encounter that present Healer.

John 15:5 — What we do, and do not do ***“I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”***

“Apart from me you can do nothing.” Often quoted for personal Christian living. It applies equally to ministry leadership.

Apart from Jesus, a leader can run an excellent program. Create a moving atmosphere. Give a compelling talk. Lead a tearful prayer time. Produce a memory.

What a leader cannot do, apart from Jesus, is heal a soul. Purify a conscience. Break a soul bondage. Rewire an identity broken by trauma. Only Jesus does that. Which means the leader’s job is not to do those things. The leader’s job is to connect people to the One who does.

The entire model in one sentence • Our job is not to change people. Our job is to build rails strong enough that seekers stay connected to the Engine long enough for Jesus to do what He promised.

CHAPTER 3 The Engine and the Rails

The Soul Liberation Model has two components. Understanding the difference between them is the most important thing a servant leader takes from this section.

THE ENGINE — What only Jesus provides	THE RAILS — What we build
• Supernatural liberating power • Personal initiation with every soul • Cleansing that reaches the root of sin • Liberation from soul bondage • Truth that rewrites broken identity • Resurrection life — new from the inside out	• Teaching that leads to encounter, not just information • Prayer ministry in all Four Areas • A daily rhythm seekers can sustain at home • Measurement that tells us if Jesus moved • 90-day follow-up so liberation takes root • Local church connection before the seeker leaves

We do not produce the Engine. We do not manage the Engine. We do not accelerate or improve the Engine. We create the conditions for the Engine. Strong rails keep seekers on the track long enough for the Engine to do its work.

Breakthrough · The specific, identifiable moment when a seeker experiences Jesus Christ supernaturally — the hurt touched, the bondage broken, the lie replaced with truth. Breakthrough is not manufactured by excellent programming. It is what happens when a seeker stays connected to the Soul Liberator long enough for Him to do what He promised.

The failure mode

The most common failure mode in retreat and camp ministry is trying to be the Engine. Not consciously. Nobody stands up and says: “we are going to produce transformation through the quality of our programming.” But functionally — in how sessions are designed, success is measured, and the leader’s own work is evaluated — we act as if results depend on us.

So when transformation does not last, we conclude: we need a better speaker. More emotional worship. A more powerful altar call. A longer prayer time. When the actual problem is — our rails were not strong enough to keep seekers connected to the Engine long enough for Him to finish the work.

1 Corinthians 3:6–7 *“I planted, Apollos watered, but God gave the growth. So neither he who plants nor he who waters is anything, but only God who gives the growth.”*

We plant. We water. We build rails. God gives the growth. When we accept that division of labor — fully, not just theologically — everything about how we design ministry changes. And the results last.

CHAPTER 4 The Five-Step Journey

The Five-Step Journey is the map every seeker walks in a Soul Liberation Circle. It is the map every servant leader must know by heart. Each step prepares for the next. No step can be skipped without weakening every step that follows.

1	God’s Design	The soul as the Father designed it — image-bearing, blessed, able to not sin.
2	The Infection	What broke in the Fall. Sin as an infection running deeper than willpower and intelligence (SSI).
3	The Soul Liberator	Jesus Himself — not a doctrine about Jesus, but the living Healer of souls.
4	The Conversation	The seeker meets Jesus in

		personal, specific dialogue about what they are carrying.
5	Liberation — The Likeness Revealed Again	Sin's ongoing power broken. The soul walking with Him daily, in increasing freedom.

How the steps prepare each other

Step 1 (God's Design) names the original. Without seeing the original, the gap in Step 2 cannot be named honestly — only as failure or shame. The Design is the standard against which the Infection is recognized.

Step 2 (The Infection) names what broke. Failing to name the Infection as deeper than willpower and intelligence, the seeker keeps trying to fix what only Jesus can heal. The Infection is what makes Step 3 necessary.

Step 3 (The Soul Liberator) introduces Jesus not as a doctrine but as a Person. The pivot of the journey. Without meeting Jesus as Healer, Step 4 has no one to converse with.

Step 4 (The Conversation) is where the seeker speaks directly to Jesus about what was named in Step 2. Personal. Specific. Honest. This is where breakthrough most often happens.

Step 5 (Liberation — The Likeness Revealed Again) is not the end of the journey. It is the beginning of sustained life with Jesus. The walk, begun.

The Locked Step 5 name · Step 5 is “Liberation — The Likeness Revealed Again.” The phrasing matters: Liberation is the gift, the Likeness is the original, and “Again” anchors the whole journey in the arc from Genesis 1 to Revelation 21.

CHAPTER 5 The Four Areas of Ministry

Jesus heals in four distinct areas of the soul and body. A servant leader who only knows how to minister in one area leaves three doors unopened in the seekers in their care. Diagnose first. Follow where Jesus leads. Pray specifically.

Inner Healing	Jesus walks into a wound — grief, abuse, unforgiveness, rejection — and heals what was broken there.
Soul Purification	Jesus cleanses what the soul has carried in — shame, guilt, lies received and believed, agreements made with the dark.
Physical Healing	Jesus, the Great Physician, full of mercy and compassion, is the One who heals the body — in His timing, in His way. We pray with bold faith and hold the outcome with open hands. We do not predict the method or the moment.

Release from Demonic Oppression	Jesus breaks bondage where the enemy has gained an opening. We address Him as authority, not as combatant. (Never “Deliverance.”)
Why “Release from Demonic Oppression,” never “Deliverance” · The word “deliverance” carries cultural baggage in many regions — sensational practice, fear, theatrics. “Release from Demonic Oppression” is the operational language. We address Jesus as the authority who breaks bondage. We do not address the enemy as combatant. The posture is Jesus, not us. The locked term protects both the seekers and the leader from a posture the model does not teach.	
CHAPTER 6 Pardon and Liberation	

Two distinct gifts. Both necessary. Many seekers — and many pastors — collapse them into one, which is why so many believers feel pardoned but not free.

PARDON	LIBERATION
• Settles the legal debt of sin • One-time, at the cross • Given once. Cannot be repeated. • Answers: “Will God receive me?” • The legal foundation of the Christian life	• Breaks sin’s ongoing power • Continuing, by conversation with Jesus • Daily. Repeated as needed. • Answers: “Why am I still bound?” • The living experience of the Christian life

Pardon is the gift of the cross. Liberation is the gift of the daily relationship in conversation with the One whose cross secured the pardon. A seeker can be pardoned without being liberated. A pardoned seeker who is never liberated will live in the strange grief of being legally free and experientially bound.

The pastoral implication · When a seeker says “I keep falling into the same sin even though I know I am forgiven,” they are naming the distinction. They are pardoned. They are not yet liberated in that area. The Soul Liberation Model exists precisely for this gap. Walk them through the Five-Step Journey, and the relationship with Jesus that grows in daily conversation begins to break the ongoing power of what the cross already pardoned.
CHAPTER 7 The Daily Rhythm: “Jesus, what do You want to change in me today?”

The most dangerous moment in a Circle is the drive home after Session 6. If a seeker leaves without a sustainable practice of meeting Jesus daily, the rails end at the door. The Daily Rhythm exists so they do not.

ASK · RESPOND · RECEIVE — Five minutes a day · A simple three-movement practice the seeker carries on a card. The order matters. Jesus moves first; we respond.
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ASK (1 minute)

Open with whatever surfaced most recently in a session or in life. “Jesus, walk further with me into this. Show me what You see today.” Sixty seconds of quiet. Do not try to make anything happen. Be in the conversation.

RESPOND (3 minutes)

Listen. Write what surfaces — a memory, a Scripture, a sense of direction, a feeling that has weight, a person who comes to mind. Even “nothing surfaced today” is a real entry. The point is not to perform. The point is to show up to the conversation.

RECEIVE (1 minute)

Read one verse. Slowly. Twice. Let it be the last thing the soul carries out into the day.

The 5R Lifeline — when the old pull returns

The Daily Rhythm is the rail in calm water. The 5R Lifeline is the rail in the storm — when the old temptation, the old hurt, or the old bondage pulls hard. Five beats. All five are movements toward Jesus. None of them are self-managed technique.

Recognize · Reconnect · Renounce · Replace · Report & Rejoice Recognize — Name what is pulling. Out loud if possible. “This is the old shame,” or “this is the lust,” or “this is the despair.” Reconnect — Turn the heart back to Jesus the same second. “Jesus — I see it. I am running to You, not from You.” Renounce — Out loud. “I renounce agreement with this. It is not who You made me.” Brief. Specific. Replace — Ask Him to put truth in the place the lie wanted to occupy. Ask Him to give you the sentence. Report & Rejoice — Tell a trusted friend, leader, or your Circle. Rejoice that Jesus held. The reporting is part of the rail.

The 5R is not a discipline the seeker performs on themselves. It is a five-beat run to the One who already moved first when the pull began. It is a rail. The Engine is still Jesus.

CHAPTER 8 Measurement and Follow-Up

Measurement is one of the rails. Not because Jesus needs to be measured — but because rails need to be evaluated. A rail that bends under weight needs to be rebuilt. The only way a servant leader knows a rail is bending is by measuring.

The three indices

The three indices the Circle measures Encounter Index (EI) — Did the seeker meet Jesus personally? How deep was the encounter at the time it happened? Likeness Growth (LG) — Is the likeness of Jesus visibly growing in the seeker? What has lasted? Community Attachment (CA) — Is the seeker connected to a local body? Are they walking with others, or alone?

The three timepoints

PRE — administered at Session 1, before teaching begins. The baseline. Where is this seeker as the Circle begins?

EXIT — administered at the end of Session 6. What did Jesus do during the Circle?

90-DAY — administered ninety days after Session 6. What lasted?

The diagnostic principle · Low scores at 30 or 90 days are a rail problem, not a people problem. If a seeker's Likeness Growth or Community Attachment is low at 90-DAY, the question is not "what is wrong with the seeker?" The question is "which of the rails I built was too thin?" Bring it to your CHR debrief. The next cycle is where the rails get rebuilt.

The Departure Gate Rule

No seeker leaves Session 6 without all three: (1) their local pastor briefed, (2) Daily Rhythm Card in hand, (3) 90-day check-in scheduled. These are not optional rails. They are the minimum rails that keep the work from ending at the door.

Why all three · Local pastor briefed — so the seeker is not isolated. Daily Rhythm Card in hand — so the daily conversation has a physical anchor. 90-day check-in scheduled — so the rail extends past the end of the Circle. Drop any of the three, and the 90-day score will tell you which.

CHAPTER 9 Missio Dei — The Father's Mission

The Soul Liberation Model is not a program. It is a small participation in a much larger mission. The Father has been on mission since Genesis 12 — to bless every people, tongue, tribe, and nation. The Soul Liberation Model serves that mission.

Habakkuk 2:14 *"For the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea."*

The earth filled with the knowledge of His glory is not accomplished by one excellent retreat at one excellent retreat center. It is accomplished by hundreds of servant leaders running hundreds of Circles in hundreds of communities. Each Circle five to eight seekers. Each seeker carrying home a Daily Rhythm Card and a local pastor who has been briefed.

That is the long arc. The mission. Every Session 1 a servant leader runs is a small contribution to a mission that has been moving since Abraham. Every seeker who learns to ask Jesus what He wants to change in them today is a soul rejoining the original design.

The thread that runs through everything · "Every people, tongue, tribe, and nation." This phrase appears in the closing of every closing service. It is not decoration. It is the reason the Circle exists. The Circle is not for the leader. It is not for the seeker alone. It is for the mission of the Father, expressed through the work of the Son, sustained by the Spirit, carried out by His Church — one Circle, one seeker, one local pastor at a time.

— END OF SECTION 1 —

Next: Section 2 — Session Guides (Sessions 1–6 of the Five-Step Journey)

Build better rails to the trustworthy Engine — Jesus.

FIELD MANUAL · SECTION 2 · INTRODUCTION

Leading the Six Sessions

How to use Section 2 · read this before you open Session 1

Section 2 contains six session guides. Each guide is the operational walkthrough for one ninety-minute gathering of your Soul Liberation Circle. Together, the six sessions walk a seeker through the Five-Step Journey — from God's Design, through The Infection and The Soul Liberator, into The Conversation, and out into Liberation — The Likeness Revealed Again.

This page tells you what each session does, what is the same across all six, and what you must hold steady before, during, and after each one. Read it through once. Return to it whenever you are about to lead a session and want to remember the shape.

The six sessions at a glance

One framework. Six gatherings. Ninety minutes each. Six movements per session. The Engine — Jesus — does the work. The rails — your faithfulness to the shape — keep the seekers in front of Him.

THE SIX-SESSION ARC

#	Session	Seeker work	Leader job
1	God's Design <i>Genesis 1:26–28 · Revelation 21:1–5</i>	Q1: What kind of life do you think God originally designed your soul to live? Q2: Where do you feel your life is not matching that design?	Set the culture. Open the door. Do not pursue what surfaces in this session — receive it. Hand each seeker their two take-home cards: the Daily Rhythm Card and the 5R Lifeline Card.
2	The Infection <i>Romans 7 · John 8:34</i>	Q3: How long have you been carrying this? Pardon and Liberation introduced as two distinct gifts.	Name sin as infection, not list. Teach the difference between Pardon and Liberation.
3	The Soul Liberator (teaching) <i>Acts 10:38 · Luke 4:18 · John 8:36</i>	Q4 (alone, away from circle): What have you already tried to fix this? Q5: What do you think Jesus wants to do in this area of your life?	Send seekers out into real isolation for Q4 and Q5. Bring them back without requiring testimony.
4	The Soul Liberator — Encounter <i>Isaiah 53:5 · Mark 9:23–24 · James 5:14</i>	Blindfold encounter. Four works of Jesus in one evening: Inner Healing · Soul Purification · Physical Healing · Release from Demonic Oppression.	Recruit a co-leader. Set the conditions. Stay out of the way. Jesus is the minister.
5	The Conversation <i>John 15:4 · Matthew 11:28–29</i>	Q6: What would you want to say to Jesus about this right now? Daily Rhythm deepened: ASK / RESPOND / RECEIVE.	Move from polished prayer to honest prayer. Revisit the Daily Rhythm Card the seekers have carried since Session 1.
6	Liberation — The Likeness Revealed Again <i>2 Corinthians 3:18 · John 8:36 · Genesis 1:28</i>	Q7 (vision): What would freedom look like for your soul? Q7 (action): What is the one thing you will do differently this week because of what happened here?	Honor the Departure Gate Rule: local pastor briefed · Daily Rhythm Card in hand · 90-day check-in scheduled. Commission each seeker by name. Send them out.

WHAT IS THE SAME ACROSS ALL SIX SESSIONS

Length. Each session is ninety minutes. Begin and end on time. The seekers learn that this circle holds its shape.

Structure. Each session moves through six movements, numbered 0 through 5 in the arc table. Movement 0 is a welcome and frame — from Session 2 on, a welcome back with a brief check-in on the Daily Rhythm. Movement 5 is a close that hands the work forward through the Daily Rhythm. The four movements between them carry that session's particular work — teaching, the seeker questions written and shared, and prayer — with one exception: in the Session 4 Encounter, the four middle movements are the four works of Jesus under the blindfold. The arc table at the top of each session guide names and times all six.

Materials. Workbooks, Bibles. The Daily Rhythm Card and the 5R Lifeline Card are handed to each seeker in Session 1 and carried through all six sessions. The Encounter — Session 4 — adds blindfolds and anointing oil.

Group size. Five to eight seekers plus you. Smaller is harder; larger dilutes the intimacy. Session 4 requires a co-leader regardless of group size.

The locked rule. We ask Jesus. We do not let Jesus or allow Jesus. We are not granting Him permission. We are asking Him to do what only He can do. Hold this in your spoken language across every session.

WHAT IS DIFFERENT ABOUT SESSION 4

Session 4 is the experiential heart of the journey. Sessions 1, 2, 3, 5, and 6 are teaching-and-conversation sessions you can run alone. Session 4 is different.

Before Session 4 • Recruit a co-leader from your church — a seasoned pastor, your spouse, a trusted deacon, or someone from a previous circle. The co-leader's only job is silent presence: walking the room quietly, kneeling beside any seeker who breaks open. Without a co-leader, Session 4 is not safe to run alone.

The session walks the seekers through the four works of Jesus in one evening — Inner Healing, Soul Purification, Physical Healing, and Release from Demonic Oppression — privately, under the blindfold. Your job is to set the conditions, hold the silence, and stay out of the way. The work happens between each seeker and Jesus.

THE DEPARTURE GATE RULE • SESSION 6

Session 6 ends the structured journey. No seeker leaves Session 6 without all three of the following in place. Hold the line.

1. Local pastor briefed.

Each seeker's home pastor knows the seeker has walked this journey, knows the area Jesus has been at work, and is ready to receive the seeker for ongoing pastoral care.

2. Daily Rhythm Card in hand.

Each seeker leaves with the printed Daily Rhythm Card — ASK / RESPOND / RECEIVE. The rhythm is the rail that carries the work forward.

3. 90-day check-in scheduled.

Date and time on the calendar. With the seeker's local pastor or with you. Not a vague intention — a specific date.

Build better rails to the trustworthy Engine — Jesus.

Next: Section 2 · Session 1 · God's Design

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FIELD MANUAL · SECTION 2 · SESSION 1

God's Design for Your Soul

Step 1 of the Five-Step Journey · The starting point of every seeker's journey

When	Week 1 of the Soul Liberation circle	Who	You + 5–8 seekers
Length	90 minutes	Anchor texts	Genesis 1:26–28 · Genesis 3 (referenced) · Revelation 21:1–5
Materials	Workbooks (one per seeker, pre-placed on chairs) · Bibles · Daily Rhythm Cards and 5R Lifeline Cards (one of each per seeker; handed out in Movement 5)	Locked term	Step 1 = God's Design

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome · administer the PRE before any teaching · frame the journey	13 min
1	Teaching · God's Design	15 min
2	Q1 — The first question	20 min
3	Q2 — Surface the gap (do not pursue in this session)	15 min
4	Foundational prayer · receive what surfaced	15 min
5	Daily Rhythm Card + 5R Lifeline Card · close · look ahead to Session 2	12 min

Leader note · Session 1 is the foundation. You are not trying to produce breakthrough in this session. You are trying to set the culture and open the door. The deep prayer ministry block comes in Session 4. In this session, your job is to make the seekers feel safe enough to say what is true.

Pastoral safety notes

1. The first five minutes set the culture. The seekers are watching your face. Respond to honesty with warmth, curiosity, and complete absence of shock.

2. If a seeker breaks open in tears — pause. Presence. Do not rush to fix. The work has begun.

3. If trauma surfaces in Q2 — receive it but do not pursue in this session. Note it. Offer a one-on-one conversation before Session 2 if they want it. Deep prayer ministry comes in Session 4, not in this session.

4. If a seeker names something that exceeds the local-circle context — active suicidal thoughts, present-moment crisis, untreated severe mental health — pause. Stay with them. Refer per Section 3, Chapter 10 protocols. Do not handle it alone in the room.

MOVEMENT 0 · 13 minutes · You Welcome and Frame the Journey

Leader note · Before seekers arrive, place a workbook on each chair. You may also place a Bible if seekers may not bring their own. Each seeker should find their workbook waiting when they sit down. As seekers arrive and settle, invite them to open to page 1 and fill in their name, their circle leader (you), their local pastor, and today's date — this anchors the workbook as theirs.

Receive them (2 min)

Leader note · Some seekers walk in nervous. Some skeptical. Some tender. Receive each one. Do not hurry. Begin when everyone is seated.

“Brothers and sisters — welcome. You said yes to something today. I am grateful you came.”

Administer the PRE (5 min)

Leader note · Before the framing, before any teaching, before any prayer — administer the PRE measurement now. Hand each seeker the form and read the scale aloud. Each seeker records their own scores; you do not score for them, and you do not press the hesitant. Collect the completed forms before moving on. FM Section 4 carries the full protocol. Within the hour after this session, tabulate the forms and prepare each seeker's My Soul Liberation Journey card for Envelope 1 at Session 2.

“Before we walk anywhere, I am going to hand you a short page. It asks where things stand in your soul today — honestly, in your own numbers. No one is grading this. It is where you started, so that in six weeks you can see what Jesus did.”

“Over the coming weeks, we are going to walk something together. Not a class. Not a counseling session. Not therapy. We are going to sit with Jesus together, week by week, and ask Him to do what only He can do in your soul.”

"You will notice a workbook on your chair. That is yours. Bring it back each session. It is where you will write what surfaces — the questions we walk together, the things Jesus shows you, the daily rhythm during the week. Do not worry about filling it neatly. Write what is true."

"If you have not already, take thirty seconds to open to page 1 and write your name, your circle leader, your local pastor, and today's date. That makes the workbook yours."

Leader note • After this speech, take thirty seconds to direct seekers to Workbook page 2 — "Why this journey exists."

"Open to page 2. Read the short page titled 'Why this journey exists.' That is the doorway into everything we will do."

Leader note • Give them two minutes of silence to read. This anchors the journey in the Father's Mission before any teaching begins.

"Turn the page. Page 3 — 'Stepping In.' You do not need to read it now. Read it this week, between today and our next session. The top of the page tells you what this workbook is for. The bottom of the page lists six practical commitments — how this circle works in practice. Read them once. They are not a contract. They are the rails."

Leader note • Do not read page 3 aloud in the session — it would slow Movement 0. Just point seekers to it and confirm they see the page. The six commitments on page 3 are the practical commitments (show up, bring the workbook, write honestly, speak when ready, use it between sessions, keep using it after Session 6). They are different from the three covenant commitments you are about to speak.

What the circle is — and is not (3 min)

"Let me tell you what this circle is, and what it is not."

"This is not a Bible study. We will read Scripture, but the Word is the doorway, not the destination."

"This is not a small-group prayer meeting. We will pray, but the prayer happens because something specific is being addressed."

"This is not a counseling group. I am not your counselor. If something needs counseling, we will name it and find that path."

"This is a circle of seekers, with one simple goal: to walk the Five-Step Journey with Jesus together. Each session we look at one step. Each session we ask Jesus to do something in our souls. The five steps prepare us for Step 5 — Liberation — The Likeness Revealed Again. The journey is at least six sessions. Some circles take longer. Some keep meeting

after Step 5 to sustain the work. We will see together what Jesus is doing and let the pace serve Him.”

“Today is Step 1. God’s Design.”

The circle covenant (3 min)

Leader note • Read these three commitments aloud. Make eye contact with each seeker as you read each one. The covenant is short on purpose.

“Three commitments hold this circle together.”

“First — what is said here, stays here. We carry each other in prayer. We do not carry each other’s stories out the door. What you hear, you cover. What you see, you cover.”

“Second — we tell the truth. Not polished truth. The actual truth. Jesus does not work with the polished version. He works with what is real.”

“Third — we receive Jesus, not me. I am not the healer. I am not the teacher. I am a servant in the room. Jesus is the Engine. I am building rails.”

Seal the covenant in writing (3 min)

“The three commitments we just spoke have a written counterpart in your workbook. Turn to page 4.”

Leader note • Page 4 holds three things: “What brought you here?” (a few sentences), the 1–5 confidence scale (“How confident are you, right now, that Jesus can change the deepest things in you?”), and the written commitment block at the bottom. Walk seekers through all three. The confidence scale baseline matters — we return to it at the end of the journey. Hold the room in honest space — no music, no chatter. This is a covenantal act.

“At the top of page 4, there is a short box: ‘What brought you to this circle?’ In one or two sentences, write what brought you. Whatever first comes to mind. There is no wrong answer.”

“Below that you will see a question: ‘How confident are you, right now, that Jesus can change the deepest things in you?’ Circle a number from 1 to 5. There is no judgment in any answer. We will look at this again at the end of the journey. Be honest about where you are now.”

“Finally, the gold-bordered box at the bottom of page 4 — My Commitment. Read it once to yourself. If it is true for you, sign it and date it. This is the written form of the three commitments we just spoke together. The same covenant, sealed in your own hand.”

Leader note • Give three minutes of quiet for the three actions: write “what brought you,” circle the confidence scale, sign the commitment. Do not rush. If a seeker hesitates to sign,

do not press them — honest hesitation is more valuable than a forced signature. Note any unsigned commitments quietly and follow up one-on-one before Session 2.

Brief introduction (2 min)

“Let us go around — name and where you live, what you do, why you came today. Keep it short — we will know each other better as we walk together.”

Leader note • Keep it tight. Do not let this run long. The introductions are not the work. They are the doorway in.

MOVEMENT 1 • 15 minutes • You Teaching: God’s Design

Receive the map (2 min)

“Before we open Genesis, let me show you the map of the whole journey — it is already in your workbook, and you will carry it the whole way.”

Leader note • Direct each seeker to open their workbook to page 5 — the Five-Step Journey map (the opening page of Section 2). The map lives in the workbook; nothing is handed out here.

“Open your workbook to page 5 — the Five-Step Journey map. This is the whole map of where we are going together. Look at it with me.”

“Five steps. Step 1 — God’s Design. Step 2 — The Infection. Step 3 — The Soul Liberator. Step 4 — The Conversation. Step 5 — Liberation — The Likeness Revealed Again.”

“Today is Step 1. Keep this page open in front of you. Bring your workbook back each session. Look at this map during your Daily Rhythm this week. This page is the map of the soul’s journey home.”

Leader note • Do not dwell on the map. Name it, point at Step 1, then move into the teaching. The map will become familiar over the coming sessions.

Picture the beginning (4 min)

Leader note • Slow down here. You are painting a picture. The seekers’ imaginations have to engage.

“Open your Bibles to Genesis chapter 1. Verse 26.”

“This is where Step 1 begins. God’s Design.”

Genesis 1:26–28 *“Then God said, ‘Let us make man in our image, after our likeness.’ ... So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them.”*

"Picture it with me. I am not asking you to picture a fantasy. I am asking you to remember a real place."

"Picture the trees heavy with fruit. The rivers clean. The animals at peace with each other and with the two image-bearers walking among them."

"Picture the relationships. Naked and unashamed. No hiding. No manipulating. No wounding. Just seeing and being seen."

"Picture God Himself walking in the garden in the cool of the day. Not distant. Not remote. Walking. Talking. Present."

Leader note • Pause. Let them be there.

Able to not sin (3 min)

"Now — picture something most of us have lost in our imagination of Eden."

"Adam and Eve were able to not sin. They were not puppets who could only obey. They had real choice. They could obey, or disobey. They could love, or refuse. They could walk with God, or walk away."

"Before the fall — they were able to not sin."

"That is who the Father made us to be. Blessed with His likeness. In perfect creation. In perfect relationship with Him, with each other, with the earth. And able to not sin."

"This is Step 1. God's Design. The starting point of every seeker's journey — whether they know it or not. The soul's original home."

What broke (3 min)

Leader note • Brief. Genesis 3 is the seed for Session 2 (The Infection). In this session just plant the seed. Do not pull up the root here.

"You know what happens next. Genesis 3."

"Satan enters the garden. Deception. The sneering question — 'Did God really say?' — the first crack. The disobedience. The fruit taken. The rebellion committed."

"And something happens in that moment that we will return to next week. Because if you do not see what happened in Genesis 3, you will not understand what Jesus is doing in the soul today."

"After the fall — humanity is no longer able to not sin. Something broke in us. Something whole — shattered."

"That is Step 2. The Infection. We will go there next week. Today is not yet the time."

Where Scripture ends (3 min)

"One more stop in Step 1. Because the Father's plan does not end in Genesis 3."

"Turn to the end of your Bible. Revelation 21."

Revelation 21:1–5 *"Then I saw a new heaven and a new earth ... 'Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people ... He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.'"*

"At the end — a new heaven. A new earth. The dwelling place of God with man. He will wipe away every tear. Death no more. Mourning no more. Pain no more."

"The arc of Scripture starts with the Father's design, runs through the fall, and ends with the design restored. The likeness revealed again."

"That is Step 5. Where this six-week journey ends. Where every soul's journey ends, by His grace."

"Today we begin where Scripture begins. With the Design itself. And one question for you to carry."

MOVEMENT 2 · 20 minutes · You Q1 — The First Question

Ask Q1 (2 min)

"Here is the question I want you to sit with."

Q1 What kind of life do you think God originally designed your soul to live?

Leader note · Read the question slowly. Then stop. Completely. Do not fill the silence.

"Do not think about your life as it is. Think about what He designed it to be. The relationships. The work. The walk with Him. What did He design?"

"Take two minutes. Write something down in your workbook. Just for yourself."

Leader note · Specific page reference: Workbook page 6, "God's Design." Q1 is in the gold-bordered question box.

"Open your workbook to page 6. Write your answer in the lines under the Q1 box."

Pairs (5 min)

"Now — turn to the person beside you. You have five minutes. Each of you, share what you wrote. The other listens. No fixing, no advice — just listening."

Leader note · Move quietly through the room. Listen for any pair where one is doing all the

talking, or where someone seems to have stalled. Stay near, but do not interrupt.

Round in the circle (13 min)

"Come back to the circle. We have about thirteen minutes. Let us go around. You do not have to share everything you said in the pair — just one thing about the life He designed for your soul."

Leader note • This is the heart of Movement 2. Listen at two levels — to what they say, and to what they almost say. The thing they add at the end, almost as an aside, is often the actual answer.

Leader note • Do not respond to each share with a teaching point or a Scripture reference. Receive it. "Thank you for sharing that." Then pass to the next. The seekers are listening to one another more than to you.

Leader note • If a seeker says something thin — "I do not know, I guess a normal life" — do not press. Just receive it. "Thank you." Move on. They will have more to say in coming weeks.

Leader note • If a seeker says something deep — a longing for their marriage to feel like home, a desire to walk with God without shame, an ache for purpose — receive it slowly. "Thank you. That is exactly what He designed." Then move on.

Leader note • Watch for the seeker who is silent or visibly struggling. Do not call on them. They will share when they are ready, even if it takes weeks. Their presence is enough for today.

MOVEMENT 3 • 15 minutes • You Q2 — Surface the Gap

Ask Q2 (2 min)

"One more question for today. And this one is harder."

Q2 Where do you feel your life is not matching that design?

Leader note • Same approach. Slow read. Then stop. Do not fill.

"Do not theologize. Do not analyze. Just name the gap. What is the distance between the design and your life as it actually is?"

"One minute. Write it down. For yourself."

Leader note • Specific page reference: Workbook page 7, "Naming the Gap." Q2 is in the gold-bordered question box.

"Turn the page. Page 7. Write your answer under Q2."

Round in the circle (13 min)

"Let us share around the circle. One thing each. Where is the gap?"

Leader note • This is where the work of the next five weeks begins to surface. The gap they name today is the Infection they will see next week, the Liberator they will meet first in Session 3 (the pivot) and encounter under the blindfold in Session 4, the Conversation they will enter in Session 5, and the Liberation — The Likeness Revealed Again — they will receive in Session 6.

Leader note • Do NOT pursue the gap in this session. Do not pray over it specifically. Do not push for the root. This session is naming. Next week is digging.

Leader note • If a seeker names trauma — abuse, addiction, a marriage that died years ago — receive it slowly. “Thank you. That is real. Jesus already knows. Next week we will start to walk into it together.” Do not pursue in this session.

Leader note • If a seeker names something that exceeds this circle — active self-harm, present-moment crisis, untreated severe condition — pause the circle. Stay with them. Refer per Section 3, Chapter 10. Do not handle it alone in the room.

MOVEMENT 4 • 15 minutes • You Foundational Prayer

Frame the prayer (2 min)

“We are not going to fix today what we just named. That is not how the journey works. We are going to hand it to Jesus. He will begin. He has already begun, in fact — by bringing it to your awareness.”

“This week is just the beginning of His work in this room.”

Lead the prayer (10 min)

Leader note • Three movements: receive → hand over → ask Him to begin. Pray slowly. Leave silences. The Spirit fills silences with what your words cannot.

“Father, You designed each of these souls in Your likeness. You knew them before they were born. You knew the design You had for them, and You know the gap they have just named.”

“We thank You that You are not surprised by any of it. We thank You that the gap they named is exactly the place You want to come.”

Leader note • Pause. 30 seconds.

“Jesus — we hand You what each of them just named. The gap between the design and the life. The wound. The pattern. The longing. We are not asking You to fix it today. We are asking You to begin.”

“Walk into it with each of them. Show them what You see. Let them sense You with them. Even today. Even as they leave this room.”

Leader note · Pause. 30 seconds.

“Holy Spirit — for the next week, draw each of these brothers and sisters into honest conversation with Jesus about what they just named. Do not let them forget. Do not let them numb. Do not let them go back to managing it on their own.”

“In Jesus’ name. Amen.”

Brief silence (3 min)

Leader note · After the closing “Amen,” do not rush. Sit. Two or three minutes of silence. Let what just happened settle.

MOVEMENT 5 · 12 minutes · You Daily Rhythm + Close

Hand out Daily Rhythm Cards (3 min)

“Before you leave today, I have something for each of you.”

Leader note · Hand each seeker a Daily Rhythm Card. Cardstock. One per person.

“This is your Daily Rhythm Card. Five minutes a day. Every morning. This is what carries the work between sessions.”

Walk through the three movements (4 min)

Leader note · Read the three movements aloud in this order: ASK, RESPOND, RECEIVE. Emphasize that the order matters — Jesus moves first.

“Three movements on the card. The order matters — because Jesus moves first, and we respond.”

“First — ASK. Open with the gap you named today. Bring it back to Jesus, and ask Him the one question: ‘Jesus, what do You want to change in me today?’ Sixty seconds of quiet. Do not try to make anything happen. Just be in the conversation.”

“Second — RESPOND. Now listen. Take two or three minutes. Write what surfaces in your workbook — a memory, a Scripture, a sense of His direction, a feeling that has weight, a person who comes to mind. Even ‘nothing surfaced today’ is a real entry. The point is not to perform. The point is to show up to the conversation.”

“Third — RECEIVE. Read one verse. Slowly. Twice. This week — Genesis 1:26. Let it be the last thing your soul carries out into your day.”

“Five minutes. Every morning. Just begin.”

Hand out the 5R Lifeline Card (1 min)

Leader note • Hand each seeker a 5R Lifeline Card. Cardstock. One per person. Do not teach all five beats today — that comes later in the journey. Today you are only putting it in their hand for the moment the old pull returns during the week.

“One more card. This one is for the hard moment — when the old pull comes back during the week, and it will. It is the 5R Lifeline. Five beats, and every one of them is a way of running to Jesus, not a technique you work on yourself. Keep it tucked behind your Daily Rhythm Card. We will walk it together as the journey goes on. For now, just know it is in your hand for the storm.”

Look ahead to Session 2 (3 min)

“Our next session is Session 2. The Infection. We will look at what broke.”

“Next session is harder than today. We will name what is actually happening in the gap you described today. We will look at sin not as bad behavior but as an infection that runs deeper than willpower and intelligence.”

“You do not need to prepare. You do not need to bring anything. Just bring yourself. And between now and then, work the Daily Rhythm Card.”

One last question (2 min)

“Before we close — does anyone have a question about what we did today or about the rhythm card?”

Leader note • Receive any question briefly. Do not turn this into a teaching moment. The questions you cannot answer in this session, you can answer next session — or by message during the week.

Closing prayer (2 min)

“Let us close.”

“Father, thank You for these brothers and sisters. Thank You that they came today. Thank You for what You have begun in each of them — what they named, what they saw, what they sensed.”

“Carry them this week. Speak to them through the rhythm card. Bring to mind what You showed them today. And bring them back here next session, ready for the next step.”

“In Jesus’ name. Amen.”

Dismiss (3 min)

“Same time, same place next week. If you need to talk with me before then, you have my number. Go in peace.”

Leader note · As they leave, stand at the door if you can. Make eye contact with each one. Brief touch on the shoulder if appropriate. The closing matters.

END OF SESSION 1 — *Daily Rhythm carries the work to Session 2*

Build better rails to the trustworthy Engine — Jesus.

Coastal Hope Retreat · Soul Liberation · Field Manual · Section 2 · Session 1 · God's Design

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FIELD MANUAL · SECTION 2 · SESSION 2

The Infection

Step 2 of the Five-Step Journey · Why trying harder never works · The diagnosis before the cure

When	Session 2 of the Soul Liberation circle	Who	You + 5–8 seekers
Length	90 minutes	Anchor texts	Romans 7:15, 18b, 19, 24, 25a · Romans 7:17, 20 · John 8:34
Materials	Workbooks (seekers bring from Session 1) · Bibles · Daily Rhythm Cards and 5R Lifeline Cards on hand (both brought from Session 1)	Locked term	Step 2 = The Infection · SSI = Supernatural Soul Infection

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome back · check in on the Daily Rhythm	10 min
1	Teaching · The Infection (Romans 7, the diagnostic trio, sin as SSI)	20 min
2	Q3 — How long have you been carrying this?	15 min
3	Teaching · Two gifts — Pardon and Liberation	15 min
4	Recognition prayer · I see the infection now	15 min
5	Daily Rhythm continues · hand Envelope 1 · close · look ahead to Session 3	15 min

Leader note · Session 2 is the load-bearing teaching of the six sessions. If Step 2 is misdiagnosed — if you call it a bad habit when it is bondage, or a character flaw when it is captivity — the whole journey collapses. Today you preach honestly. The diagnosis must land before the cure can mean anything in Session 3.

Pastoral safety notes

- 1. Naming the infection often surfaces shame.** Receive every honest disclosure with warmth and complete absence of shock. The seeker is watching your face.
- 2. Do not pursue the infection today with prayer ministry.** Today is diagnosis, not cure. The cure begins in Session 3. The deep prayer ministry block comes in Session 4.
- 3. If a seeker says “I must just be a bad Christian,” correct it gently.** What they are describing is captivity, not character. That distinction is exactly what today’s teaching exists to make.
- 4. Watch for the seeker who recognizes themselves in Romans 7** for the first time — the visible relief, the tears of recognition. That is the Spirit’s confirmation of the teaching. Receive it. Do not analyze it.

MOVEMENT 0 · 10 minutes · You Welcome Back and Check In

Receive them back (2 min)

Leader note · Begin warm. Some seekers worked the Daily Rhythm; some did not. No grading. Today is for whoever showed up, in whatever condition they are in.

“Brothers and sisters — welcome back. I am grateful you came today.”

“We walked Step 1 together last session. God’s Design. We sat with the picture of Eden before the fall, with what the Father made us to be — blessed with His likeness, in perfect relationship, able to not sin. And then we named the gap. Where the design and our lives no longer match.”

“You took the Daily Rhythm Card home. Some of you worked it every morning this week. Some of you started and stopped. Some of you forgot it on the table by the bed. All of that is honest. We are not grading the rhythm. We are walking a journey together.”

Light check-in on the rhythm (5 min)

“One quick question around the circle, then we begin. In one sentence — what surfaced for you this week as you sat with the rhythm? Or, if the rhythm did not happen, what did you notice about that?”

Leader note · This is not a deep round. One sentence each. The seeker who skipped the rhythm is welcome to say so honestly — that is its own kind of useful information. Receive every answer briefly: “Thank you.” Then move on.

Leader note · Listen for two things: (a) Anyone who clearly had a meaningful encounter — note it; you may want to ask them more after the session. (b) Anyone who is carrying something heavier than last week — note it for Movement 2 and for pastoral follow-up.

Locate where we are (3 min)

"Look at the Five-Step Journey map on page 5 of your workbook. Last session we walked Step 1. Today we go to Step 2. The Infection."

*"I want to tell you something honest before we begin. Today is the most important teaching of the six sessions. Not because it is the most uplifting. Because it is the most **load-bearing**. If we miscall what is happening in your soul, everything else we say in the coming weeks will miss."*

"So today we are going to preach Step 2 honestly. The way Paul preached it in Romans 7."

MOVEMENT 1 · 20 minutes · You Teaching: The Infection

Open Romans 7 (3 min)

"Open your Bibles to Romans chapter 7."

"This is the most honest passage Paul ever wrote. The man who wrote one-third of the New Testament describes here exactly what most of you described last session when you named the gap. Listen."

Romans 7:15, 18b, 19, 24, 25a *"For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ... For I have the desire to do what is right, but not the ability to carry it out. ... For I do not do the good I want, but the evil I do not want is what I keep on doing. ... Wretched man that I am! Who will deliver me from this body of death? ... Thanks be to God through Jesus Christ our Lord!"*

"Hear verse 24 again. 'Wretched man that I am. Who will deliver me from this body of death?'"

Leader note · Long pause. Let the cry sit.

*"Paul is not describing a character flaw. He is not describing laziness. He is not describing a lack of willpower or intelligence. He is describing something that **operates** at a level deeper than willpower and intelligence can reach."*

The diagnostic trio (5 min)

"Before we go further — a diagnostic question. When you look at the area of your life where you keep failing, where the gap keeps showing up, which of these three is true?"

Leader note · Hold up three fingers. Walk slowly through them.

1. Is it rebellion? A deliberate choice to go your own way. You know what is right. You hear God's voice. And you say — 'I am going to do what I want anyway.' Rebellion is real. We should not pretend it is not. But — can you say with Paul, 'I have the desire to do what is right'? If the

desire is there, the issue is not rebellion. Most of you in this circle are not rebels. You are something else.

2. Is it ignorance? Is it that you do not know what is right? Paul says, 'I know that nothing good dwells in me.' He has the knowledge. He could teach a seminary class on it. Most of you in this circle know what is right. You have read the Scriptures. The information is not missing. A lecture will not help. Another Bible study will not help. Another book will not help.

3. Is it inability? Verse 18. 'I have the desire to do what is right, but not the ability to carry it out.' Here is the diagnosis.

The hinge sentence *"I want to. I know I should. And I still cannot."*

Leader note • Long pause. This is the hinge sentence of the teaching. Most seekers will recognize themselves in it for the first time. Let it land.

"That is not weakness. That is captivity."

"And captivity requires a Liberator, not a lecture."

Sin as dwelling presence (4 min)

"In verse 17 and again in verse 20, Paul's language gets precise. Listen."

Romans 7:17, 20 *"So now it is no longer I who do it, but sin that dwells within me ... Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me."*

"Sin that dwells."

"Not sin that visits. Not sin as a pattern of bad decisions. Not sin as a list of moral failures."

"Sin as a presence. An invading, inhabiting force."

Leader note • Pause. This is theologically heavy. Let it settle.

*"Paul is not giving us an excuse. He is giving us an explanation. Responsibility **remains** — Paul still owns what he does. But the power to fulfill what he wants has **been hijacked**."*

The Supernatural Soul Infection (4 min)

"Here is the foundation of the Soul Liberation framework. Hear it slowly."

"Sin is not primarily a collection of bad choices."

"It entered the human soul in Genesis 3 like an infection enters a body. From the outside. Without invitation. Working deeper than willpower and intelligence can reach. It is supernatural. Paul calls it a 'law' — a force as consistent and powerful as the law of gravity."

*"We call it the Supernatural Soul Infection. SSI. It is real. It **is named** in Scripture. It is what is at work in the gap each of you described last session."*

"Think about a physical infection. You do not manage a fever through discipline. You cannot repent your way out of pneumonia. You need a Healer. Someone who reaches the source. Someone who removes the contamination."

"Trying harder can manage symptoms for a while. But the infection stays."

The conclusion *"The root requires Someone with the authority and skill to go there with us. That is who Jesus is. Step 3. Next session."*

Bridge to Q3 (1 min)

"Before we cross to Jesus the Liberator next session, one more question for today. And it is a hard one."

MOVEMENT 2 · 15 minutes · You Q3 — How Long Have You Been Carrying This?

Ask Q3 (2 min)

"Last session you named the gap — the distance between God's design for your life and your life as it is. Today, one more question about that gap."

Q3 "How long have you been carrying this?"

Leader note · Slow read. Then stop. Completely. Do not fill the silence.

"Not the most recent time it surfaced. The whole arc. When did it begin? When did it first take hold? How long has the infection been at work in this part of your soul?"

"One minute. Write it down in your workbook."

Leader note · Specific page reference: Workbook page 8, "The Infection." Q3 ("How long have you been carrying this?") is in the gold-bordered question box. Say: "Open your workbook to page 8 — Step 2. Write your answer under the Q3 box."

Round in the circle (13 min)

"Let us go around the circle. One thing each. How long have you been carrying this?"

Leader note · This question often surfaces grief. A seeker may realize for the first time that they have been carrying something for twenty, thirty, forty years. The weight of duration is its own pastoral moment. Receive it slowly.

Leader note · Standard response to long durations: "That is a long time to carry this. Thank you for naming it." Brief pause. Then move on. Do not try to comfort or fix. The naming is the work.

Leader note · If a seeker minimizes — "not that long, just a few months" — receive it. Some infections are newer. Both are real.

Leader note • If a seeker traces it back to childhood trauma or abuse — receive it. Note for one-on-one follow-up. Deep prayer ministry comes in Session 4, not today.

Leader note • If a seeker becomes overwhelmed — pause the circle. Stay with them. The duration question can break someone open in a way the gap question did not. Be present.

MOVEMENT 3 • 15 minutes • You Two Gifts — Pardon and Liberation

The two gifts (8 min)

Leader note • Specific page reference: Workbook page 9, “Pardon and Liberation.” The page has the two-column table that is a visual recap of exactly this teaching. After you teach the two gifts (below), say: “Open your workbook to page 9. The table on that page is what we just walked through together. Read it slowly. The left column is what most of us already received. The right column is what today is about.”

*“Before we close today — one more piece of teaching. Because if we leave the diagnosis without naming what Jesus **actually offers**, we leave you in the very captivity Paul cried out from.”*

*“Most of us in this room confuse two gifts Jesus gives, as if they are the same gift. They are not. They are two gifts. Both free. Both necessary. Both **purchased** by the blood of Jesus.”*

Two distinct gifts **PARDON** — the forgiveness of sins. Settled at the cross. Complete. “It is finished.” **LIBERATION** — being set free from the power of sin, not just its penalty. Worked out in ongoing relationship with Jesus.

*“Pardon says — you **are forgiven**. Liberation says — you are free.”*

“Not free from all temptation. Not free from the possibility of falling. But free to win battles you could never win before. As Jesus progressively defeats sin’s corrupting power in your soul.”

“Pardon addresses the record. Liberation addresses the infection.”

*“Pardon **was settled** at the cross. Liberation **is worked** out in ongoing relationship with Jesus.”*

The painful truth (5 min)

Leader note • This is the most important pastoral moment of the session. Many seekers — especially those who have been Christians for years — recognize themselves here. Slow down.

*“Here **is** the painful truth, brothers and sisters.”*

“Many of us received Pardon and stopped there.”

*"We have **been forgiven again and again** for the same sin. Week after week. Month after month. Year after year."*

"But we never asked Jesus to go to the root. We never asked Him for Liberation. We never asked Him to supernaturally free us from the corruption."

Leader note • Pause. Let the self-recognition work.

*"Paul's struggle in Romans 7 is not the struggle of an unbeliever. He **is saved**. He **is forgiven**. And he is still losing the same battle."*

"He is crying out for a different transaction. Not just a clean slate for the past. Liberation from an ongoing power."

"That is what Jesus offers. That is what we begin asking for, starting next session. Step 3 — The Soul Liberator."

Bridge to prayer (2 min)

"Before we close, one prayer together. Not a prayer to fix the infection — the cure begins next session. A prayer of recognition. To name what we see now that we did not see before."

MOVEMENT 4 • 15 minutes • You Recognition Prayer

Frame the prayer (2 min)

"Today is diagnosis. Not yet cure."

*"The work we are doing right now — right here in this prayer — is to recognize what is **actually happening** in our souls. To name it correctly. Because we cannot bring the right need to Jesus if we have miscalled what the need is."*

"So we are going to pray a prayer of recognition. Together. I will lead. You echo in your heart, or out loud if it helps."

Lead the prayer (10 min)

Leader note • Three movements: recognition → renunciation of self-effort → asking for the right gift. Pray slowly. Long silences. The Spirit fills silences with what your words cannot.

"Father — we come to You honestly today."

"For years — some of us for decades — we have called what is happening in our souls by the wrong name. We have called captivity 'weakness.' We have called infection 'failure.' We have called inability 'rebellion' and flogged ourselves for it."

“Today we see differently. The gap we named last session is not what we thought it was. It is the Supernatural Soul Infection at work — a power deeper than our willpower and intelligence can reach.”

Leader note • Pause. 30 seconds.

*“We also see this. We have been receiving Pardon for years — sometimes for the same struggle, **over and over** — and we never asked You for Liberation. We thought forgiveness was the whole gift. We did not know there was a second gift waiting for us.”*

“We stop now. We confess that. Not with shame — with relief.”

“Jesus — we are not asking You to fix the infection today. We are asking You for something simpler. Begin to show us what You see. Help us recognize the infection wherever it is at work in us this week. Where the old pull comes — help us call it what it is. Not failure. Not weakness. The infection You came to liberate us from.”

“And Jesus — prepare us for next session. When we will meet You as the Soul Liberator. Open our hearts to the gift we have been missing.”

Leader note • Pause. 30 seconds.

“Holy Spirit — this week, every time the old pull rises, bring this teaching back to mind. Do not let us go back to flogging ourselves. Do not let us go back to managing it on our own. Bring us back to Jesus the Liberator, even before we know how to ask Him for the right gift.”

“In Jesus’ name. Amen.”

Brief silence (3 min)

Leader note • After the closing “Amen,” do not rush. Sit. Two or three minutes of silence. Let what just happened settle. Some seekers may visibly relax — physical shoulders dropping, jaw unclenching. That is the body recognizing release of self-condemnation.

MOVEMENT 5 • 15 minutes • You Daily Rhythm + Close

Daily Rhythm continues (4 min)

“The Daily Rhythm continues this week. Same three movements — ASK, RESPOND, RECEIVE.”

“ASK — ‘Jesus, what do You want to change in me today?’ Sixty seconds of quiet.”

“RESPOND — speak honestly to Jesus about what He showed you. Five sentences. The actual truth.”

“RECEIVE — one verse. Slowly. Twice. This week, your verse is Romans 7:24–25a.”

This week's verse · Romans 7:24–25a *"Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord!"*

Leader note · Note that the verse is the question and the answer in two adjacent lines. That is Paul's whole journey compressed: he recognizes the infection AND names the Liberator in the same breath. The seekers are at the recognition. Next session they meet the Liberator.

"Read it slowly. Twice. Let it speak back into whatever He showed you in the ASK."

When the old pull comes (3 min)

"One more thing about this week. The old pull will come again. It always does — sometimes within hours of leaving here. When it does, reach for your 5R Lifeline Card. Five beats — and every one of them is a way of running to Jesus, not a technique you work on yourself."

"Recognize. Name the pull as a pull. 'Jesus, I see this. The old pull is here.' Out loud if you can — silence is where it grows roots."

"Reconnect. Turn to Jesus before you do anything else. 'You are here. I am here. I am with You right now.'"

"Renounce it by name, in His name. 'Jesus, I am done serving this.' Not in shame — shame is the pull dressed up as repentance."

"Replace the empty space. Do your daily rhythm right now — open the Word, ask Him, receive. 'Jesus, fill this space.'"

"Report and rejoice. Tell someone within the hour, and thank Him out loud. 'Jesus, thank You. You met me here.' You are not meant to fight this alone."

Hand Envelope 1 (3 min)

Leader note · Hand each seeker Envelope 1 — their My Soul Liberation Journey card with the PRE scores recorded and your handwritten ASK note inside. You prepared these after Session 1. The seeker keeps the envelope; it travels with them through the rest of the journey.

"Before you go — this envelope is yours. Inside is your Journey card. It holds where you started — not where you will stay — and one thing I am asking Jesus to do for you by name this season. Carry it into your Daily Rhythm this week."

Look ahead to Session 3 (2 min)

"Our next session is Session 3. The Soul Liberator. We meet Jesus not as Forgiver — we know Him there — but as Healer. As the One who walks to the root of the infection with us."

"If today was the diagnosis, next session is when the cure begins. Bring yourself. Bring what surfaced this week."

One last question (2 min)

"Before we close — does anyone have a question about what we did today?"

Leader note • Brief. Do not turn this into a teaching moment. Anything that needs a longer answer can wait for next session or a one-on-one conversation during the week.

Closing prayer (2 min)

"Let us close."

"Father, thank You for what You have shown each of these brothers and sisters today. Thank You that the diagnosis is not a verdict — it is the doorway to the right cure."

"Carry them this week. When the old pull rises, bring this teaching to mind. Do not let them go back to flogging themselves. Bring them back next session, ready to meet Jesus as Liberator."

"In Jesus' name. Amen."

Dismiss (2 min)

"Same time, same place next session. Go in peace."

Leader note • As they leave, stand at the door if you can. Make eye contact with each one. A seeker who recognized themselves in Romans 7 today may need a brief word at the door — "I saw you today. The work has begun. See you next session."

END OF SESSION 2 — *Daily Rhythm carries the work to Session 3*

Build better rails to the trustworthy Engine — Jesus.

Coastal Hope Retreat • Soul Liberation • Field Manual • Section 2 • Session 2 • The Infection

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FIELD MANUAL · SECTION 2 · SESSION 3

The Soul Liberator

Step 3 of the Five-Step Journey · Where the gospel lands · The pivot from self-effort to the Healer

When	Session 3 of the Soul Liberation circle	Who	You + 5–8 seekers
Length	90 minutes	Anchor texts	Acts 10:38 · Luke 4:18 · John 8:36 · Romans 7:24–25a
Materials	Workbooks (seekers bring) · Bibles · Daily Rhythm Cards on hand · Space prepared for isolation	Locked term	Step 3 = The Soul Liberator · Q4–Q5 silence is real isolation, not in-circle silence

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome back · check in on the Daily Rhythm	10 min
1	Teaching · The Soul Liberator + Q4 in the workbook	20 min
2	Step Away · Real Isolation (Q4–Q5 silence, outside the circle)	15 min
3	Q5 — The Pivot · receive what surfaces	20 min
4	Brief directional prayer · the first ask of Jesus the Liberator	15 min
5	Daily Rhythm continues · close · look ahead to Session 4	10 min

Leader note · Session 3 is the pivot of the six-session journey. Today you do not teach more. You do not pray harder. You set the conditions for the seekers to be alone with the Soul Liberator. The work happens between them and Him — in the silence, in their own souls. Your job is to get yourself out of the way.

Pastoral safety notes

- 1. The isolation is fragile.** A seeker who has experienced trauma may struggle with sudden silence. Brief one of your team members to walk the perimeter quietly during Movement 2 — available but not intruding. Eyes open, mouth closed.
- 2. Some seekers will return changed. Some will return confused. A few may not return in fifteen minutes.** Do not call them out for being late. Some need twenty. Use the time of the slowest returner as the signal.
- 3. Q5 is where the gospel lands.** What seekers say in Movement 3 is sacred. Receive every answer slowly. No quick “thank you.” Hold the silence after each share for two or three breaths before the next seeker speaks. The pace itself does pastoral work today.
- 4. For seekers with active addiction or severe trauma, isolation may surface acute distress.** If a seeker returns visibly broken — stay with them quietly. The rest of the circle can wait. Refer per Section 3, Chapter 10 if needed.
- 5. A seeker may name nothing.** “I do not know what Jesus would do.” Or “I do not think He sees this.” Receive without correcting. Honest unknowing is itself a real answer. Pray over it specifically in Movement 4.

MOVEMENT 0 · 10 minutes · You Welcome Back and Check In

Receive them back (2 min)

Leader note · Begin warm. Some seekers worked the rhythm; some did not. Today is for whoever showed up, in whatever condition they are in.

When everyone is seated:

“Brothers and sisters — welcome back. Today is Session 3. Of the six sessions we walk together, this one matters the most. Not because today is more important than the others. Because today is the day you meet Jesus as the Soul Liberator.”

Light check-in on the rhythm (5 min)

“One quick question around the circle, then we begin. In one sentence — what surfaced for you this week as you sat with the diagnosis from last session? With Romans 7? With the verse ‘Wretched man that I am — who will deliver me?’”

Leader note · This is not a deep round. One sentence each. Some seekers will name something specific — receive briefly: “Thank you.” Move on. Others may name nothing at all — also receive: “Thank you for being here.” Today is not about who did the homework. It is about who is in the room.

Locate where we are (3 min)

“Look at the Five-Step Journey map on page 5 of your workbook. Last session was Step 2 — the Infection. The diagnosis. We named what neither willpower nor intelligence can reach. Today is Step 3 — The Soul Liberator. We meet the One who reaches it.”

“Today is not a teaching session. It is a meeting. And meetings with Jesus do not happen by me explaining more. They happen by you being alone with Him — honestly, briefly, in real silence — and asking Him to come.”

“So today will have a different shape than the last two. There will be a part where I send you out of this room. We will gather back in. And then we will share what He surfaced. Do not be alarmed when the shape changes. Trust the rhythm.”

MOVEMENT 1 · 20 minutes · You Teaching: The Soul Liberator + Q4

Open Acts 10:38 (3 min)

“Open your Bibles to Acts chapter 10. Verse 38. Peter is explaining who Jesus is to the household of Cornelius — a Gentile household that has never met Him. Listen to the words Peter chooses.”

Acts 10:38 *“God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and healing all who were oppressed by the devil, for God was with him.”*

“Three things Peter says about Jesus. He was anointed. He went about doing good. And He went about healing all who were oppressed by the devil.”

“Peter chose the word healing. Not teaching. Not forgiving. Healing.”

Leader note · Pause. Let the word land. Many seekers carry a Jesus in their imagination who is Forgiver, Teacher, Judge — not Healer. Today begins the shift.

The Soul Liberator (5 min)

“Last session we named the Infection. Today we name the One who heals it.”

“Jesus came as Pardoner — that gift we have known. Many of us have received Pardon a thousand times. But Jesus also came as Liberator. As the One who walks to the root of the infection with us. Acts 10 calls Him the Healer of all who are oppressed.”

“He is not only the Lamb who takes away the penalty of sin. He is the Soul Liberator who breaks its daily power. Both gifts come from the same Jesus. Both are paid for at the same Cross. But they are two distinct gifts. And until you ask for the second one, you have only received half of what He came to give.”

John 8:36 *“So if the Son sets you free, you will be free indeed.”*

“Free indeed. Not pardoned only. Free.”

Why this matters here (4 min)

“Here is why this matters today, in this room, in your soul.”

“Most of us have asked Jesus for Pardon a thousand times for the same sin. Few of us have ever asked Him for Liberation. We have asked the Forgiver to forgive again. We have not asked the Liberator to liberate.”

“Today we begin asking. Not in general. In the specific area each of you named last session. The marriage. The shame. The pattern. The lie. Whatever surfaced for you when we named the Infection — today you bring that specific thing to Jesus the Soul Liberator and you ask Him to do what only He can do.”

Leader note • Locked language: ask, never “let.” We do not grant Jesus permission to act. We ask Him to do what only He can do.

Ask Q4 (1 min)

“Before you can honestly ask Jesus for Liberation, there is one question you have to answer first. Open your workbook to Step 3. Page one.”

Q4 • Self-Effort *What have you already tried to fix this?*

“Read Q4 slowly. Then write. Not a sentence. A list. Every attempt. Every program. Every promise to yourself you have broken and remade. Every approach you have already tried in this area and that has not reached the root. Write them all down. Three minutes.”

Write in the workbook (3 min)

Leader note • Silent. Do not fill the silence. Sit with them. Pray quietly for each seeker by name in your own heart while they write. Do not pace or fidget. Your stillness sets the tone.

Bridge to the isolation (4 min)

“What you just wrote down is real. It is honest. Some of you wrote things you have not said out loud in years. Some of you wrote things you have never put in writing before.”

“What needs to happen next does not happen in this circle. You are about to take that list — and the One you are about to ask — alone.”

“Real focus needs real isolation. Nervous silence in a group, with eyes on each other, is not what today needs. Aloneness is. You need to be somewhere no one is watching you — not even me, not even the friend sitting next to you. Just you and Jesus and what you wrote down. In a moment I will send you to that place.”

MOVEMENT 2 · 15 minutes · You Step Away · Real Isolation

This is the new practice we proved out at the CHR Pastors and Servant Leaders Retreat. The Q4–Q5 silence does not happen in the circle. It happens outside, in real isolation. In-circle silence becomes performative — seekers watch each other's faces, glance at the leader, fidget. Real isolation is what makes the contrast between Q4 and Q5 actually land in the soul. The gospel lands deepest in the soul that has been alone with it.

Frame the isolation (2 min)

"This is not a break. It is the most important silence of the journey."

"Find a place alone. Outside the building if the weather allows — a bench, a corner of the property where no one else is. Another room if you must stay indoors. Wherever your soul can be quiet."

The instruction (2 min)

"Sit with what you wrote. Look at the list of what you have tried. Do not write anything during the silence. Just look."

"And then — sit with the question that is coming. Q5: 'What do you think Jesus wants to do in this area of my life?' Do not try to answer it yet. Sit with it. Let it be uncomfortable. Let your soul be honest with itself."

"The contrast between what you have tried and what only He can do is the place the gospel lands. Sit there. Let it land."

"Walk back here when the silence has done its work in you. The room will be quiet. We will receive you. Then you will answer Q5 in writing, and we will share."

Send them out

"Take your workbook. Take a pen. Leave your phone. No talking on the way out — not even to the friend beside you. Go."

Leader note · Once they are out, do not follow. Do not check. Do not pace. Take this time yourself for silent prayer over each seeker by name. Pray that Jesus would meet each one specifically in what they wrote. Pray that the contrast would land. Pray for the seeker you suspect is most fragile today.

Leader note · Brief one team member — ideally a quiet, experienced minister — to walk the perimeter of the property slowly during these fifteen minutes. Their role is not to interrupt. It is to be available. Eyes open. Mouth closed. If a seeker is visibly distressed they can sit nearby quietly. They do not pray over them, do not speak. Presence only.

Leader note · Some seekers will return early — ten or eleven minutes. Receive them quietly. They sit. They wait. Do not start until all have returned. Some seekers will take twenty minutes. Do not call them back at exactly fifteen. Use the time of the slowest returner

as the signal. If a seeker has not returned at twenty minutes, send your team member to check — quietly. The seeker may need company. Or may need to be brought back gently.

If a seeker returns visibly broken — weeping, shaking, unable to sit — receive them. Do not start Movement 3 yet. Sit with them. The rest of the circle can wait five more minutes. The whole point of today is what is happening in that soul. Refer per Section 3, Chapter 10 if their state exceeds the local-circle context.

MOVEMENT 3 · 20 minutes · You Q5 — The Pivot

Welcome them back (3 min)

Leader note · Do not ask how it was. Do not invite testimony yet. Do not say anything that requires them to perform. Their body language will tell you the story without words.

“Brothers and sisters — welcome back. Thank you for taking that seriously. The hardest fifteen minutes of the journey, and you walked through them.”

“Open your workbook to page two of Step 3. The page is titled The Pivot. Read what is written there. Then write.”

Leader note · Give them thirty seconds to find the page and read the brief italic line at the top: “You have come back from the silence. Pick up your pen.” Do not rush this. The transition back to writing is part of the work.

Ask Q5 (2 min)

Q5 · The Healer *What do you think Jesus wants to do in this area of your life?*

“Write what you actually believe, not what you think you should believe. Even if your faith feels small. Small faith brings the soul to the Healer just the same. Three minutes.”

Write in the workbook (3 min)

Leader note · Silent. Same posture as Q4. Sit. Pray quietly. Do not fill the silence.

Round in the circle (12 min)

“Let us go around. One thing each. What did you write?”

This is the most sacred moment of the six sessions. What seekers say here is the first ask of the Liberator. Receive every answer slowly. No quick “thank you.” Hold the silence after each share for two or three breaths. Let it land before the next seeker speaks. The pace itself does pastoral work today.

Leader note · Watch for the seeker who names something specific and tender. “I think He wants to heal my marriage.” “I think He wants me to stop hating my father.” “I think He wants to take this shame from me.” That is the Spirit confirming what the silence surfaced. Receive it. Do not respond with theology. “Thank you. He does.” And move on.

Leader note • A seeker may say “I do not know.” Receive it. “That is honest. Thank you.” Move on. The unknowing is itself a real starting place — and you will pray over it specifically in Movement 4.

Leader note • A seeker who pauses or chokes up — let them gather themselves. Do not rescue them. Do not finish their sentence. The pause is the work continuing in real time.

Leader note • If a seeker tries to teach or theologize their answer — “I believe Jesus, according to John 14, is going to sanctify me through His Word” — gently redirect. “That is good theology. But what does your soul actually believe He wants to do, in plain language?” Wait. The second answer is the real one.

MOVEMENT 4 • 15 minutes • You Brief Directional Prayer • The First Ask

Frame the prayer (2 min)

“What you just named — what each of you said you believe Jesus wants to do in you — that is the prayer we are about to pray. We are going to ask Him to do exactly that. Today is the day you begin asking the Soul Liberator for Liberation. Not in general. In the specific area you just named.”

“I will lead. Echo in your heart. Or speak quietly in your own words. He hears every voice in this room.”

Leader note • Three movements in the prayer: name → ask → receive. Pray slowly. Leave silences. The Spirit fills silences with what your words cannot.

Lead the prayer (10 min)

“Jesus the Soul Liberator — You came not only to forgive but to heal. We have known You as Forgiver. We thank You for that gift. We have not known You as Healer. Today we ask You to walk with each of these brothers and sisters into the place they just named.”

Leader note • Pause. Then add specific echoes of what you heard — not by name, by category. “The marriage that has gone silent. The rage that has lived in the chest since boyhood. The shame that wears its own face in the mirror. The lie that started with a word from a parent. The pattern that has not bent to twenty years of willpower or intelligence.” Name three or four. Do not name all. Let each seeker hear their own echo.

Leader note • Pause. 30 seconds.

“Jesus — we do not ask You to fix it in one prayer. We ask You to begin. To walk to the root with each one. To meet them in honest conversation in the week ahead. To show them what You see.”

“And for the brother or sister in this room who said ‘I do not know’ — we ask You especially for them. Show them. Show them what You see. Show them what You want to do. The unknowing is honest. Meet them in it.”

Leader note • Pause. 30 seconds.

“Holy Spirit — every day this week, bring this prayer back to mind. When the old pull rises, when the lie returns, when the self-effort starts to whisper again — bring them back to this moment, when they asked Jesus the Liberator to do what only He can do. In Jesus’ name. Amen.”

Brief silence (3 min)

Leader note • After the closing “Amen,” do not rush. Sit. Two or three minutes of silence. Let the asking settle. Some seekers may visibly shift — shoulders dropping, breath slowing. That is the body recognizing that something has changed. Receive it. Do not analyze it.

MOVEMENT 5 • 10 minutes • You Daily Rhythm + Close

Daily Rhythm continues (3 min)

“The Daily Rhythm continues this week. Same three movements. ASK, RESPOND, RECEIVE.”

“ASK — bring Him what we named in the circle, and ask Him the one question: ‘Jesus, what do You want to change in me today?’ Sixty seconds of quiet.”

“RESPOND — now listen. Write what surfaces — a sentence, a memory, a Scripture, a name. Even ‘nothing surfaced today’ is honest. Write what is true.”

“RECEIVE — one verse. Slowly. Twice. This week, your verse is John 8:36.”

This week’s verse • John 8:36 *“So if the Son sets you free, you will be free indeed.”*

“Read it slowly. Twice. Let it speak back into what you asked Him today.”

Leader note • The verse is the destination of the entire model. Free indeed. The seekers asked the Liberator today. The verse confirms what they asked is His will. Plant it where they can return to it daily.

Look ahead to Session 4 (3 min)

“Next session is Session 4 — The Conversation. We learn how to walk with the Soul Liberator daily. We answer Q6 — ‘What would you want to say to Jesus about this right now?’ — together. We move from one-time encounter to ongoing relationship.”

“Between now and then, look for Him. He is going to be active this week in the area you named today. The Daily Rhythm is how you stay in the conversation. When He surfaces something, write it in your encounter journal at the back of your workbook.”

One last question (2 min)

“Before we close — does anyone have a question about what we did today?”

Leader note • Brief. Do not turn this into a teaching moment. The questions you cannot answer briefly can wait for one-on-one during the week. Today's work is done.

Closing prayer (2 min)

“Let us close.”

“Father, thank You for what You have begun today in each of these souls. Thank You for Jesus, the Soul Liberator, who came not only to forgive but to heal. Thank You for the asking we have done in this room.”

“Carry them this week. When the old pull rises, bring this moment to mind. Do not let them go back to flogging themselves. Do not let them go back to managing it on their own. Keep them in honest conversation with Jesus the Liberator.”

“In Jesus’ name. Amen.”

Dismiss (1 min)

“Same time, same place next session. Go in peace.”

Leader note • Stand at the door. Eye contact with each seeker as they leave. The brother or sister who returned from the silence visibly changed may need a word at the door — “I saw what happened in you today. He has begun. See you next session.”

END OF SESSION 3 — *Daily Rhythm carries the work to Session 4*

Build better rails to the trustworthy Engine — Jesus.

Coastal Hope Retreat · Soul Liberation · Field Manual · Section 2 · Session 3 · The Soul Liberator

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FIELD MANUAL · SECTION 2 · SESSION 4

The Soul Liberator — Encounter

Jesus, Soul Liberator, Step 3 of the Five-Step Journey The blindfold encounter · Where the Four Works of Jesus meet the seeker's soul

When	Session 4 of the Soul Liberation circle — the encounter week	Who	You + a co-leader (silent presence) + 5–8 seekers
Length	90 minutes	Anchor texts	Isaiah 53:5 · Luke 4:18 · Mark 9:23–24 · James 5:14
Materials	Workbooks (seekers bring) · Bibles · Blindfolds (one per seeker, plus spares) · Anointing oil · Soft instrumental music (recommended, no vocals) · Box of tissues	Locked term	Step 3 = The Soul Liberator · Four Areas in one session: Inner Healing · Soul Purification · Physical Healing · Release from Demonic Oppression · Ask Jesus (never “let”)

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome back · receive what Session 3 surfaced · frame the encounter · blindfolds distributed	10 min
1	Inner Healing · walking back with Jesus to the root	20 min
2	Soul Purification · cutting all ties with Jesus' help	15 min
3	Physical Healing · blindfolds off · come forward · anointing with oil	12 min
4	Release from Demonic Oppression · the circle commands together in Jesus' name	13 min

5	Write what surfaced · brief round · close · look ahead to Session 5	20 min
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Leader note · Session 4 is the experiential heart of the journey. Session 3 surfaced what self-effort has not been able to fix. Today you do not teach more. You do not pray harder. You hand the seekers over to the Soul Liberator under the blindfold — privately, with their face hidden from everyone but Him — and you walk them through the four works of Jesus in one ninety-minute arc. The work happens between each seeker and Him. Your job is to set the conditions, hold the silence, and stay out of the way.

Pastoral safety notes

- 1. Recruit a co-leader before this session.** One trusted person from your church — a seasoned pastor, your spouse, a deacon, or an alumni from a previous circle. The co-leader's only job is silent presence. They do not lead, they do not pray audibly, they do not teach. They walk quietly through the room during the encounter movements and kneel beside any seeker who breaks open. Without a co-leader, this session is not safe to run alone.
- 2. The blindfold itself can be a trigger.** For seekers with histories of abuse — particularly captivity-related trauma or sexual abuse — the blindfold may feel unsafe. In Session 3 close, brief the circle that Session 4 will involve blindfolds, and offer a one-on-one conversation in the week between. Any seeker who indicates they cannot wear a blindfold is offered the option of closed eyes with full permission to keep them closed throughout. Do not require the blindfold of any seeker.
- 3. Acute distress under the blindfold.** If a seeker becomes acutely distressed — trembling, sobbing audibly, breathing rapidly — the co-leader moves to them silently, kneels beside them, places a hand on their shoulder if appropriate, and stays. No words. Presence only. If the seeker removes their blindfold and signals they need to leave the room, the co-leader walks them out and stays with them. Do not leave any seeker alone in the building.
- 4. Severe trauma or known mental health diagnoses.** Before this session, have a private conversation with any seeker in these categories. Some will benefit deeply from the encounter. Some will need a different pathway. Pastoral discernment matters more than uniformity. If you are uncertain, refer per Section 3, Chapter 10 protocols and consider postponing this session for that seeker.
- 5. Vivid encounters — receive without canonizing.** A few seekers will report intense experiences — a clear voice, a vivid image, deep emotion. Receive with warm care. Test gently against Scripture and the character of Jesus. Most encounters today will be modest — an impression, a memory, a quiet sense of direction — and that is healthy. Do not compare seekers' experiences to each other in the room.
- 6. Forgiveness and abuse.** When the forgiveness beat in Movement 1 surfaces abuse, name explicitly that forgiveness does not mean staying in danger. Sometimes Jesus also helps us

through counselors, doctors, and trusted brothers and sisters. That is not a lack of faith. Pastoral follow-up after the session, not in the circle.

7. The Release movement is authority, not theater. Keep your tone firm and calm. Authority is not volume. If a seeker manifests strongly under the corporate command in Jesus' name, the co-leader moves to them and continues the command quietly beside them while you keep the corporate prayer moving. Do not stop to make a spectacle. Do not broadcast one seeker's manifestation to the room.

MOVEMENT 0 · 10 minutes · You Welcome Back and Frame the Encounter

Receive them back (2 min)

Leader note · Begin warm. Last week some seekers wrote things in Q4 they had never put in writing before. Some have been carrying it for seven days. Receive each one quietly as they walk in. Eye contact. A word at the door if appropriate.

"Brothers and sisters — welcome back. I am glad you are here. Take your seat."

Frame what today is (3 min)

"Last week we did something hard. You wrote down — in your own handwriting — every approach you have tried that has not reached the root. Programs. Promises to yourself. Books. Vows. Self-discipline. Counsellors. You named it. You looked at it. And then you sat with the question — what do you think Jesus wants to do in this area of your life?"

"Today is for Him to do it."

"Today is different from any session we have had so far. There will be very little teaching. There will be very little talking from me. What is going to happen in the next eighty minutes is between each of you and Jesus — privately. I am here to set the conditions and to walk you through it. Your sister or brother sitting next to you cannot do this for you. I cannot do this for you. Only Jesus can do this. And that is exactly why we are here."

Name the four works (3 min)

"Today we walk through the four works of Jesus — what He came to do in the human soul — in one session, in order."

"First, Inner Healing. He walks back with you into the place where it still hurts to go. He saw it. He felt it. And He has been waiting for you to ask Him to cleanse the place that has not yet healed."

"Second, Soul Purification. He cuts the ties you have not been able to cut on your own. Not by your willpower or intelligence — by His authority."

“Third, Physical Healing. He still touches bodies. He has not changed. Anything you are carrying physically, you bring to Him today.”

“Fourth, Release from Demonic Oppression. The lying voices, the accusations, the spirit of bondage. The room stands together in His name and commands them to leave.”

“Four works. One session. One Jesus.”

Distribute blindfolds (2 min)

Leader note · The co-leader passes blindfolds to each seeker now. One per seeker, plus spares. Hand them out quietly. The leader continues speaking.

“In a moment I am going to ask you to put on your blindfold. Not for drama. To help you focus. What is about to happen is between you and Jesus. Nobody else needs to see your face. Nobody else needs to know what you are feeling. Just you and Jesus.”

“The co-leader is here. They are not going to speak. If you need them, they are here. No words. Only presence. You are safe in this room.”

“Go ahead now. Put on your blindfold.”

Stage direction · Wait. Give the room sixty seconds to settle after blindfolds go on. The co-leader quietly assists any seeker having difficulty with the blindfold. Optional soft instrumental music begins now — background only, no vocals, no melody that pulls attention. When the room is still — begin Movement 1.

“Take a slow, deep breath. And another.”

Stage direction · Long pause.

“Jesus is here. He was here before you walked through the door. He is everywhere, all the time, available to you in this moment and always.”

MOVEMENT 1 · 20 minutes · You Inner Healing — Walking Back With Jesus to the Root

The first question (3 min)

“Brothers and sisters — I want you to do something now. Raise your hand quietly. And in the silence of your heart, ask Jesus this question:”

“When you feel that impression — that gentle nudge as something comes to mind — lower your hand. Hold the impression. Do not analyze it. Do not argue with it. Just hold it.”

Jesus — what is one thing You want to change in my life?

Stage direction · Give thirty seconds of complete silence. Watch the room. When you begin to see hands lowering — that is the signal that impressions are coming. Do not rush. When

most hands are down, continue.

Stage direction · Pause until most hands are down. If hands remain up after forty-five seconds:

“It is okay if nothing has come yet. Stay open. Ask again.”

Leader note · This opening question is the same question the seeker will be invited to ask every morning for the rest of their life in the Daily Rhythm. The form of the question is locked: “Jesus, what do You want to change in me today?” Today the question is asked at the scale of a whole life — “one thing You want to change in my life” — because the seeker is asking it for the first time, in conditions designed for them to hear an answer. Name this connection out loud in the close (Movement 5). Today is also the first practice of the rhythm they will carry every morning.

Walking back with Jesus (4 min)

“Now — I want to invite you to do something that may feel unfamiliar.”

“Ask Jesus to walk back in time with you — back to the very beginning of the one thing He just showed you. Not the most recent time it happened. The very first time. The moment it began.”

“Jesus is the Great Protector. Picture Him in your mind walking back with you. If there is a painful memory there — know this: Jesus was there when it happened. He saw what you saw. He felt what you felt.”

“Ask Him to walk with you where it still hurts to go. Picture Him with you as you go all the way back to where it first started.”

Stage direction · Sixty seconds of silence. Music continues — background only. The co-leader moves quietly through the room. Anyone weeping or visibly struggling — kneel beside them silently. Hand on the shoulder if appropriate. No words.

The cleansing question (4 min)

Leader note · Vocabulary is locked here. Pardon is settled at the cross — the seeker is not being asked to re-confess. Today is about receiving the ongoing cleansing of the place that the words have not been able to heal. Use “cleanse” and “heal” — not “forgive again.”

“Jesus is with you in that memory. He saw it happen. He felt what you felt. Now let me ask you something.”

Is Jesus showing you a place where the words have been said for years — but it has not yet healed?

Stage direction · Thirty seconds silence. Allow the weight of the question to land. Do not fill

the silence.

"There is no need to confess again. Pardon is settled. The cross is complete. Today is different. Today is about receiving Jesus' ongoing cleansing of the place itself."

"Own what is there. Turn from what He shows you. Ask Him to cleanse the place that has not yet healed."

"Speak with Him quietly. In your own words. He knows. He is not surprised. He has been waiting for this conversation."

Stage direction · Forty-five seconds silence. This is the cleansing. Let it breathe. If the room is engaged, extend the silence. Do not rush past this moment.

The forgiveness beat (5 min)

"One more question before we move."

Is Jesus showing you somebody He wants you to forgive — with His help?

Stage direction · Thirty seconds silence.

"Forgiveness is not saying what they did was okay. It is not pretending it did not happen. It is releasing the debt and the debtor to Jesus."

"Here is something many Christians get wrong. They believe the person who hurt them must first repent before they are allowed to forgive. But that is not what Jesus taught. Jesus did not wait for us to repent before He went to the cross. He died for us while we were still sinners."

"Unforgiveness is like drinking poison — hoping it hurts the other person. But it only destroys you. Harboring unforgiveness may be the single greatest barrier to experiencing the healing Jesus died to give you. You cannot afford to wait."

*"If a face or a name has come to mind, you do not have to feel ready. You only **have to** be willing. Ask Jesus to give you the willingness."*

"Release the debt to Him. "Vengeance is mine; I will repay," says the Lord. He will settle every account."

"Rest in Him as you ask Him to help you forgive. Ask Him to cleanse the wound. To fill the hurt with His love as you release it to Him."

"Forgiving does not mean staying in danger. Sometimes Jesus also helps us through counsellors, doctors, or trusted brothers and sisters. That is not a lack of faith."

Pastoral protocol · If this involves abuse or harm, please find your leader or co-leader after the session.

Stage direction · Sixty seconds silence. The co-leader stays alert. This is where deep wounds surface. Anyone weeping audibly — kneel beside them silently. No words yet.

Sealing prayer for Movement 1 (1 min)

Sealing prayer “Lord Jesus — You have walked back into those memories with each of these brothers and sisters. You have seen what was there. You have heard what **was named**. You have begun to cleanse what we cannot cleanse ourselves. Seal what You have started. Let no enemy reclaim what You have just touched. In Your awesome name. Amen.”

Stage direction · Brief pause. Then transition to Movement 2 without breaking the quiet.

MOVEMENT 2 · 15 minutes · You Soul Purification — Cutting All Ties With **Jesus’ Help**

Frame the cut (3 min)

“Brothers and sisters — one more question before we move from your soul to your body. There is something many of us are still tied to. Maybe an **addiction. Maybe a **relationship that keeps pulling you back**. Maybe an **object, a habit, a place**. Maybe a tie — something you opened a door to long ago that has not yet **been closed**.”**

Is Jesus showing you something — or someone — He wants you to cut all ties to?

Stage direction · Thirty seconds silence. Then speak slowly.

Not willpower or intelligence (3 min)

“This is not willpower. And it is not intelligence. You have already tried both. We named that last week. This is different.”

“This is an act of your will combined with the power of Jesus. You cannot do this alone. But you are not alone. He is here. He is the one doing the cutting. You are the one asking Him to.”

“This is not about being perfect enough for God. It is about being honest enough to **be helped.”**

Name it to Jesus (4 min)

“If something has come to mind — something that keeps pulling you back — name it quietly to Jesus right now, in the privacy of your heart. Tell Him what it is. Tell Him you cannot cut it on your own. Ask Him to cut it now, by His authority.”

“Ask Him: “Jesus — help me cut these ties. I want to be free.””

Stage direction · Forty-five **seconds** silence. This is where Jesus supernaturally begins to sever ties that neither willpower nor intelligence could break. Do not **minimise** this moment.

Let it run long if the room is still engaged.

Speak it as His act (3 min)

“Now hear this. The cutting is not something you do. It is something He does in answer to your ask. So now — listen for Him.”

“Some of you are going to feel a release in your body. Some of you are going to feel nothing in this moment. Both are honest. The work is His, not yours. The fact that you asked is what matters today. He will continue what He began here for as long as it takes.”

Sealing prayer for Movement 2 (2 min)

Sealing prayer *“Lord Jesus — You have heard each one of these brothers and sisters name what has been tied to them. You have heard them ask You to cut what they cannot cut. We thank You now that You are the one who breaks every chain. Sever what needs severing. Where the cut has begun — finish it. Where the door is open — close it. Where the soul has been bound — set free. In Your holy name we ask it. Amen.”*

Stage direction · Brief pause. Then prepare the room to come back into the light for Movement 3.

“Some of you just did something that took years of courage. Jesus met you there. What has happened in this room in the last forty-five minutes is real. Hold it. Do not let the enemy talk you out of it before you leave this room today.”

MOVEMENT 3 · 12 minutes · You Physical Healing — Blindfolds Off, Come Forward

Frame the shift (2 min)

Leader note · Physical Healing is a movement of laying-on of hands — the seeker is touched, anointed, prayed over by name. The encounter is now embodied, not private. Blindfolds stay off through Movements 4 and 5.

“Now we want to bring our bodies to Jesus. Some of you are carrying physical pain. A condition you have been living with. Something that is not right. And you have prayed about it. Or maybe you have stopped praying about it.”

“Jesus healed bodies. That was not just for people in the Bible. He is the same yesterday, today, and forever.”

Blindfolds off (1 min)

“Go ahead now and remove your blindfold. Set it on your lap. Take a moment to adjust to the light.”

Stage direction · Pause while blindfolds come off. Give the room thirty seconds to adjust.

Some seekers will look stunned, some will be wiping their eyes. Receive each face with warmth as they look up.

Invitation to come forward (3 min)

- “James 5:14 says, “Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.””

*“If you have a physical **condition** you want Jesus to touch — come forward now. The co-leader and I will anoint you with oil and we will pray for you.”*

*“Not just physical needs. Also — anyone still hurting, still carrying something that surfaced today under the blindfold, anything that has not yet **been touched** — please come too. Do not stay in your seat today if Jesus is still at work in you.”*

“You do not need to explain everything. Just come.”

Leader note · In a 5–8 person circle the leader does the anointing personally with the co-leader assisting. Move to each seeker who comes forward. Anoint the forehead with a small touch of oil. Lay a hand on the shoulder. Pray briefly, by name, for what they have brought. Keep each prayer to under sixty seconds — this is corporate flow, not a private appointment. Anyone who needs a longer prayer is invited to stay after the close.

Spoken prayer over the room (4 min)

Sealing prayer “Lord Jesus — You are the same God who stopped in a crowd to heal one woman who simply touched the hem of Your robe. You spoke to blind eyes and they opened. You called to a dead man in a tomb and he walked out. You have not changed. Your power has not grown old. Your compassion has not grown tired. We come to You now — not with perfect faith — but with honest hearts. These brothers and sisters have stepped forward. Some have carried this for years. Some have been afraid to ask. You see every one of them. You know the name of every pain. We do not come because we are worthy. We come because You are merciful. We do not come because we have earned it. We come because You are the Great Physician — and You have never turned away anyone who came to You. So we ask, Lord Jesus — move. Move in lungs. Move in eyes. Move in bones. Move in the hidden places no one can see. Move in ways that only You can take credit for. Let every brother and sister in this circle know — Jesus touched me. Jesus knew my name. Jesus is real. To Your glory alone. In Your mighty and healing name. Amen.”

Return to seats (2 min)

Leader note · Once anointing is complete, ask those who came forward to return to their seats. Give a brief word of encouragement before transitioning to Movement 4.

*“Thank you for your faith. What you just did took courage. Jesus **honoured** it. Whether you feel something today or not, He hears every prayer. He will keep walking with you. If doctors*

are involved, we keep listening to them too. We will thank Him for every bit of healing He brings.”

“Let us take our seats.”

MOVEMENT 4 · 13 minutes · You Release from Demonic Oppression — Standing Together in Jesus’ Name

Frame the authority (3 min)

Leader note · This final movement is both ministry and training. You are not just praying release — you are teaching the seekers to use the authority of Jesus’ name themselves, for the days when the lying voices return. Keep your tone confident and grounded. Not dramatic. Not fearful. Authority, not volume. The goal is empowerment, not spectacle.

*“There is one more thing we need to address before we close. Some of what you have been carrying — is not just a wound. It is not just a habit. It is an enemy who has **been given** access. The Bible calls him the father of lies. And his primary weapon is not force. It is accusation. It is temptation. It is the voice that says: You are too far gone. You will never change. God has given up on you.”*

“That voice is a lie. And you have the authority to say so.”

“Jesus said in Luke 10:19: “I have given you authority ... over all the power of the enemy.” That is not just for the disciples. That is for every person who belongs to Jesus. Including you.”

The corporate command (5 min)

“So today I am going to teach you something. We are going to do this together. Out loud. With confidence. Because the enemy does not respond to passive Christianity.”

Leader note · The following command is spoken aloud by the whole room together, led by you. Say it once through yourself first, clearly and with authority. Then lead them to repeat it phrase by phrase. Keep the tone firm and calm — not shouting, not theatrical. This is authority, not volume.

“Repeat after me — out loud.”

Sealing prayer *“In the name of Jesus Christ — I command every lying demon, every demon of accusation, every demon of addiction and bondage — to leave me now. You have no authority over me. I belong to Jesus Christ. Jesus is setting me free. I belong to Him who **is able to** set me free indeed. I command every demon here to report to the feet of Jesus. Go where Jesus sends you.”*

Leader note · Lead the circle through the command a second time with more confidence. Watch the room. If a seeker is experiencing a strong physical or emotional

response, the co-leader moves to them immediately, places a hand on their shoulder, and continues quietly commanding in Jesus' name beside them. You continue leading the room. Do not stop for individual responses — keep the corporate prayer moving.

Teach the everyday application (3 min)

"Well done. That was not a performance. That was a declaration of truth."

*"Every time the enemy sends a flaming arrow — a sudden temptation, a lying accusation, a wave of shame — do not be passive. Do not just endure it. Refute it at once with the name of Jesus. The name above every name. There is **real** power in the name of Jesus."*

"Jesus, your Rescuer, the Friend of sinners — He gives you authority to use His name. Defend yourselves. Call on the name of the Lord. There is peace, safety, real soul rest in Jesus. Use His awesome name."

Sealing prayer for Movement 4 (2 min)

Sealing prayer "Lord Jesus — we stand in Your authority. *Every chain* that was broken here, we pray stay broken. Every wound that was touched, we pray You continue to heal. Every lie that was named — may it lose its power. Almighty Father, these brothers and sisters are Your children. Draw each one deeper into Your family. Deepen their relationship with You, Jesus, and with each other today and every day that follows. Seal what You have done here with Your Holy Spirit. May they leave this room different — blessedly changed from how they came in. In Your glorious, gracious name we pray. Amen."

MOVEMENT 5 · 20 minutes · You Write What Surfaced · Brief Round · Close

Open the workbook (2 min)

Leader note · Specific page reference: Workbook Section 4 — Encounter Journal. The first blank Encounter Journal page is today's reflection page. Eventually a dedicated "Session 4 — Encounter Reflection" spread will live in the workbook; for now, the first Encounter Journal page serves. Have seekers open to it before you give the prompt.

"Open your workbook to the Encounter Journal. The first blank page — that page is for today."

"In a moment I am going to give you three prompts. You will have five minutes to write. Do not try to write everything. Write what is true. The encounter you just had is fresh — let it leave its mark on the page before the noise of the week tries to talk you out of it."

The three prompts (1 min)

1. What did Jesus show you today? 2. What did He ask you to do about it? 3. What is one specific step you will take this week — day, time, action?

"Day. Time. Action. Not "I will pray more." Specific. Name the day. Name the time. Name the action. Five minutes. Begin."

Write in silence (5 min)

Stage direction · Five minutes silent writing. The co-leader and you circulate quietly, but do not read what seekers are writing. If a seeker is overwhelmed and not writing, kneel beside them briefly. “Write what is true. Even one sentence.” Then move on.

Brief round (6 min)

“We are going to go around the circle briefly. Not everything you wrote — just one sentence about what Jesus did or asked. If you would rather not share, you may pass. Both are welcome.”

Leader note · Receive each share with the same warmth. “Thank you” is enough. Do not over-amplify a dramatic share — it puts pressure on the next seeker. Do not over-comfort a quiet share — it can feel patronizing. Keep the pace moving. The work is already done — the round is just witnessing.

Bridge to the Daily Rhythm (3 min)

Leader note · This is the load-bearing bridge between today’s encounter and the rest of the seeker’s life. Name it explicitly. The opening question of today — “Jesus, what is one thing You want to change in my life?” — is the same conversation they will have every morning for the rest of their walk with Him. Different scale, same conversation. Session 5 next week teaches the rhythm in detail.

“Brothers and sisters — what you did today under the blindfold is the same conversation you will have every day for the rest of your life. Different scale. Today was big — your whole life. Tomorrow morning will be small — just one day. Same Jesus. Same listening. Same question — “Jesus, what do You want to change in me today?””

“Next week we will teach you how to walk that rhythm. Five minutes a day. The same Jesus who answered you today is the Jesus who will meet you tomorrow morning. The rhythm is the rail that carries the work He began today into the rest of your life.”

Close (3 min)

“Before we go — hold on to this. What happened in this room today is real. Jesus met you here. He is still here. And He is going with you when you walk out that door.”

“Do not let the noise of the week undo what He did in the quiet. Guard it. Talk with Him about it today. Bring it back to discuss with Him tomorrow.”

“John 8:36: “If the **Son** sets you free — you will be free indeed.” That is not a feeling. That is a fact. Hold it.”

Sealing prayer “Father — thank You for what You have begun today in each of these souls. Thank You for the Soul Liberator who came not only to forgive but to heal. Carry today forward into every day of the week ahead. When the old pull rises — bring

this moment to mind. When the lie returns — return them to Your truth. Keep them in honest conversation with You. We will see them next week. In Jesus' name. Amen."

Dismiss (1 min)

"Same time, same place next session. Go in the peace of Christ."

Leader note · Stand at the door with the co-leader. Eye contact with each seeker as they leave. The seeker who was visibly broken under the blindfold may need a word — "I saw what happened in you today. He has begun. See you next week." The seeker who was quiet may need a word too — "He heard you. See you next week." Anyone who indicates they want to talk more — direct them to stay or schedule a one-on-one in the week. Do not leave any seeker floating.

END OF SESSION 4 — *The encounter carries forward via the Daily Rhythm to Session 5 — The Conversation*

Build better rails to the trustworthy Engine — Jesus.

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The Conversation

Step 4 of the Five-Step Journey · From encounter to relationship · How the healing keeps growing

When	Session 5 of the Soul Liberation circle	Who	You + 5–8 seekers
Length	90 minutes	Anchor texts	John 15:4 · Matthew 11:28–29 · Psalm 62:8
Materials	Workbooks · Daily Rhythm Cards (one per seeker) · Bibles	Locked term	Step 4 = The Conversation · Polished prayer is hiding; honest prayer is the doorway in

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome back · check in on the rhythm and the week	10 min
1	Teaching · The Conversation — from encounter to relationship	20 min
2	Q6 — What would you want to say to Jesus about this right now?	15 min
3	Speak it · each seeker speaks directly to Jesus	20 min
4	The Daily Five Minutes · ASK / RESPOND / RECEIVE	15 min
5	Daily Rhythm continues · close · look ahead to Session 6	10 min

Leader note · Session 5 has a different center of gravity than Session 4. Last session was the encounter — the hinge. Today is the gear shift. You are teaching the seekers how to walk with the One they met last week. Less intensity, more practice. The work today is not breakthrough; it is rhythm.

Pastoral safety notes

- 1. Some seekers will report nothing happened this week.** Receive without judgment. “Thank you for being honest.” Do not coach them to fabricate experience. Listening grows over time. The rhythm itself is the work, not a guaranteed feeling.
- 2. Some seekers will report intense encounters — dreams, words, deep emotions.** Receive with care. Honor what they describe without canonizing it. Test it gently against

Scripture and the character of Jesus. Most encounters this week will be modest, and that is healthy.

3. A seeker may try to manufacture experience to please you or the group. Slow them down. “Do not force anything. Real conversation is more important than a good story.” Protect the integrity of the rhythm over the entertainment value of the testimony.

4. A seeker will resist Q6 — speaking directly to Jesus may feel awkward or foreign. Do not force. “Pass” is allowed in Movement 3. The seeker who passes today may speak next week. Pressure produces performance, not honesty.

5. A seeker may share something raw enough to surface trauma. If a seeker breaks open during the Movement 3 round, hold the room steady. Receive with brief warmth. Do not let the group try to fix or counsel. Pastoral follow-up according to Section 3, Chapter 10, not in the circle.

MOVEMENT 0 · 10 minutes · You Welcome Back and Check In

Receive them back (2 min)

Leader note · Watch faces as they come in. Last session was the hardest of the six. Some seekers will look lighter than you have seen them in weeks. Some will look tender. Receive each one warmly without analyzing.

“Brothers and sisters — welcome back. Last session was the hardest of the six. The silence, the question of what only Jesus can do. Today is gentler. Today we learn to keep walking with the One you met last week.”

Light check-in on the week (5 min)

“One sentence each. Since you walked out of this room last week, what surfaced for you as you sat with what you asked Jesus to do?”

Leader note · This is where you find out who actually engaged with the rhythm. Some seekers will name something specific — a verse, a memory, a quiet sense. Others will say “nothing happened.” Receive both without preference. The seeker who says “nothing happened” is doing real Step 4 work — they are learning to keep showing up when nothing dramatic occurs. That is the relationship.

Leader note · Do NOT correct, coach, or theologize during this round. “Thank you” is enough. The teaching comes in Movement 1, not here.

Locate where we are (3 min)

“Look at the Five-Step Journey map on page 5 of your workbook. Last session was Step 3 — The Soul Liberator. The encounter. Today is Step 4 — The Conversation. The relationship.”

“Healing did not end last week. The Soul Liberator did not visit your soul and leave. He moved in. Step 4 is what it looks like to live with Him — the daily, honest, ordinary conversation that grows the healing He began.”

MOVEMENT 1 · 20 minutes · You Teaching: The Conversation

Open John 15:4 (3 min)

“Open your Bibles to John 15, verse 4. Jesus is talking to His disciples the night before He is killed. He has hours left. Listen to what He chooses to tell them.”

John 15:4 *“Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.”*

“Two simple words: abide and in. The healing Jesus began in Step 3 does not grow because you tried harder. It grows because you remained with Him — abided in Him — day after ordinary day.”

Leader note · Pause. “Abide” is the central word of Step 4. Let it land before moving on. Some seekers carry a Christianity that is all event — conferences, breakthroughs, intense moments. “Abide” names a different practice: ordinary, daily, slow.

The Conversation, not the transaction (5 min)

“Many of us have treated prayer as a transaction. We ask, He gives. We confess, He forgives. We pray the prayer, the prayer ends, life resumes. We treat Him like a service we use.”

“Jesus did not come to be a service. He came to be a Companion. The Soul Liberator who met you in Step 3 is not a transaction you completed. He is a Person you began walking with. Step 4 is learning the rhythm of that walk.”

“Which means — the healing of your soul is not a project you manage on the side of your life. It is a conversation that runs through your life. You do not pray and then live. You live in prayer. Five minutes here. A whispered sentence there. A returned attention through the day. That is abiding.”

Honest prayer vs polished prayer (5 min)

“Here is the biggest obstacle to the conversation: polished prayer.”

“Polished prayer is what we say when we want God to be impressed with us. Honest prayer is what we say when we want to be heard by Him. Polished prayer uses the right words. Honest prayer uses our actual words. Polished prayer hides. Honest prayer is the doorway in.”

Matthew 11:28–29 *“Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.”*

“Gentle and lowly. He is not waiting for your King James vocabulary. He is not impressed by your religious phrases. He wants your voice — the way you actually talk — because He is gentle, and He is lowly, and He receives the seeker who comes to Him with the words they actually have.”

Leader note • If a seeker has been raised in a tradition with formal prayer, this teaching may unsettle them. Reassure: liturgical prayer is good. The Psalms are prayers that were written and prayed. The point is not against form. The point is against hiding behind form when Jesus is asking for honesty.

Bridge to Q6 (4 min)

“Last session you wrote Q5 — what you believe Jesus wants to do in this area of your life. Today Q6 invites you to begin talking with Him about it. Not in general. Specifically. About what you already named.”

“Open your workbook to Step 4 — page fourteen.”

Leader note • Specific page reference: Workbook page 14, “The Conversation” — has the John 15:4 verse, the praying-at vs. talking-with framing, and Q6 in the gold-bordered question box.

“Read what is written there. Read Q6. Then write.”

MOVEMENT 2 • 15 minutes • You Q6 — What Would You Want to Say?

Ask Q6 (2 min)

Q6 • The Conversation *What would you want to say to Jesus about this right now?*

“Write it in your workbook, in the lines under the question box. Not a polished prayer. The real sentence. The honest one. Five minutes.”

Leader note • Five minutes here — longer than the Q5 write last week. Q6 takes more time because it is generative, not reactive. The seeker is composing speech to a Person, not surfacing a belief about a Person. Do not rush them.

Write in the workbook (5 min)

Leader note • Silent. Same posture as the writes in Sessions 1, 2, 3 — sit, pray quietly for each seeker by name in your own heart, do not pace, do not fill the silence. Some seekers will pour out. Others will struggle. Both are real.

Leader note • Watch for the seeker who writes one line and stops. That seeker has likely written the truest sentence in the room. They do not need more lines — they need to say what they wrote out loud in Movement 3.

Bridge from writing to speaking (3 min)

“What you just wrote is true. But true things written down are not the same as true things spoken. Jesus is in this room. He has been listening as you wrote. The conversation begins when you stop writing about Him and start speaking to Him.”

“In a moment, we are going to go around the circle. Each of you will speak — not to me, not to the others — to Jesus directly. Do not perform. Do not pray a polished prayer. Just say what you wrote, in your own words, as if He is sitting in the chair next to you.”

“Because He is.”

Leader note • Pause. Let that land. This is the practical theology of the session — Jesus is not metaphorically present, He is actually present. The seekers are about to speak to a Person, not an idea.

Setup for the round (5 min)

“Two things before we begin. First — you do not have to do this if you are not ready. ‘Pass’ is allowed. No one will pressure you. No one will think less of you. Jesus already knows what you wrote.”

“Second — when someone else is speaking, do not coach them. Do not correct their theology. Do not finish their sentences in your head. Just listen — the way you would want to be listened to. The room will be quiet between speakers. That quiet is part of the prayer.”

MOVEMENT 3 • 20 minutes • You Speak It • The Round

Begin the round (18 min)

“Let us begin. Whoever is ready, go first.”

This is sacred. What seekers say today is the first time many of them have spoken to Jesus as a Person rather than a concept. Hold the room. The pace is slow. Two or three breaths of silence after each seeker. No applause. No “amen.” Just “Thank you, Jesus” from you, quietly, when each seeker finishes.

Leader note • Receive every prayer with the same warmth. The seeker who says “Jesus, I do not even know what to say to You” has prayed a real prayer. The seeker who weeps through three words has prayed a real prayer. The seeker who passes has not prayed yet — and that is okay. Their turn comes next week, or the week after.

Leader note • If a seeker tries to preach in their prayer — quoting Scripture, explaining theology, instructing Jesus about Himself — receive it without correction. The form is off, the heart may be honest. Pastoral correction, if needed, happens outside the circle.

Leader note • If a seeker prays about another person in the room — “Jesus, heal my wife who is sitting next to me” — receive briefly and move on. After the round, gently redirect in private: “Today is about your soul, not theirs. Pray for them in your own time.”

Leader note • If a seeker prays a prayer of repentance you have not heard before — a specific sin named for the first time — receive it with quiet weight. Do not respond beyond “Thank you, Jesus.” Pastoral follow-up at the door, or in the week.

Leader note • If a seeker passes — “I am not ready” — receive without hesitation. “Thank you. He is here. He has already heard you write it. That is enough for today.”

Close the round (2 min)

“Jesus — You have heard each one of us. Thank You. You are with each one. You are not going to leave. Walk with us this week. Speak when we listen. Wait when we do not. Keep teaching us what it means to abide with You. Amen.”

Leader note • After Amen, brief silence — thirty seconds. Then move on. Do not over-process. The work is done.

MOVEMENT 4 • 15 minutes • You The Daily Five Minutes

Why we need a rhythm (3 min)

“What we just did — the speaking, the round — is not something you do once a week in this circle. It is the shape of how you walk with Jesus daily. The Soul Liberator is here every day. The question is whether you show up.”

“Five minutes a day. Not five hours. Not even a half hour. Five minutes, every day, is enough to begin. We are not building a discipline. We are building a relationship. And relationships are built in regular, small attention — not occasional, intense effort.”

Walk through the Daily Rhythm Card (5 min)

Leader note • Each seeker should have a Daily Rhythm Card in hand by this point. If not, hand them out now. The card is the visual cue — the seeker glances at it during their five minutes.

“The rhythm has three movements. ASK — RESPOND — RECEIVE.”

“ASK is the first sixty seconds. You bring to Jesus the specific thing you asked Him for in Session 3, and you ask Him the one question: ‘Jesus, what do You want to change in me today?’ That is it. One short ask, then silence.”

“RESPOND is the next two or three minutes. Now you listen. You write — in the encounter journal in the back of your workbook — whatever surfaces. A Scripture you remember. A memory that comes. A sense of His direction. A feeling. Even ‘nothing surfaced today.’ Write what is true.”

“RECEIVE is the last sixty seconds. You take one verse. Read it slowly. Twice. Let it be the last thing you carry out into your day. This week, the verse is John 15:4 — ‘Abide in me, and I in you.’”

The Encounter Journal (4 min)

“Open your workbook to Section 4 — the back portion of the workbook. Thirty pages. Each page is one day.”

Leader note • Specific page reference: Workbook Section 4 — Encounter Journal. Thirty daily pages between Step 5 and the When-It-Is-Hard section.

“This is not a journal you grade. It is a record of the conversation. Some days will be one sentence. Some days will be a page. Some days will be ‘nothing surfaced today’ — and that is a real entry too. The point is not to perform for the journal. The point is to show up to the conversation, and the journal is what stays after.”

Commit to the rhythm (3 min)

“Turn to page fifteen in your workbook — Step 4, continued. ‘The Daily Five Minutes.’ There are three lines on that page: time, place, start date.”

Leader note • Specific page reference: Workbook page 15, “The Daily Five Minutes.” Three commitment fields: “I will take my five minutes at” / “I will take them in” / “I will begin on.”

“Fill in the three lines now. Be specific. ‘6:30 a.m., kitchen table, tomorrow.’ Not ‘sometime in the morning.’ Sometime is the enemy of the rhythm. A specific time, a specific place, a specific date.”

“When you have filled it in, look at the line. That is your covenant with the Soul Liberator for this week. Show up.”

MOVEMENT 5 • 10 minutes • You Daily Rhythm Continues + Close

This week’s verse (2 min)

This week’s verse • John 15:4 *“Abide in me, and I in you.”*

"This week, this verse is the one you carry into your RECEIVE moment. Read it slowly. Twice. Each day. Eight words. Let them be the last words your soul holds before the day begins."

Leader note • Some seekers will know this verse already — it is famous. Encourage them to receive it again, slowly, as if for the first time. Familiarity often dulls a verse; deliberate slowness restores it.

Look ahead to Session 6 (3 min)

"Next session is Session 6 — Liberation — The Likeness Revealed Again. It is the closing session of the six — but not the closing of the journey. We will look back at what has changed in you. We will look forward to who the Father may be wanting to bless through you. And we will commit to the next ninety days of walking with Jesus."

"Between now and then — abide. Five minutes a day. Use the encounter journal. When something surfaces, write it. When nothing surfaces, write that. Just keep showing up."

One last question (2 min)

"Before we close — any questions about the rhythm? About what we did today?"

Leader note • Brief. If a question opens a deeper need, name it: "Let us talk after." Do not let the close turn into a teaching session.

Closing prayer (2 min)

"Let us close."

"Father, thank You for what You have begun in each of these souls. Thank You that the Soul Liberator does not leave. Thank You for the five minutes a day You will receive from each of these brothers and sisters this week."

"When the day is loud, draw them back. When the heart is heavy, meet them there. When nothing seems to be happening, keep them faithful. In the small attention, do the big work. In Jesus' name. Amen."

Dismiss (1 min)

"Same time, same place next session. Walk with Him this week."

Leader note • Stand at the door. Eye contact with each. The seeker who spoke for the first time today may need a word: "He heard you. See you next week." The seeker who passed may need a word too: "No pressure. He is patient. See you next week."

END OF SESSION 5 — Daily Rhythm carries the work to Session 6

Build better rails to the trustworthy Engine — Jesus.

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Liberation — The Likeness Revealed Again

Step 5 of the Five-Step Journey • The closing session • Looking back, looking forward, sending them out

When	Session 6 of the Soul Liberation circle — the closing session	Who	You + the 5–8 seekers who have walked all six
Length	90 minutes	Anchor texts	2 Corinthians 3:18 • John 8:36 • Genesis 1:28
Materials	Workbooks • Daily Rhythm Cards • 90-Day Check-In Card or calendar • Local pastor contact info confirmed	Locked term	Step 5 = Liberation — The Likeness Revealed Again • Departure Gate Rule (see the Circle Leader's Card)

Arc — six movements, ninety minutes

#	Movement	Time
0	Welcome back • check in on the rhythm • frame the closing	10 min
1	Teaching • Liberation — The Likeness Revealed Again	15 min
2	Q7 (vision) • What would freedom look like • what has changed	15 min
3	Extending the blessing • the missional outflow	15 min
4	The one specific thing • each seeker names a next step	10 min
5	Departure Gate • commission • send them out	25 min

Leader note • Session 6 is the closing session of the six — not the closing of the journey. Today you do two things at once: you help the seekers see what Jesus has already done, and you send them out for what He is going to do next. Hold both. The session is reflective and missional at once. Make sure the Departure Gate Rule is honored: no seeker leaves this session without local pastor briefed, daily rhythm in hand, and 90-day check-in scheduled.

Pastoral safety notes

1. Some seekers will feel grief that the series is ending. Receive it. Name it briefly: “This is not the end of the journey. The rhythm continues. The Soul Liberator does not leave when these sessions stop.” The grief is real — honor it without rushing to reassure.

2. Some seekers will feel they have not changed enough. Liberation is from one degree of glory to another. Slow. Incremental. They may not see what has changed — you may. “You are

not the same person who walked in six weeks ago. He has begun.” Receive without overclaiming.

3. Some seekers will resist the missional outflow. “Who am I to bless anyone?” is the most common pushback in Movement 3. Receive: “You are not the Soul Liberator. He uses imperfect introducers all the time. You are not being sent because you are finished. You are being sent because He has begun.”

4. The Departure Gate Rule is non-negotiable. No seeker walks out of this session without all three — local pastor briefed, daily rhythm in hand, 90-day check-in scheduled. If any of the three is missing for a seeker, hold them after the close. Do not let them leave with a partial handoff.

5. A seeker may want to schedule the 90-day check-in for some vague future date. “We will figure it out” is not a check-in. Specific date, on the calendar today. If they do not have a calendar, write it on the back of their Daily Rhythm Card. Eighty-eight to ninety-two days from today. Lock it before they stand up.

MOVEMENT 0 · 10 minutes · You Welcome Back and Frame the Closing

Receive them back (2 min)

Leader note · Today more than any other, watch faces as they arrive. The change in some seekers since Session 1 will be visible. The change in others will be quieter. Receive each one the same way — with warmth, without comment yet. The reflection comes in Movement 2.

“Brothers and sisters — welcome back. This is Session 6. The closing of the six sessions — but not the closing of the journey. Today we do two things together: we look back at what Jesus has already done, and we look forward to what He is going to do next.”

Light check-in on the rhythm (5 min)

“One week of the daily rhythm since we last sat together. One sentence each — what has the rhythm been like this week?”

Leader note · By now the rhythm is established in some, fragile in others, broken in a few. Receive all three honestly. “Thank you” is enough. Do not coach. Do not correct. Do not celebrate prematurely. The session itself is where the reflecting happens.

Frame the closing (3 min)

*“Here is what this session **is** and what it is not. This session is not a graduation. There is no diploma. The journey does not end here. This session is a sending.”*

“We will look back at what Jesus has begun in you. We will look forward at what He intends to extend through you. And before you walk out of this session, three things are non-negotiable: your local pastor knows you are walking with Jesus in this way, your Daily Rhythm Card is in your hand, and your 90-day check-in is on the calendar. Without those three, you do not leave.”

Leader note • Say this firmly but warmly. The Departure Gate Rule protects the seeker from the slow drift that follows every kind of momentum. Frame it now so it does not feel like a bureaucratic interruption later in Movement 5.

MOVEMENT 1 • 15 minutes • You Teaching: Liberation — The Likeness Revealed Again

Open 2 Corinthians 3:18 (3 min)

*“Open your Bibles to 2 Corinthians chapter 3, verse 18. Paul has just been comparing the old covenant with the new — Moses’ face had to **be veiled**, but Christ has unveiled us. Listen to what comes next.”*

2 Corinthians 3:18 *“And we all, with unveiled face, beholding the glory of the Lord, are **being transformed** into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit.”*

“From one degree of glory to another. Step 5 lives in those words. Liberation is not a destination you arrive at. It is a likeness that begins to shine again — and keeps shining brighter as you walk with Jesus.”

The Likeness Revealed Again (5 min)

“Remember Step 1. The Father designed your soul in His likeness. Blessed. Commissioned. To extend His blessing into the earth.”

“Remember Step 2. The infection obscured the likeness. The wound, the lie, the pattern that neither willpower nor intelligence could reach.”

“Remember Step 3. The Soul Liberator. Session 3 surfaced what self-effort cannot fix. Session 4 was the encounter under the blindfold — where you asked Him for what only He can do.”

“Remember Step 4. The Conversation. The daily abiding where the healing keeps growing.”

“And now Step 5. The Likeness Revealed Again. Not the likeness manufactured by you. The likeness restored in you by Jesus. From one degree of glory to another. Slowly enough that you may not see it day to day. Surely enough that those around you will.”

Leader note • Pause. This is the moment to honor what you yourself have seen change in the seekers across six weeks. Some are visibly lighter. Some carry themselves differently. Some have stopped flinching when certain words come up. Do not name individuals. Do not testify for them. But hold the room with the weight of what you have witnessed.

John 8:36 returns (4 min)

“We close the teaching part of this journey with the verse we opened with in Session 3.”

John 8:36 *“So if the **Son** sets you free, you will be free indeed.”*

“In Session 3 these words were a promise. Today they are a description.”

*“Free indeed. Not free from temptation — you will still **be tempted**. Not free from struggle — the struggle is the soil where liberation keeps growing. Free indeed means free at the root. Free where neither willpower nor intelligence could reach. Free in the place that has been bound the longest.”*

“And the freedom is not for you alone. We are going to talk about that in Movement 3.”

Bridge to Q7-vision (3 min)

*“Before we look outward, we look inward one more time. The last of the seven questions. **Q7**.”*

“Open your workbook to Step 5 — page sixteen.”

Leader note • Specific page reference: Workbook page 16, “Liberation — The Likeness Revealed Again.” Has 2 Cor 3:18 + John 8:36, the teaching paragraphs, Q7 in the gold-bordered question box, and the “What has already changed” prompt that points back to Workbook page 4.

MOVEMENT 2 • 15 minutes • You Q7 (vision) • What Has Already Changed

Leader note • Before this session • Have each seeker’s PRE → EXIT movement in view — their Encounter Index and Likeness Growth scores. The numbers make the “what has already changed” mirror in this movement concrete and personal, alongside the page-4-to-page-16 workbook comparison. See the Growth Conversation tool at the end of this guide.

Ask Q7 — the vision question (2 min)

Q7 • Freedom (Vision) *What would freedom look like for your soul?*

“Write under the question box. Not what freedom is supposed to look like in theology. What it would look like, specifically, for your soul. Three minutes.”

Write in the workbook (3 min)

Leader note • Silent. Sit. Pray for each seeker by name in your own heart. Some will write quickly — they have been imagining this for weeks. Some will struggle — they have been told their whole lives that imagination is dangerous. Do not rush them.

Then — what has already changed (3 min)

*“Before we share around the circle, one more prompt. Below **Q7** there is a short prompt: ‘What has already changed.’ Read it.”*

“Go back to page four of your workbook. Read what you wrote on the very first day — what brought you here. Read it slowly. Then come back to page sixteen and write what is different now. Even if it is small. Name it.”

Leader note • Specific page reference: Workbook page 4 (“What brought you here?” with the original confidence scale 1–5) compared with Workbook page 16 (Q7 + “What has already changed”). The contrast between Day-1 self-description and Day-42-or-so self-description is the data the seeker most needs to see for themselves.

Leader note • Some seekers will see significant change. Some will see modest change. A few will say they see nothing. All three are honest. The work of the Soul Liberator is slow and hidden in many seekers — the changes show up later. Do not press a seeker who sees nothing yet to manufacture testimony.

Round in the circle (7 min)

“Let us go around. Two sentences each. One sentence about what freedom would look like — your Q7 answer. One sentence about what has already changed — even if it is small.”

Leader note • Receive each share with the same warmth. “Thank you” is enough. If a seeker testifies to significant change, do not over-amplify — it can feel like pressure on the next seeker. If a seeker testifies to nothing, do not over-comfort — it can feel patronizing. “Thank you for being honest.” Move on.

MOVEMENT 3 • 15 minutes • You Extending the Blessing • The Missional Outflow

The likeness is not given to be kept (4 min)

“Turn the page. Workbook page seventeen. ‘Extending the Blessing.’”

Leader note • Specific page reference: Workbook page 17, “Extending the Blessing.” Closes the Step 5 spread with the Missio Dei thread — the Father’s blessing flowing through liberated souls to every people, tongue, tribe, and nation.

*“Here is what we have not yet said in this session. The likeness restored in you **is not given to be kept.**”*

Genesis 1:28 • the blessing returns *“And God blessed them. And God said to them, ‘Be fruitful and multiply and fill the earth.’”*

*“We began the journey here. The Father’s Mission. To bless the **people** He made in His likeness and to fill the earth with His blessing through them. He has never stopped wanting that. And the way He fulfills it is not through finished, polished, perfect souls. It is through liberated ones — still walking the journey, still in conversation — carrying His blessing into the lives of the people He has placed near them.”*

Who has the Father placed near you (4 min)

“Look around the room. Not these brothers and sisters — they are the circle that walked it with you. Look past us. Family. Neighbors. Coworkers. The next seeker who has not yet started this journey. The person you keep thinking about and do not know why. The Father has placed

them near you on purpose. And part of His answer for them is the soul He has been liberating in you these six weeks."

*"There is a prompt under the teaching on page seventeen — 'Who might the **Father** bless through you.' Read it. Write one or two names."*

Write in the workbook (3 min)

Leader note • Silent. This is harder than the earlier writes for many seekers. The inner objection — "Who am I to bring anything to anyone?" — will rise. Do not preach it down in advance. Let them sit with it. The names that come are often the ones the Spirit is already prompting.

Brief share (4 min)

"Let us go around once more. One name each. You do not have to say more than the name. 'My brother Daniel.' 'A woman I work with named Sarah.' The Father knows the rest."

Leader note • This share is shorter and gentler than Movement 2's. The naming itself is the work. Do not respond beyond "Thank you. He sees them." If a seeker says "I do not have anyone yet," receive: "That is honest. Pray for eyes to see. He will give them."

MOVEMENT 4 • 10 minutes • You The One Specific Thing

The Card's question (3 min)

"One more question before we move into the close. The Reference Card calls this the action question, paired with the vision question you just answered."

Q7 • Action (from the Circle Leader's Card) *What is the one thing you will do differently this week because of what happened here?*

"Vision without action drifts. Vague action does not hold. The Card is firm about this: name the specific day, the specific time, and the specific action. 'I will pray more' is not specific. 'Tomorrow morning at 6:30, I will write my brother Daniel a letter' is specific. Name yours."

Leader note • Reference: Circle Leader's Card, Step 5 LEADER'S JOB — "Anchor the encounter in one specific, actionable next step. Vague next steps produce no lasting change. Help them name the specific day, time, and action."

Leader note • This is intentionally paired with Q7-vision. The Workbook gives the vision (what freedom looks like for the soul); the Card gives the action (the one thing this week). Both are real Step 5 work. Make sure each seeker leaves with both.

Brief silence to name it (2 min)

"Two minutes of quiet. Name your one thing in your head. If it would help, write it in the margin of page seventeen."

Round — one specific thing each (5 min)

“Let us go around. Each of you — one specific thing. Day. Time. Action.”

Leader note • The leader’s job here is to police vagueness gently. If a seeker says “I will pray more,” ask: “When? Where?” If they say “I will be kinder to my wife,” ask: “What will you do today that shows that?” Specific. Anchored. Or it drifts.

MOVEMENT 5 • 25 minutes • Departure Gate • Commission • Send Them Out

Walk the Departure Gate (10 min)

Leader note • This is the non-negotiable gate. Per the Circle Leader’s Card, no seeker leaves this session without all three: (1) local pastor briefed, (2) Daily Rhythm Card in hand, (3) 90-day check-in scheduled with a specific date. Walk each seeker through all three before you start the commissioning prayer.

Three checks, by name, around the room:

(1) Local pastor briefed. Does each seeker have a local pastor or ministry leader who knows they walked this journey? If not, you (the circle leader) commit to making that introduction this week. Write down which seekers still need a pastor connection.

(2) Daily Rhythm Card in hand. Each seeker should leave with their card. If they have lost theirs, hand out a new one today. The rhythm continues; the card travels with them.

(3) 90-Day Check-In scheduled. Specific date, eighty-eight to ninety-two days from today. Each seeker writes it on the back of their Daily Rhythm Card. Section 6 of the Workbook will be their preparation for that check-in.

Leader note • The 90-day check-in • This is where the full Growth Conversation runs — all three indices, including Community Attachment, which is measured for the first time at 90 days. It is also where you watch for the seeker Jesus may be raising up to lead the next circle. See the Growth Conversation tool at the end of this guide (90-DAY mode).

Leader note • Move briskly through this. It is administrative, but the administration is pastoral — it is what protects the seeker from the post-encounter drift. Some seekers will resist scheduling — “I will get to it later.” Hold firm: “Today, before you leave. It is on the calendar today or we do it together at the door.”

Commissioning prayer (10 min)

“Stand. Each of you, stand where you are. I am going to pray over you as a circle, then over each of you by name.”

Leader note • If practical, walk to each seeker and lay a hand on their shoulder for the by-name portion. If the room or culture makes that awkward, stay seated and address each by name. The form matters less than the directness.

“Father — thank You for what You have begun in each of these souls. Thank You for the Soul Liberator who came not only to forgive them but to heal them. Thank You that the journey of liberation does not end today — it carries forward, one degree of glory to another, until they meet You face to face.”

“We ask You now to send each one of these brothers and sisters out from this circle into the people You have placed near them. Use them as introducers to the Soul Liberator. Bless what they carry with the same blessing You spoke at the beginning — be fruitful, multiply, fill the earth. Let them be small links in the long chain of liberated souls who are extending Your blessing to every people, tongue, tribe, and nation.”

“Keep them in the daily rhythm. When the old pull comes back, bring them back to You. When the lie returns, return them to the verse. When the heart goes far, draw them home. We do not send them out as finished people. We send them out as Yours.”

Leader note • Now name each seeker individually. Brief. One specific blessing per seeker. “[Name] — keep walking with Jesus into the place He has begun. The journey continues. He will not let you go.” Do not list their struggles. Do not pray their hurt out loud in this moment. The naming is for blessing, not for diagnosis.

Final word and send (5 min)

“Two last things before we go.”

“First — the rhythm continues this week, and every week after. Same shape. ASK, RESPOND, RECEIVE. Section 4 of your workbook — your encounter journal — has thirty pages, one for each day. Use them. When the thirty days finish and the pages run out, do not stop — begin a journal of your own and keep the conversation going there. That journal is what prepares you for your 60-day reflection, and especially for your 90-day measurement.”

“Second — Section 5 of the workbook is where you turn when the old pull comes back. Because it will. Not because you have failed — because you are still on the journey. When it comes, do not flog yourself. Open Section 5. It will tell you what to do.”

Leader note • Specific page reference: Workbook Section 5, “When It Is Hard.”

“Go in the peace of Christ. The Soul Liberator goes with you. Amen.”

END OF SESSION 6 — End of the structured journey — Beginning of the carried one

Build better rails to the trustworthy Engine — Jesus.

SESSION 6 · LEADER'S TOOL · THE GROWTH CONVERSATION

Reading the indices · naming the target · issuing the commission · used briefly at EXIT today and fully at the 90-day check-in

The seekers' scores go into your accounting system; **this tool is what you do with what they reveal**. It is not a performance review. It is a mirror that shows the seeker what Jesus did, a map to their next step, and a commission into usefulness.

The three indices are one current

They are not three separate gauges. They are one current flowing one direction:

- **Encounter (EI) is the root** — the seeker's living sense of Jesus' presence and voice.
- **Likeness (LG) is the fruit** — encounter made visible as changed character.
- **Community Attachment (CA) is the harvest** — likeness flowing outward into church, service, and mission.

Encounter produces likeness; likeness flows into mission. CA is not the last box to tick — it is the goal. Usefulness to Jesus is the fruit the whole journey is built to produce.

Three jobs · Mirror · Map · Commission

MIRROR — show them what Jesus did.

- **Lead with movement, never the bare number.** The gap from PRE to now is the testimony. A seeker who moved from 2 to 6 saw Jesus do something dramatic — celebrate the movement, not the level.
- Frame everything as His work: *"Look what Jesus did in you,"* never *"here is your score."*
- Read their own open-question answers back to them. Their words move them more than any number.

MAP — name the one target.

- Find the lagging index — that is the next place of growth. The order matters:
 - **EI low** → return to the daily rhythm (ASK / RESPOND / RECEIVE). Encounter is the root; nothing downstream sustains without it.
 - **LG trailing EI** → the encounter has not yet become visible fruit. Target: ask Jesus to change one specific pattern, not just to be felt.
 - **CA trailing LG** → transformed, but not yet flowing outward. Target: a church home and one act of service.
- **Give one target, not five.** One clear next step they can take this week.

COMMISSION — send them into usefulness.

- Use the seeker's own measured transformation as the evidence of their calling. The area of deepest change often points to the area of greatest usefulness.
- *"Your forgiveness moved from a 2 to an 8 — that is not only your healing. That is exactly the place Jesus may want to use you to set others free."* Healed wounds become ministry (2 Corinthians 1:4).

- **Name it out loud.** Most seekers will not see their own calling until someone who watched Jesus work in them says it.

Two modes — EXIT and 90-DAY

At EXIT (this session). You have EI and LG. Use them quietly to make Movement 2 (the mirror) and Movements 3 and 5 (the commission) concrete and personal for each seeker. The full sit-down conversation is not in this session — this session is the group close.

At the 90-day check-in. You have all three indices, including Community Attachment for the first time. This is the full Growth Conversation, one to one — and where you spot the next leader.

Spotting the next leader → the Practitioner Pathway (Section 5)

Watch for the seeker with strong EI, rising LG, and CA already moving outward — attending, serving, hungry to give away what they received. That seeker is the raw material for the next circle leader. Across a whole circle, the indices are how you see whom Jesus is raising up to carry the model to the next village — every people, tongue, tribe, and nation. When you see it, name it and point them to the **Practitioner Pathway (Section 5)**. The harvest of one circle is the leaders of the next.

The conversation, step by step

1. **Open in prayer.** *“Jesus, show us what You have done.”*
2. **Mirror.** Walk the movement area by area in His-work language. Read their own words back.
3. **Celebrate.** Name specifically what Jesus did. Let them feel it before moving on.
4. **Map.** Name the one target. Hand them the next step — daily rhythm, a pattern to bring, a church or service step.
5. **Commission.** Name where their transformation points them in usefulness and mission.
6. **Pray to send.** Lay hands if appropriate. *“Jesus, send them.”*

Leader’s private record · kept in your Field Manual — never on the seeker’s form

For each seeker, after the conversation: the one target named · the commission spoken · ready for the Practitioner Pathway? (Yes / Not yet / Watching)

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Prayer Ministry

How prayer ministry actually runs in a Circle · the rail where Jesus meets the wound

Purpose	Walk a servant leader through how prayer ministry actually runs in a Circle — the posture, the architecture, the four areas, and what to do when the prayer stalls, breaks open, or surfaces something that needs a stronger pair of hands.
Audience	Servant leaders preparing to lead prayer ministry in a Soul Liberation Circle. Read this after Section 1 and after working through the six Session guides (delivered as separate PDFs).
Read time	About 45 minutes.
Companion videos	SLT V3 — Fourfold Healing Ministry · SLT V7 — Prayer Ministry in All Four Areas
Reference card	Four-Area Prayer Guide (in the Circle Leader's Card)
Scripture anchors	Acts 10:38 · Mark 16:17–18 · James 5:14–15 · 1 John 1:9

How to use this section · Read it through once before you lead your first prayer ministry block. Then keep it open beside the Four-Area Prayer Guide during the block itself. The terminology is locked — "Release from Demonic Oppression," never "Deliverance"; "ask Jesus," never "let Jesus." Use the words as written. The wrong word at the wrong moment is the difference between a rail that holds and a rail that drifts.

CHAPTER 1 Why Prayer Ministry Is the Center Rail

Of the six rails the model builds — Teaching, Prayer Ministry, Measurement, Local church connection, Daily Rhythm, Follow-Up — Prayer Ministry is the one most leaders underbuild. Not because they undervalue it. Because they were never taught how to lead it. They watched it happen once or twice. They received it themselves. They were never walked through how to lead it for someone else.

Prayer Ministry is the rail where Jesus meets the specific wound. Without it, the Five-Step Journey runs out of operational fuel at Step 4. The seeker can be taught God's Design (Step 1), see the Infection clearly (Step 2), be introduced to the Soul Liberator (Step 3) — and then have nowhere to go. The Conversation (Step 4) is where the seeker speaks directly to Jesus about the wound. Prayer Ministry is the rail that makes that Conversation possible inside a Circle of five to eight seekers on a Tuesday evening in a small room.

"God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and healing all who were oppressed by the devil, for God was with him."

— Acts 10:38

Acts 10:38 is the operational verse for this entire section. "He went about" — present-tense activity. "Healing all who were oppressed." That is what Jesus is doing right now, in the room where your Circle meets. The servant leader's job is not to do the healing. The servant leader's job is to open the door so the Healer who is already at work has room to move.

The center-rail principle · If Teaching is the rail that names the wound, Prayer Ministry is the rail where Jesus touches it. Underbuild Teaching and the seeker has no language for what is broken. Underbuild Prayer Ministry and Jesus has no operational room to do what He came to do. Both rails are necessary. Prayer Ministry is the one most leaders build last and thinnest. Build it first.

CHAPTER 2 The Four Areas — Operational Brief

Section 1 named the Four Areas. This chapter is the operational brief — what each area is, what it is not, and what the seeker brings to the Circle that signals each one.

Four distinct works of Jesus. Four distinct biblical bases. They are not four flavors of the same prayer. They are four separate ministries. A leader who only knows one area leaves three doors unopened in the seekers in their care.



INNER HEALING — Presence work

Psalms 147:3 · Matthew 11:28–29

DIAGNOSTIC

Is what you are carrying more of a wound from something that happened?

HOW TO LEAD THE PRAYER IN THE CIRCLE

Jesus enters the memory. He was present when it happened; He sees what is still carried from it. The leader's job is to open the door — invite Jesus into the memory by name, then be quiet. The Soul Liberator does the work the leader cannot do.

COMMON MISTAKE

Filling the silence with your own words. Your voice competes with His. Trust the quiet.



SOUL PURIFICATION — Root-healing work

Ezekiel 36:25–27 · 1

John 1:9

DIAGNOSTIC

Is what you are carrying more of a pattern you keep repeating?

HOW TO LEAD THE PRAYER IN THE CIRCLE

Jesus walks the seeker back to the root of the pattern, surfaces what He wants them to see, hears their honest confession, and cleanses at the root — the lie and the sinful response together. Five movements: Open · Listen and Own · Ask for the Specific · Turn · Receive His Cleansing.

COMMON MISTAKE

(1) Praying cleansing before ownership — ownership comes first. (2) Confusing pardon with cleansing — pardon was settled at the cross. This is ongoing relational work, not re-pardon.



PHYSICAL HEALING — Healing-power work *James 5:14–15 · Mark 16:17–18*

DIAGNOSTIC

Is there a specific physical condition you would like to bring to Jesus today?

HOW TO LEAD THE PRAYER IN THE CIRCLE

Jesus, the Great Physician, moves in the body according to His timing and means. Name the condition specifically. Lay hands if the seeker gives permission — shoulder is fine, the affected area only with explicit consent. Pray with faith, not qualification. Then trust Him with the outcome.

COMMON MISTAKE

Praying tentatively because the leader fears "nothing will happen." We pray on Who Jesus is, not on what we feel. Receive what He gives and trust Him with the rest.



RELEASE FROM DEMONIC OPPRESSION — Authority work *Mark 16:17 · Luke 10:19 · James 4:7*

DIAGNOSTIC

Does what you are carrying feel driven rather than chosen? External pressure rather than internal struggle?

HOW TO LEAD THE PRAYER IN THE CIRCLE

Jesus has all authority. The seeker stands in a victory already won. The leader does not engage the enemy as a combatant — the leader leads the command in Jesus' name, the seeker speaks it where able, and any co-leader present agrees out loud. The posture is calm authority, not volume. Brief, specific, and sealed by asking Jesus to fill the place with His presence.

COMMON MISTAKE

Treating it as combat with the enemy. There is no matched struggle to win — the victory is already won. We command an already-defeated enemy in Jesus' name, calmly and briefly; we do not argue with him, plead, or perform. Never "Deliverance."

Why not "Deliverance" · The word carries cultural baggage in many regions — sensational practice, fear, theatrics. "Release from Demonic Oppression" is the operational language. We command an already-defeated enemy to leave in Jesus' name — never engaging him as a matched combatant — and we ask Jesus, the authority who breaks all bondage, to fill the place. The locked term protects both the seeker and the leader from the sensational posture the model does not teach.

CHAPTER 3 The Posture — Jesus Is the Authority, We Are the Door-Openers

The most important thing a servant leader brings into a prayer ministry block is not technique. It is posture. The seekers will feel the posture before they hear a single word.

THE POSTURE WE TAKE	THE POSTURE WE AVOID
• Jesus is the Healer. We open the door. • Quiet confidence. He is already at work. • Ask Jesus to do what only He can do. • One question at a time. Then silence. • Receive what He gives. Trust Him with the rest. • Stand in the seeker's authority in Christ.	• Trying to be the Healer ourselves. • Loud performance. Pressure on the seeker. • Granting Jesus permission — "let" Him. • Piling questions on top of each other. • Interpreting what Jesus is doing while He does it. • Engaging the enemy as combatant.

The "ask, never let" rule · We ask Jesus to do what only He can do. We do not grant Jesus permission. This is not about a word — it is about posture. The seekers are listening for who has the authority in the room. "Let Jesus heal you" puts the seeker in the position of granting permission to the Healer. "Ask Jesus to heal you" puts the seeker in the position of receiving from the One who already moved first. Use the words as written. They are doing pastoral work the seeker can feel.

The same rule applies to your own internal language as you lead. If you find yourself thinking "I need to let Him take over here," stop. He is already here. Ask Him to do what only He can do. Then open the door — with the right question, at the right moment, in the right area — and be quiet. The one exception runs the other way: in Release from Demonic Oppression you never

ask the enemy anything — you command him to leave in Jesus' name, then ask Jesus to fill the place (Chapter 10).

CHAPTER 4 The Core Principle — Diagnose Before You Pray

One principle governs all four areas. Get it wrong and the prayer drifts. Get it right and the prayer becomes specific from the first sentence.

THE CORE PRINCIPLE · Identify the area before you begin. Then pray toward that area specifically, using the prayer language that belongs to that area. One brief diagnostic question saves ten minutes of unfocused prayer.

The single diagnostic question handles most of the work:

"Is what you are carrying more of a wound from something that happened — or a pattern you keep repeating?"

Wound from something that happened → **Inner Healing**

Pattern you keep repeating → **Soul Purification**

Physical condition → **Physical Healing**

Driven rather than chosen — external pressure → **Release from Demonic Oppression (led in the Circle)**

Once the area is identified — enter it deliberately. Do not pray around the edges of the wound. Pray into it. Jesus is not afraid of what is in there. Neither should you be.

The diagnostic moment · The diagnostic question lands earliest in the Circle — often as the seeker writes Q2 in the workbook (where the gap lives) or names what surfaced at Q3 (how long they have carried it). By the time you reach Q5 — the pivot from "what have I tried" to "what does Jesus want to do" — you should already know which area the seeker is bringing. The prayer ministry block in Session 4 or Session 5 is where you minister into that area specifically.

CHAPTER 5 The Architecture of a Prayer Ministry Block

A prayer ministry block is not freestyle. It has a shape. Build the shape into the way you lead and the room will feel safe before you say a single word about the wound.

The standard block in a local-church Circle of five to eight seekers runs fifty to sixty minutes inside the ninety-minute session, flexing with the size of the Circle. Each seeker receives roughly five to eight minutes of focused prayer — nearer eight in a Circle of five, nearer five in a Circle of eight. The other seekers support in silent agreement, eyes open or closed as feels natural, never praying out loud.

THE FIVE MOVEMENTS OF A PRAYER MINISTRY BLOCK · OPEN (5 min) · Open with one sentence of prayer. Name the room as belonging to Jesus. No teaching, no warm-up.

GATHER (5 min) · Each seeker names — out loud, briefly — the area Jesus has been opening (from Q5 in the workbook). No interpretation. Just naming. You are quietly grouping the prayer order in your mind.

PRAY THROUGH (30–40 min) · Seekers, one at a time. Roughly five to eight minutes each. You lead using the framework that matches their area. The Circle supports in silence.

SEAL (3 min) · When the last prayer is finished, bring the Circle back together. Thank Jesus for what He did. Brief sealing prayer over the room.

DECOMPRESS (7 min) · Each seeker writes one sentence in the workbook about what they noticed. No group debrief — the private writing is part of the work.

The pacing matters as much as the structure. Some leaders rush the silence because silence feels awkward. Sixty to ninety seconds of silence after the opening prayer of each area is normal. The Spirit is working in that silence. Count to ninety in your head before adding any words.

Ordering the prayer · If your Circle has a mix of areas, start with Inner Healing and Soul Purification first. Physical Healing in the middle. If a seeker named Release from Demonic Oppression, lead that command briefly and calmly in its own moment — see Chapter 10. The ordering protects two things: it lets the more interior work happen while the room is settled, and it keeps Physical Healing from absorbing all the energy too early.

CHAPTER 6 How to Lead Each Area in a Circle

The Four-Area Prayer Guide (in the Circle Leader's Card) is your reference during the block itself. This chapter is the deeper walkthrough — how to actually move through each area in a room of five to eight seekers.

♥ **Inner Healing — Step by step** · 1. Ask the seeker to close their eyes if comfortable. Ask them to bring the specific memory to mind — without describing the details out loud. They can just hold it.

2. Pray the opening: "Jesus, You were present when this happened. You see what is still carried from it. Come into this memory now with [Name]. Show them what You see. Do what only You can do."

3. Be quiet. Ninety seconds of silence.

4. Ask the seeker quietly: "What do you sense Jesus showing you?" Receive what comes with warmth and no interpretation.
5. Close the prayer by thanking Jesus for what He began. Release it to continue beyond the Circle.

The most common stall in Inner Healing is the leader's own voice. The seeker is in a memory with Jesus. Your job is to stay out of the way until Jesus has done what only He can do. When you do speak, speak softly. The room is on holy ground.



Soul Purification — Five movements · 1. OPEN · "Jesus, walk us back to the root of this pattern with [Name]. Show them what You want them to see." Then silence.

2. LISTEN AND OWN · When something surfaces, invite the seeker to agree with Jesus about what He is showing — naming the lie or the sinful response specifically.

3. ASK FOR THE SPECIFIC · Each strand has its own ask. For a sinful response — ask Jesus' forgiveness and Jesus' help to turn from it. For a lie believed — renounce it and ask Jesus for the truth that replaces it. (A wound beneath the pattern is Inner Healing's work — take it there, not here.)

4. TURN · Ask Jesus to show the seeker every tie that binds them to the pattern — and the purpose it has served. Then have the seeker ask Jesus, aloud, to help them cut every tie. The pattern runs deeper than willpower and intelligence can reach, so the cutting is His to do — they ask; He severs what holds them.

5. RECEIVE HIS CLEANSING · You pray, asking Jesus to cleanse at the root — the lie and the response that grew from it — and fill the place with His presence.

Two mistakes to avoid in Soul Purification · (1) Praying cleansing before ownership — ownership must come first. The seeker cannot receive cleansing for something they have not yet owned. (2) Confusing pardon with cleansing — the blood settled pardon at the cross. We are not re-applying it here. This is the ongoing relational work of 1 John 1:9 — confession and cleansing as the believer walks with Jesus.



Physical Healing — Step by step · 1. Ask the seeker to name the condition specifically — not "my back" but "the lower back pain on the left side, sharper when I sit." Naming is part of the prayer.

2. Ask permission before laying hands. Shoulder is generally fine. The affected area only with explicit consent.

3. Pray with faith, not qualification: "Jesus, You are the Lord who heals. We bring

[condition] to You. Move in [Name]'s body specifically. Heal, Lord."

4. Receive what He gives. Sometimes He moves visibly. Sometimes quietly. Sometimes the answer comes days later. Trust Him with the outcome.

5. Close: "What He has done from here is His work and His wisdom. Stay expectant."

Do not predict the outcome of a physical healing prayer. Pray boldly, then trust Him with the result. The model is faithful to pray in all four areas. The outcomes belong to Jesus.

Release from Demonic Oppression — led in the Circle. · When a seeker names Release from Demonic Oppression, or something surfaces during another prayer that is driven rather than chosen, you lead the command in Jesus' name right there — and where the seeker is able, you lead them to speak it themselves. See Chapter 10 for the full teaching and protocol, including the one boundary where you stop and refer.

CHAPTER 7 When the Prayer Stalls

Every leader will face stalls. The seeker cannot bring the memory. The seeker says "I do not sense anything." The seeker breaks into tears with no words. The leader runs out of language. None of this is failure. Most of it is the Spirit working in places the leader cannot see.

WORKS IN ANY AREA · use these whenever a prayer stalls · Silence is the work. Sixty to ninety seconds of silence is normal. Count to ninety before adding any words.

Reset to Jesus. Say His name out loud: "Jesus, we wait on You for [Name]." Re-centers the room.

One question, not many. If your last question did not land, repeat it more quietly. Do not pile on.

Do not interpret. If something surfaces, say "Thank You, Jesus" — never "what that means is..."

Only you lead aloud. If a Circle member starts praying out loud, gently raise a hand. Silent agreement only.

In Inner Healing, the most common stall is the seeker who cannot bring the memory clearly. The right response is permission, not pressure: "You do not need to describe it. Hold it. Jesus already knows." Then silence.

In Soul Purification, the most common stall is the seeker who jumps to cleansing without ownership. Walk them back gently: "Before we ask Jesus to cleanse this, let us agree with Him about what we are bringing. What is He putting His finger on?" Then silence.

In Physical Healing, the most common stall is the leader's own tentative prayer. Pray boldly anyway. We pray on Who Jesus is, not on what we feel.

"I do not sense anything" · This is the most common sentence in a prayer ministry block. It is rarely true in the way the seeker means it. Most of the time, something is surfacing — they are just not sure it counts. Receive what is there. "What is the first word that comes? Just one. Out loud or to Jesus." One word is often the door He opens.

CHAPTER 8 When a Seeker Breaks Open

Sometime in a Circle of five to eight seekers, someone will break open. Tears that cannot be held. A memory that comes up with a force that surprises the seeker as much as it surprises the room. A pastor's heart breaking in front of a Circle of brothers and sisters who did not know what they were carrying.

This is the moment the model was built for. Do not rescue. Do not fill the silence. Do not move the prayer along. The Soul Liberator is doing exactly what He came to do.

WHEN A SEEKER BREAKS OPEN · Do not rescue. Tears are often the work. Wait thirty more seconds before adding a word.

Receive the silence with the room. Your calm posture tells the seeker — and the Circle — that what is happening is welcome.

If the seeker can speak: "Jesus, You see what just surfaced. We are right here with You. Do what You came to do."

If the seeker cannot speak: silent agreement is enough. Wait. Jesus is faster than your words.

When it eases, do not interpret what happened. Thank Jesus and close gently: "He met you in that. What He began He will complete."

The Circle will not remember what you said. The Circle will remember that the room held what surfaced. That is the rail you are building. Hold the room. Jesus will hold the seeker.

CHAPTER 9 When a Seeker Is Not Ready

Sometimes a seeker reaches the prayer ministry block and is not ready to receive prayer in their named area. They are guarded. They are skeptical. They have agreed to be in the Circle but they are not yet ready to bring the actual wound to Jesus. This is not failure. This is data.

The rail you build for the unready seeker is the same rail you build for the ready one — patient, specific, no pressure. Jesus is not in a hurry. Neither are you.

WHEN A SEEKER IS NOT READY · Do not push. Pressure produces compliance, not

encounter. The seeker will say what you want them to say, and nothing will be different on Tuesday.

Ask one question gently: "What feels in the way of bringing this to Jesus right now?"
Receive the answer without trying to fix it.

Offer a smaller prayer. "Would it be all right if I asked Jesus to walk with you through whatever is in the way?" Most seekers will say yes to that, even when they cannot yet say yes to the larger ask.

Trust the Daily Rhythm. Some seekers receive prayer in the Circle. Others receive prayer in their living room at 6 a.m. with their workbook open. Both are real. Both are rails.

Note it for follow-up. A seeker who was not ready in Session 4 may be ready in Session 5 — or at the 90-day check-in. The rail extends past the block.

CHAPTER 10 Release from Demonic Oppression — Special Protocol

Most seekers in most Circles will not bring Release from Demonic Oppression as their named area. When it surfaces — whether named by the seeker at Q5, named by the leader during the Circle, or surfacing unexpectedly during another prayer — the response is the same. The leader leads the command, in Jesus' name, right there in the Circle, and where the seeker is able, leads the seeker to speak it. This is among the oldest practices the church has: from the earliest baptisms, believers renounced the enemy and his oppression before they were ever lowered into the water. We are not importing something novel. We are recovering something ancient.

In three of the four areas, the seeker asks. We ask Jesus to heal the wound, to cleanse the root, to touch the body — because only He can do these things, and the asking keeps Him the One who acts. Release from Demonic Oppression is the one area where the direction changes. Here we do not ask Jesus to send the enemy away. We command the enemy to leave, in the name of Jesus, by the authority He has already given us. We ask Jesus for everything only He can do in a soul; but Jesus never sends us to ask the enemy for anything. He sends us to command an enemy already defeated.

"I have given you authority to tread on serpents and scorpions, and over all the power of the enemy" (Luke 10:19) — and the disciples returned rejoicing that even the demons were subject to them in His name. That authority was never withdrawn. It belongs to every person who belongs to Jesus. The authority is His, conferred in His name above every other; the power is His; the credit is His. We bring nothing of our own.

Commanding a defeated enemy in the name of Jesus is not combat. Combat is a struggle between matched powers, and there is no such struggle here. Satan's defeat is finished; his end is known. We are not fighting for a victory — we are enforcing one already won. That is why the posture is calm. Authority, not volume. Confidence, not drama. Empowerment, not spectacle. A

leader who raises their voice or performs has misunderstood the very thing they stand in. The enemy does not yield to noise. He yields to the name.

The child of God is not to stand passive under demonic attack. The enemy's chief weapon is not force — it is accusation and temptation: the lie whispered at the worst moment that you are too far gone, that you will never change, that God has given up on you. Every one of those is a lie, and the believer has the authority to say so. Scripture does not say endure the fiery arrows passively; it says resist, and the enemy will flee (James 4:7). Refute the lie at once, in the name of Jesus. This authority must be used to be believed — a believer who never exercises it never learns that it is real. So we teach the seeker to stand, and the leader sets the example by standing first.

When Release from Demonic Oppression surfaces, the leader leads the command — and where the seeker is able, leads the seeker to speak it, training them to stand. Then we do not leave the place empty. We turn at once to Jesus and ask Him to fill what was vacated with His own presence. That is the whole gospel in miniature — the enemy commanded out by Jesus' authority, the soul filled by Jesus' presence.

THE PROTOCOL — When Release from Demonic Oppression surfaces · 1. Keep the room steady. Do not announce what is happening or hang a label on it; the Circle needs continuity, not spectacle. The other seekers stay in silent agreement.

2. Lead the command — calm and firm, authority not volume — and where the seeker is able, lead them to speak it with you: "In the name of Jesus Christ, I command every lying spirit — every spirit of accusation, every spirit of addiction and bondage — to depart now. You have no authority here. [Name] belongs to Jesus Christ. Cause no trouble as you leave. Report to the feet of Jesus, go where He sends you, and never return."

3. Fill the place — do not leave it empty. Turn at once to Jesus: "Jesus, fill this place with Yourself. Seal what You have done. Let no enemy reclaim it." Then let the room be quiet while He works.

4. In the Circle the leader is never alone with a member of the opposite sex. If the seeker has a strong physical or emotional response, the leader moves alongside and keeps commanding quietly in Jesus' name.

5. Know the one boundary. If a seeker is severely oppressed — they keep acting out after the enemy has been commanded to leave, and the disturbance will not settle — the Circle is no longer the right room. Stop. Comfort them. Do not escalate, do not repeat the command louder, do not make a scene. Refer them to pastoral and elder leadership, who can stand with them — pray, lay on hands, and anoint (James 5:14) — and weigh counseling or medical evaluation where wise, since mental illness can present as demonic and calls for discernment. Knowing when to hand a soul on is itself part of standing in His authority, not your own.

The locked posture · We stand in the seeker's authority in Christ — and we exercise it. We do not engage the enemy as a combatant; there is no matched struggle. We command an already-defeated enemy to leave, in Jesus' name. The leader leads the command; the seeker speaks it where able. The posture is calm authority — not volume, not theatrics, no extended conversation with the spirit. Brief, specific, sealed. Then we ask Jesus to fill the emptied place with His presence. All credit and all power are His.

CHAPTER 11 Closing the Block — Sealing and Decompression

How you close a prayer ministry block is as important as how you opened it. A block that is not sealed leaves the room — and the seekers — exposed. A block that is sealed sends each seeker home with a place to put what Jesus did.

THE SEALING SEQUENCE · Gather the Circle back. Eyes open. Bring the room back to itself.

Thank Jesus, out loud, for what He did. Name it generally: "Thank You for meeting each one of us in the specific place You wanted to meet us." No naming individuals.

Pray a brief sealing prayer over the room: "Jesus, what You began here, complete. Fill what was emptied with Your presence. Send each one of us home with what You want us to carry — and protect us from what You have set us free from."

Direct each seeker to their workbook. One sentence, in writing, about what they noticed. No group debrief.

Close with the dismissal: "Go in His peace. The work He began does not end at the door."

The private writing in the workbook is part of the rail. Some of what Jesus did will only become clear to the seeker as they write. Do not skip this step. Do not let the room dissipate into conversation before each seeker has written. The writing is what the seeker takes home into the Daily Rhythm.

Decompression for the leader · You will carry weight from the block. That weight is real, and it is not yours to keep. Before you leave the building, take ten minutes alone with Jesus. Hand back what He did, by name. "Jesus, I bring back to You what You did in each one — [name], [name], [name]. They are Yours. The work is Yours. Carry them into the week." This is part of how the servant leader stays a servant and not a Liberator. The Engine is Jesus. You build the rails. Hand back what you carried.

— END OF SECTION 3 —

Next: Section 4 — Measurement & Follow-Up (the three indices, the three timepoints, and the rails that carry the work past the door.)

Build better rails to the trustworthy Engine — Jesus.

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FIELD MANUAL · SECTION 4

MEASUREMENT & FOLLOW-UP

How to collect the numbers · and what to do with what they reveal

Section 3 was where Jesus meets the wound. This section is where you find out whether what He began is taking root — and what to do about it. Measurement is not a management exercise laid over the ministry. It is one of the rails. Rails have to be evaluated, because a rail that bends under weight has to be rebuilt, and the only way you know a rail is bending is by measuring it.

The work has two halves. First you **collect** the numbers — honestly, at three fixed points in time. Then you **use** them — first to shape pastoral attention while the Circle is running, then as a mirror, a map, and a commission in the conversation that closes it. Chapter 1 is the collecting. Chapter 2 is the pastoral attention. Chapter 3 is the conversation.

The three indices you are measuring

Encounter Index (EI) — the seeker's living sense of Jesus' presence and voice. **Likeness Growth Index (LG)** — the image of Jesus becoming visible as changed character. **Community Attachment Index (CA)** — the seeker rooted in a body that will sustain what Jesus started.

CHAPTER 1 Administering the Three Timepoints

You measure three times, because liberation is not an event — it is a process, and only three points in time show you whether the process is taking root. One number on its own tells you almost nothing. The movement *between* the numbers is the testimony.

WHEN	WHO	WHAT IT TELLS YOU
PRE At Session 1	Seeker, with you	Baseline. Where this seeker is starting from across all five areas, before any teaching or prayer.
EXIT End of Session 6	Seeker, with you	How fully the need expressed at PRE was met during the Circle. Honest answers, not hoped-for ones.
90-DAY Ninety days after Session 6	Seeker + local pastor	Whether the rails held. The hardest and most important measurement of the three.

The posture: this is not a test

Everything depends on how you frame the first measurement. If it feels like a survey or a grade, the seeker will give you the answers they think you want, and every number after that is worthless. Name what it is before they pick up the pen.

Say something close to this

"This is to help us see what the Liberator is doing in you over time — not to grade you. There are no right answers. Honest answers give Jesus the most to work with."

PRE — at Session 1

Administer the baseline at the start of Session 1, before any teaching and before any prayer. Sit with the seeker; do not hand them a stack of pages to fill in at home. The 0–10 scale is simple:

0 is “not at all,” 5 is “sometimes,” 10 is “consistently — and for the struggle questions, 0 is “still in bondage,” 10 is “truly free.” A seeker who starts at 3 and ends at 8 has seen Jesus do something dramatic. A seeker who starts at 7 and ends at 8 has seen something quieter. Without the baseline, you cannot tell those two stories apart.

One thing to hold steady as you read the numbers later: the Encounter Foundation (F1–F3) is the only measure asked in the same words at all three timepoints, so it is the one true before-and-after comparison. The four areas work differently. At PRE they measure the need the seeker brings — how deep the woundedness or bondage runs. At EXIT they measure how fully that need was met in the Circle; at 90-DAY, whether that work has held. Read them as need expressed and then met, not as one score tracked up or down.

EXIT — the end of Session 6

Administer EXIT in the closing session. Only the Encounter Foundation (F1–F3) repeats the PRE questions — that is your one true before-and-after, scored against the same words. The four areas switch to new questions at EXIT, asking how fully the need expressed at PRE was met in the Circle — so read each one as need met, not as a subtraction from the PRE score. Do not over-celebrate EXIT numbers — they almost always look good while the teaching is fresh and the room is warm. High EI movement with low LG movement at EXIT is normal: encounter precedes fruit. The real test is whether any of it holds, and that is what the third timepoint is for. EXIT belongs to the same session as the Departure Gate — it is part of sending the seeker home with the rails in place.

Within three days of Session 6, submit the completed Circle Leader’s Submission Roster to Pastor Rio at rio@h4kz.org — each seeker’s raw PRE and EXIT domain averages (Foundation, Inner Healing, Soul Purification, Physical Healing, Release from Demonic Oppression), seekers identified by initials and row number, and each seeker’s 90-Day Pastor or Servant Leader named with contact information. CHR computes all indices centrally — you do not compute EI, LG, or CA yourself.

90-DAY — ninety days after Session 6

This is the timepoint most leaders skip, and it is the most important one. Ninety days out, the afterglow has worn off, the teaching is no longer fresh, the Circle has dispersed, and ordinary life has resumed. If the rails held, ninety days will show it. If they did not, ninety days will show that too. The seeker’s local pastor conducts it — the pastor is the rail that has to carry the work from here. The local pastor then submits the completed measurement to CHR — this is the data CHR uses to evaluate the model and build better rails across every Circle, and CHR sends trend lines back to you. If you are walking the Practitioner Pathway, also bring it to your Phase 4 and Phase 5 debriefs.

Some scores will keep rising from EXIT to 90-DAY — those are the seekers whose daily rhythm and community held. Some will fall, sometimes sharply. That is not failure. That is information about which rail was thin.

One scoring note unique to 90-DAY. The form carries a fourth Encounter item — PH8, “my trust in Jesus as Healer has grown.” It is genuinely an encounter measure, but it asks about growth *since the circle*, so it has no PRE or EXIT counterpart to compare against. Keep the comparable

Encounter trend on F1–F3 only — the same three items scored at all three timepoints — and log PH8 on its own line as a 90-DAY reading of trust in the Healer. Do not fold it into the Encounter total you carry back to PRE and EXIT; if you do, you are comparing four items against three and the trend will lie.

The diagnostic principle

Low scores at ninety days are a rail problem, not a people problem. The question is never “what is wrong with this seeker?” It is “which of the rails I built was too thin?” EI low → the daily rhythm. LG low → encounter that never became a specific ask. CA low → no church home, no service. The number points to the rail to rebuild.

CHAPTER 2 From Data to Pastoral Attention

The numbers from PRE are now in your hand at the end of Session 1. Two things begin with them — the leader’s pastoral work between sessions, and the seeker’s own work in the Daily Rhythm. Both start before Session 2 and continue through to 90-DAY.

The hour after Session 1

Tabulate the PRE forms for all five to eight seekers. Compute the group averages. Identify the high-load individuals — the seeker carrying the most across the Four Areas; the special situations (maximum need with no faith Jesus will heal; an all-zeros profile that signals withdrawal or non-faith background); and any seeker whose strong Foundation and low woundedness suggests they could quietly support others later in the Circle.

For each seeker, prepare two records of the same data. The first is your retained copy — the data plus your pastoral notes for your own use. It stays with you. The second is the seeker’s copy — ***My Soul Liberation Journey*** — the personal record they will hold, with their PRE scores filled in, an EXIT column and a 90-DAY column blank for later, and a box at the bottom — headed ***A Note From Your Servant Leader*** — that you will hand-write yourself: ***Your ASK This Season.***

When the scoring is done, pray over the names. Ask Jesus to show you what He is already doing in each seeker before Session 2. The data is the map; prayer is what the map serves.

Writing the ASK by hand

In the seeker’s ***My Soul Liberation Journey***, name the one area of need that scored highest as the place to bring to Jesus in their Daily Rhythm. Write it in your own hand — short, warm, named. Something like:

An example pointer

Your highest area of need this season is Soul Purification. Bring that to Jesus in your Daily Rhythm — do not change the ask. Bring the same thing back, again, today, and let Him walk you further in. Praying for you this week. — [Leader]

Two minutes per seeker. Sealed into the first of two envelopes with the seeker's name on the outside. It holds the seeker's **My Soul Liberation Journey** with the PRE scores recorded and the ASK written in by hand.

The handover — end of Session 2

Session 2's teaching is *The Infection*. By the end of that session the seeker has fresh categories — they have heard what SSI is, and they are ready to see where it shows up in them. The envelope is handed to each seeker individually as they leave the room. Privacy is part of the moment: each seeker sees only their own, the other seekers do not see scores compared.

The envelope does pastoral work the leader does not have to do out loud. *This is precious. This is between you and Jesus.*

What the leader does with the group view across Sessions 3 through 6

The Four-Area data shapes the rest of the Circle. The locked teaching stays the locked teaching — what changes is emphasis and attention.

Session 3 (The Soul Liberator) introduces the Four Areas. Lead with the locked teaching, but let the group's profile dial the weight. If Soul Purification is heavy in the room, the SP framing gets more illustrative weight. If Release from Demonic Oppression scores cluster high, the introduction to that Area is delivered with calm confidence, not hedged.

Session 4 (The Encounter) is the most data-shaped session — this is where the four-area prayer ministry happens. Three things change with PRE in hand: time allocation across the Four Areas (where the group is heavy, give it more time); where your eyes go inside each Area (the high-load seekers in that Area get attentive listening and more space, without being singled out); and pre-conversations before the public moment for any seeker whose PRE flagged a special situation. Maximum physical need with zero faith Jesus will heal is never anointed publicly without a private conversation first.

Session 5 (The Conversation) walks Q1–Q7. Your antennae rise at Q3 (“How long have you been carrying this?”) and Q4 (“What have you already tried to fix this?”) when a high-load seeker answers. The data tells you whose answers to lean into.

Session 6 (Liberation) closes the Circle. The closing conversation with each seeker connects their EXIT scores back to their PRE map. *You came in carrying this. Jesus has been doing this. Watch for the pull when it returns — here.* Each seeker records their own EXIT scores in the EXIT column of their **My Soul Liberation Journey** before they walk out the Departure Gate. The Journey — now carrying both the PRE and EXIT records — is sealed into the second envelope and handed back as the seeker leaves.

What the seeker does with their personal record

The seeker carries **My Soul Liberation Journey** alongside the Daily Rhythm Card and the 5R Lifeline Card for the remaining sessions of the Circle and the ninety days that follow. The named Area in the ASK box is what they bring to Jesus each morning. The card teaches the rhythm — **ASK / RESPOND / RECEIVE**. The Journey tells them *what* to ASK. The two work together.

At 90-DAY, the seeker meets again with their local pastor. The pastor talks the ninety days through with the seeker, the seeker records their own 90-DAY scores on the same sheet, and

the pastor takes those scores down to submit to CHR — the data that helps CHR strengthen the rails. The seeker holds the entire arc of their journey on one page — three timepoints, five Areas.

Two copies, two purposes

The leader's retained copy stays with you — the group view, your pastoral notes, your prayer prompts. **The seeker's *My Soul Liberation Journey*** stays with them — their personal record, the handwritten ASK, the three-timepoint arc. The same data lives in both; the purposes are different.

The disciplines that hold throughout

Read, pray, then close the page. Carry the names in your heart; do not carry your retained copy into the Circle. The seeker is in front of you, not in the data.

Confidentiality is absolute. What one seeker wrote on PRE never enters another seeker's hearing. Even in pastoral conversation with co-workers, names stay general. The seeker holds their own record; you hold yours; no one else holds either.

Data is a hypothesis, not a verdict. The seeker's lived voice in the Circle will refine the picture. The lowest-load seeker on paper sometimes has the most going on beneath; the high-load seeker sometimes proves more grounded than the scores suggested.

High scores show where Jesus is about to move, not where someone has failed. The diagnostic principle that protects EXIT also protects PRE — these numbers point at rails, not at people.

Watch for the hidden ones. All-mid or all-low scores with body language that says otherwise. PRE is honest data, but honesty has limits this early.

Where a case exceeds you, stop and refer up. PRE may surface things — trauma, abuse history, severe oppression — that exceed what a Servant Leader can pastorally hold. Stop, refer up to the covering pastor. This is part of being supervised, not solo.

CHAPTER 3 The Growth Conversation

The numbers are now in front of you. This conversation is what you do with them. It is not a performance review. It is three things at once: a mirror held up to show the seeker what Jesus did, a map to their next step, and a commission into usefulness. Hold it at EXIT. The seeker's local pastor holds it again at the 90-day check-in, carrying the work from there.

The three indices are one current

They are not three separate gauges. They are one current flowing in one direction. **Encounter (EI)** is the root — the living sense of Jesus' presence and voice. **Likeness (LG)** is the fruit — encounter made visible as changed character. **Community Attachment (CA)** is the harvest — likeness flowing outward into church, service, and mission. Encounter produces likeness; likeness flows into mission. CA is not the last box to tick — it is the goal. Usefulness to Jesus is the fruit the whole journey is built to produce.

Three jobs: Mirror · Map · Commission

MIRROR — show them what Jesus did. Lead with what Jesus did, never the bare number. On the Encounter Foundation (F1–F3) — the one measure scored against the same words at every timepoint — the before-and-after movement is itself the testimony. On the four areas, name the need the seeker brought and how fully Jesus met it — “You came carrying this; look how far He has brought it” — never a subtraction of one score from another. Frame everything as His work: “Look what Jesus did in you,” never “here is your score.” Read the seeker’s written answers back to them — the ones they gave in their own words, not the 0–10 scores. Their words move them more than any number.

MAP — name the one target. Find the lagging index; that is the next place of growth. EI low → return to the daily rhythm — ASK / RESPOND / RECEIVE; nothing downstream sustains without the root. LG trailing EI → the encounter has not yet become fruit; ask Jesus to change one specific pattern. CA trailing LG → transformed, but not yet flowing outward; a church home and one act of service. Give one target, not five — one step they can actually take this week.

COMMISSION — send them into usefulness. Use the seeker’s own transformation as the evidence of their calling. The area where the need ran deepest and Jesus met it most fully often points to the area of greatest usefulness: “You came carrying deep unforgiveness, and Jesus has brought you into real freedom there — that is not only your healing. That may be exactly where He wants to use you to set others free.” Healed wounds become ministry (2 Corinthians 1:4). Name it out loud — most seekers will not see their own calling until someone who watched Jesus work in them says it.

Spotting the next leader

Watch for the seeker with strong EI, rising LG, and CA already moving outward — attending, serving, hungry to give away what they received. That seeker is the raw material for the next Circle leader. Across a whole Circle, the indices are how you see whom Jesus is raising up to carry the model to the next village — every people, tongue, tribe, and nation. When you see it, name it, and point them to the Practitioner Pathway. The harvest of one Circle is the leaders of the next.

The conversation, step by step

1. **Open in prayer.** “Jesus, show us what You have done.”
2. **Mirror.** Walk what Jesus did, area by area, in His-work language. Read their own words back.
3. **Celebrate.** Name specifically what Jesus did. Let them feel it before moving on.
4. **Map.** Name the one target. Hand them the next step — daily rhythm, a pattern to bring, a church or service step.
5. **Commission.** Name where their transformation points them in usefulness and mission.
6. **Pray to send.** Lay hands if appropriate. “Jesus, send them.”

Leader’s private record (*Field Manual — not the seeker’s form*)

The one target named: _____

The commission spoken: _____
Ready for the Practitioner Pathway? Yes / Not yet / Watching

— END OF SECTION 4 —

Next: Section 5 — Train the Trainer (the three-Circle mentoring pathway that turns a seeker Jesus raised up into the leader of the next Circle).

Build better rails to the trustworthy Engine — Jesus.

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FIELD MANUAL · SECTION 5

Train the Trainer

From Practitioner to Multiplier

Purpose · Walk the full Practitioner Pathway from formation through certification through multiplication, so that every certified practitioner knows how to mentor the next one and the chain does not stop at any one of us.

Audience · Anyone preparing to walk one of the two tracks, anyone preparing to mentor a trainee, and anyone responsible for issuing certification at Coastal Hope Retreat (CHR).

Read time · About 45 minutes for the full section.

Companion videos · SLT V11 — Scaling the Model · SLT V1 — Why This Model Exists
· SLT V6 — Leading Small Groups

Scripture anchors · 2 Timothy 2:2 · Matthew 28:18–20 · Habakkuk 2:14 · Acts 1:8

How to use this section · Read all four parts in order at least once. Then return to specific parts as your work calls for them. Part A is the architecture — the two tracks and what each requires. Part B is the heart of mentorship — the Three-Circle Mentoring Pathway walked one Circle at a time. Part C is discernment — who to invite into the pathway and who to slow down with. Part D is the long view — what faithful rail-building looks like over a decade. The Multiplier's Checklist and Appendix A are operational tools to keep beside the chair while you mentor.

Contents

Part A — The Practitioner Pathway (Two Tracks, One Certification)

Part B — The Three-Circle Mentoring Pathway

Part C — Who to Train

Part D — Multiplication Vision

Multiplier's Checklist · Appendix A — Video / Field Manual Cross-Reference

PART A

The Practitioner Pathway

Two Tracks. One Certification.

PART A · CHAPTER 1

Why Two Tracks

A practitioner is someone who does the work — sits with seekers, leads a Circle, walks the prayer ministry beats faithfully, measures whether Jesus moved, attends to the Daily Rhythm in their own life as the first rail. A multiplier is someone who trains other practitioners. The earth filled with the knowledge of the glory of the Lord, as Habakkuk 2:14 promises, is not accomplished by one excellent practitioner. It is accomplished by hundreds — every one of them once a beginner, every one of them trained by someone who had gone before.

The Practitioner Pathway is how that succession happens within the Soul Liberation Model. It exists because two kinds of people find their way to wanting to lead a Circle, and both are doors the Father opens.

THE PASTOR OR SERVANT LEADER WHO CAME TO TUBURAN

Track 1 is for pastors and servant leaders who attended the CHR Pastors and Servant Leaders Retreat. They arrived already shaped by years of ministry — preaching, teaching, pastoral care, the steady weight of leading alongside others in the local body. The retreat gave them two things they did not have before: experiential Seeker Formation in the Monday-night encounter and the personal ministry blocks, and Leader Formation woven through the nine sessions across three days. They left with a Commitment Card signed, a path home in mind, and a circle of seekers waiting to be identified.

THE SEEKER WHO WALKED THE SIX WEEKS

Track 2 is for seekers who walked the six-week Soul Liberation Circle as a seeker, sustained the Daily Rhythm, and felt something stir at the 90-day check-in — a sense that what Jesus did in them was being entrusted to them for others. They had no prior leader formation in this model. They have, instead, six weeks of being on the receiving end of it. That is a different shape of preparation, and it needs a different on-ramp.

TWO TRACKS, ONE IDENTITY

The locked principle · Certification is the same on both tracks. The standard does not bend. A pastor or servant leader who finishes Track 1 and a seeker who finishes Track 2 are

equally Certified Practitioners. The on-ramp differs. The destination does not.

This matters because both tracks will, in time, multiply. A Track 1 pastor or servant leader will run circles in their church and, eventually, mentor a seeker from one of those circles forward into Track 2. A Track 2 practitioner will, in time, run circles in their own community and mentor the next seeker who feels the stirring. The model is one. The doors are two. The fruit is generational.

A note on terms · Track 1 moves in **steps**; Track 2 moves in **phases**. The words differ because the shapes differ. Track 1 is a sequence of discrete, bounded events — attend, run one, submit, debrief. Track 2 is a sequence of developmental seasons with internal structure — formation, discernment, preparation, mentoring, certification. Both pathways end at the same certification; the shape of motion between them is not the same.

Track 1 — The Retreat Pathway

TRACK 1 · FOR PASTORS AND SERVANT LEADERS

Attend · Run One · Submit · Debrief

Track 1 is the CHR Practitioner Pathway as it has been preached, exemplified, and taught at the retreat itself. Four steps. Open-ended timeline. The path waits for those who are not yet ready to begin. The path receives those who are.

“And what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also.” — 2 Timothy 2:2

STEP 1 · ATTEND

Stand in the foundation. Attend a CHR Pastors and Servant Leaders Retreat in Tuburan. Three days of nine sessions — intensive teaching, two evenings of personal experiential ministry, and the corporate Monday-night encounter. This is where the Engine and the rails were first laid in you. This is where you stopped trying to be Jesus' replacement and started being a faithful rail-builder for the One who actually heals souls.

If you are reading this, Step 1 is most likely complete.

STEP 2 · RUN ONE GROUP

Run one Soul Liberation Circle in your own church. Five to eight seekers. Six weekly sessions across six weeks. Use the Workbook, the Field Manual Section 2 session walkthroughs, and the full card set as your rails. Identify your seekers prayerfully. Begin when you are ready — three months, six months, twelve. The pathway waits.

Consolidate the model as you run it. Step 2 is not a vacuum between the retreat and certification — it is the period in which your leader formation deepens by being put into practice. Each week of the Circle, watch one SLT video paired with the corresponding Field Manual material (see Appendix A). The video deepens what the retreat planted; the Field Manual session you are about to lead applies it. Keep the Workbook open beside the Field Manual as you prepare each session — it is what your seekers will hold in their hands, and preparing from their page keeps your week and theirs

	on the same rail. See it from the seeker's chair. The Self-Guided Companion — the seeker's nine-week, solo form of this model — is free on the Coastal Hope Retreat website. You attended the retreat, so you do not need it to be formed; but many Track 1 leaders find it worth reading through, or walking week by week, to see the sessions, the seven questions, and the prayer ministry from the seeker's side of the room. It sharpens how you lead. It is also the resource to put in the hands of a seeker who cannot yet join a Circle — a way to begin the journey until a Circle is within reach. Reach out when you need help. Pastor Rio and Pastor Frank are available for video call by emailed appointment request. If something surfaces in a session that exceeds what you know what to do with, email Rio@h4kz.org to schedule a call. The pathway is supervised, not solo.
STEP 3 · SUBMIT	Submit measurement data and a narrative report to CHR by email. The measurement is the three indices applied at the three timepoints — PRE at Session 1, EXIT at Session 6, and 90-DAY at three months out. The narrative report is a short written account: who the seekers were, what Jesus did, where the rails held, where the rails were thin, what you would do differently next time. Email to: Rio@h4kz.org <i>The measurement is not a test of you. Low scores are a rail problem, not a people problem — and that diagnostic principle applies to a first-time practitioner exactly as much as it does to a veteran. The data is for CHR to learn from and for you to grow from. Honest reporting is the only kind of reporting that helps either of us.</i>

STEP 4 · DEBRIEF

Debrief by video call with Pastor Rio or Pastor Frank. A one-hour conversation reviewing the measurement data and the narrative report together. We walk what happened, surface the lessons, name the next rail to strengthen. You leave the call with the next chapter clearer in front of you.

Certification is issued on completion of the debrief. You are now a Certified Practitioner of the Soul Liberation Model. You may run circles in your church, in your region, in your sphere — using the locked materials, in the voice of the model, with the accountability of CHR available to you for the long run.

What Track 1 is not · Track 1 is not a license to invent your own version of the model. The locked terminology, the seven questions, the Five-Step Journey, the four-area prayer framework, the Departure Gate Rule — these are not stylistic preferences. They are the rails. Certification means you have proved you can lay them faithfully. It does not mean you can replace them.

Track 2 — The Seeker Pathway

TRACK 2 · FOR CIRCLE-FORMED SEEKERS

Formed · Discerned · Prepared · Mentored · Certified

Track 2 is for those who first met the model from the inside — as a seeker in a Circle, walking the six sessions, receiving the prayer ministry, finding Jesus where willpower and intelligence could not reach. Some of those seekers will, in time, feel a stirring that is not their idea: a sense that what they walked through is being entrusted to them for others. Track 2 is the path the Father has provided for that calling to be tested and formed.

Track 2 has five phases. They unfold over roughly two to three years from the end of a seeker's own Circle. The pace is not the point. Faithfulness over a long arc is.

**PHASE 1 ·
SEEKER
FORMATION**

Walk the six-week Soul Liberation Circle as a seeker. Five to eight seekers. Six weekly sessions. The Workbook in hand. The Daily Rhythm Card and 5R Lifeline Card received at Session 1 and sustained from there forward. The 90-day check-in scheduled before walking out of Session 6.

There is no recruitment in this phase. The seeker is a seeker. The leader does not watch for potential. The seeker focuses on what Jesus is doing in them, not on what they might one day do for others. Recruitment in the room corrupts the room.

**PHASE 2 ·
DISCERNMENT**

The 90-day check-in is the discernment hinge. By ninety days past Session 6, the rhythm has either taken root in the seeker or it has not. Among those whose fruit is sustained, the practitioner who led the Circle asks two pastoral questions:

“Has Jesus been showing you anyone He wants you to bring to Him?”

“Is there any stirring in you to walk with others through what you walked through?”

If the seeker names a stirring, name it back as a possible call to discern. Do not pressure. Do not credential. Do not rush. Pray over them and ask them to bring the question to Jesus for another thirty days. If the stirring is from the Father, it will return clearer. If it

was a moment's response to gratitude, it will quietly resolve.

If the stirring is still present after that, the seeker enters Phase 3.

PHASE 3 · PREPARATION

Preparation — becoming a leader-in-information. Approximately nine weeks — the natural pace of the Self-Guided Companion, with the SLT video series paired alongside. Three streams in parallel, with the practitioner-mentor (most often the leader of the seeker's original Circle) checking in every two weeks.

- **Walk the Self-Guided Companion (now with a leader's eye)** — the seeker-facing solo form of the same model you received in your own Circle. Where your Circle ran six weeks led by a practitioner, the Companion walks the same journey over nine weeks for a seeker on their own — so most trainees meet it here for the first time. Walking it now lets you see the model whole, and from the seeker's side. As you go, ask: what was the practitioner doing in my Circle when this question surfaced? Why did Movement 0 sound the way it did? What is the leader's craft underneath the seeker's experience?

- **Watch SLT V1–V11 in order**, cross-referenced with the Field Manual using Appendix A. The Companion names its own video pairings as you walk it week by week; Appendix A maps those same videos to the Circle sessions you will later lead — follow the Companion's pairings while you are walking the Companion. Take notes. Bring questions to your mentor check-ins.

- **Read Field Manual Section 1 (Model Overview) cover to cover.** The terminology, the theology, the Engine/Rails frame, the locked principles. Keep the Workbook within reach as you read — walk its pages now with a leader's eye, knowing it is the seeker's companion you will later place in their hands. By the end of Preparation you should be able to explain the model to a curious pastor in your own words without slipping out of the locked vocabulary.

Preparation ends when the mentor agrees the trainee is ready to step into a Circle as an active assistant.

PHASE 4 · MENTORING

Enter the Three-Circle Mentoring Pathway under a certified practitioner. This is the heart of Track 2. The full pathway is walked in Part B. In summary:

- **Circle 1 — ASSIST WITH REAL ASSIGNMENTS.** The trainee and mentor walk each session's script together before it happens,

	deciding what the trainee will lead this week and what the mentor will hold. The shape is set by the trainee's growing readiness, not by a fixed calendar. The mentor remains actively present throughout every prayer ministry block, ready to step in. The trainee's own seeker Circle already served as their observation. • Circle 2 — LEAD WITH MENTOR PRESENT. The trainee leads a full Circle from Session 1 through Session 6 with the mentor in the room as silent backup. The mentor steps in only if asked or if a pastoral safety boundary is crossed. • Circle 3 — LEAD INDEPENDENTLY. The trainee leads a Circle alone, with the mentor available by phone. Exit requires both running independently AND beginning to identify the next Circle 1 candidate — multiplication is the standard, not certification.
PHASE 5 · CERTIFICATION	Submit measurement and narrative reports from the independently-led Circle. Debrief with Pastor Rio or Pastor Frank. Same final two steps as Track 1. Certification is issued on completion of the debrief. You are now a Certified Practitioner — formed from inside the model, mentored through a long arc, ready to lead Circles in your sphere and ready, when the Father opens the door, to mentor the next seeker forward.

Where the Tracks Converge

Both tracks end at the same threshold: a Certified Practitioner who can lead Circles faithfully in the voice of the model, under the supervision of CHR, with the long-term accountability of a community that has gone before. The certificate looks the same. The standard is the same. The identity is the same.

What differs is the shape each practitioner brings to the work. A Track 1 pastor or servant leader brings years of ministry experience and theological depth — and the discipline of having submitted that breadth to the locked terminology of this model. A Track 2 practitioner brings the seeker's memory of having been ministered to by Jesus through these exact movements, in this exact room, at this exact pace — and the discipline of having submitted that memory to the leader's craft. The Father uses both. Neither is more, neither less.

AFTER CERTIFICATION

Once certified, a practitioner enters the long fruitfulness of running Circles. The pace is the pace of their sphere — one Circle per year, two per year, more as the rails allow. The faithful run of the first Circle becomes the first of many. The Daily Rhythm in the practitioner's own life remains the first rail of the work. The 90-day measurement remains the honest diagnostic. The Departure Gate Rule remains non-negotiable. The locked terminology remains locked.

And in time, every certified practitioner will face the question that began this section: who is the next person the Father is bringing forward? Almost always, the answer comes through Track 2 — a seeker who walked one of their own Circles, who sustained the rhythm, who felt the stirring at the 90-day check-in. The mentor begins the conversation. The pathway continues. The earth is filled, one rail-builder at a time, with the knowledge of the glory of the Lord.

The full pathway in one sentence · A Practitioner is a faithful rail-builder, formed by one of two doors but standing on the same foundation, certified to run Circles in their sphere and entrusted, in time, to bring the next person through the door behind them.

Starting Where No Circle Has Run

The Founding Practitioner On-Ramp

For the territory where neither Track 1 nor Track 2 can yet begin

The problem the two tracks do not solve · Track 1 forms a pastor or servant leader at the retreat in Tuburan. Track 2 mentors a seeker under a practitioner who has already been certified. Both presuppose what a brand-new territory does not have: a retreat within reach, or a certified practitioner in the room. This chapter is for the place where no Circle has ever met and no leader has ever been formed — where the work must begin from nothing.

The founding practitioner

A founding practitioner is the first person to carry the Soul Liberation Model into a territory where it has never run. They cannot be mentored locally, because there is no local mentor. They cannot draw on a Circle they once sat in, because no Circle has yet met. What forms them instead is the same material a mentor would have walked them through, carried alone but not unaccompanied. Self-formation stands in for the retreat. Remote review stands in for the mentor in the room. A local pastor's covering stands in for the community that has not yet gathered. None of the three is optional, and together they are enough to begin.

The route is already written

The founding practitioner does not invent a path. Three movements lead to the first certification:

The Walk. Form yourself first. Complete the Self-Guided Companion, keeping the Daily Rhythm — ASK / RESPOND / RECEIVE — five minutes a day. The Companion walks you through the model as a seeker and names the videos that pair with each week — the nine seeker-facing videos; it sets aside V4 and V6, which are leader formation. Because you are forming as a leader, watch V4 — Servant Leaders Guide and V6 — Leading Small Groups as well, so you have seen all eleven before you lead. You cannot give what Jesus has not first done in you.

The Study. Read the Field Manual end to end, and read the Workbook alongside it — the Field Manual forms you; the Workbook is what your seekers will hold, and you cannot prepare a session well without knowing the page in front of them. Prepare a real Circle with real people on a real date — five to eight hungry seekers — and secure your pastor's written covering before you launch.

The First Circle. Run the six sessions. The card set is distributed in Session 1, and the Departure Gate Rule is applied at Session 6. Administer the PRE, EXIT, and 90-day measurement. A CHR reviewer watches one recorded session and debriefs you by video. When the rails held and Jesus moved, you are certified as a Practitioner of the Soul Liberation Model.

What stands in for the mentor

A pastor who knows you. Your own pastor signs a Pastoral Attestation before you begin and a Pastoral Covering Letter before your first Circle — committing to sit in on at least one session and to receive whatever surfaces that exceeds you. No video course substitutes for a pastor who knows you.

Remote access to CHR. A reviewer is assigned to you. You are remote, not alone: you submit your formation work, one recorded session, and your measurement data, and you debrief by video. This is what “no access to CHR” must never mean — the founding practitioner always has remote access to CHR, even where there is no one local.

A line for the hard moments. CHR holds a 24-hour line for Release from Demonic Oppression situations and serious trauma that surface inside a Circle.

The one thing you may never do alone · Session 4 — the blindfold encounter, where Release from Demonic Oppression is led — is never run alone. The Field Manual is plain: without a co-leader holding silent presence, this session is not safe to run. A founding practitioner may *form* alone, but must recruit a trusted co-leader before Session 4. Release from Demonic Oppression is command, not combat — led calmly in Jesus’ name, a defeated enemy enforced, never theatrical and never attempted solo. Where a case exceeds you, stop and refer up: to your pastor, and to CHR. This holds for every practitioner, and doubly for the first one in a new place.

How the chain starts

The founding practitioner is generation one. The moment they are certified, the territory has the one thing it lacked: a mentor. The seekers in that first Circle who feel the stirring at the 90-day check-in can now walk Track 2 under the very person who led them. Generation one is founded remotely; generation two is mentored locally; and from there the ordinary tracks carry the work forward. You are not building a program. You are laying the first rail where there were none.

Honest about the calendar · The materials are always available — free to download from the CoastalHopeRetreat.org website. The Walk — the nine-week Companion plus the two leader videos — runs about ten to twelve weeks, the Study roughly a month, the First Circle six weeks plus a ninety-day window. Plan for the first practitioner in a new territory to be certified months after launch. Rushing formation exports words; it does not form presence.

Build better rails to the trustworthy Engine — Jesus.

PART B

The Three-Circle Mentoring Pathway

Assist with Real Assignments · Lead with Mentor Present · Lead Independently

Part B walks the Three-Circle Mentoring Pathway one Circle at a time. This is the heart of Track 2 — the relational, supervised journey through which a prepared trainee becomes a Certified Practitioner. It is also the structure a certified practitioner uses any time they take on a new trainee, regardless of how that trainee was first formed.

Each is one full six-week Circle. Three Circles total — the trainee's own seeker Circle already served as their observation. Across roughly two years of real-world pacing — sometimes faster, sometimes slower. The pace is governed by readiness, not by calendar. A trainee who is not ready at a Circle Exit does not move forward. A trainee who is ready does not need to wait.

Each Circle description below has three parts: What Happens (the trainee's experience), Trainer's Role (the mentor's posture and tasks), and Circle Exit (the criteria for moving forward). The criteria are not opinions; they are testable. The trainer can ask: has this happened? If yes — move forward. If no — another Circle at this point.

PART B · CIRCLE 1

Assist with Real Assignments

Duration: One full Circle (six weeks). The trainee and mentor plan each session collaboratively. Hand-offs grow as readiness grows.

WHAT HAPPENS

The trainee and mentor walk each session together before it happens. They open the session script, talk through what is coming, and decide together what the trainee will lead this week and what the mentor will hold. Some weeks the trainee takes one piece; some weeks they take three. The shape is set by the trainee's growing readiness, not by a calendar.

This collaborative planning extends to the prayer ministry blocks. The trainee progressively takes pieces from any of the Four Areas as their readiness grows, with the mentor confirming each handover.

The mentor remains actively present throughout every prayer ministry block in Circle 1. Not silent backup, but hands available, ready to step in regardless of area. *Stop and refer up* applies uniformly when anything exceeds the trainee — true for all Four Areas, not specially one.

TRAINER'S ROLE

Plan each session with the trainee, not for them. Sit down together before each session — even briefly — and walk the script. Ask what the trainee feels ready to take. Ask where they would like the mentor's hand to stay. Decide together.

Be honest about the rails. If a piece the trainee is eager to lead is one they are not yet ready for, name it gently and offer a smaller step instead. Eagerness without readiness damages the trainee more than waiting does.

Watch what the trainee does and how they hold the room. Watch their voice. Watch the seekers' faces. Watch where the trainee rushed and where they stayed. The rails are taught by repetition; the pastoral feel is taught by feedback.

Debrief warmly and specifically. Three things landed: name them. Two things to grow: name them. One thing to try next week: name it. Vague encouragement does not form a practitioner. Specific naming does.

CIRCLE EXIT

At the close of Session 6, the trainee assesses honestly: Am I ready to lead a full Circle from Session 1 to Session 6 with the mentor as silent backup? Or do I want another Circle 1, with a wider hand-off, to consolidate?

Both answers are faithful. A trainee who senses they are not yet ready and asks for another Circle 1 is showing exactly the self-awareness this pathway is forming. A trainee who is ready and moves forward is showing the same.

The mentor confirms or qualifies the trainee's read. Where the trainee is more confident than the readiness warrants, the mentor names that gently. Where the trainee is more cautious than the readiness warrants, the mentor names that too. Discernment is shared.

Move to Circle 2 when both agree. Run another Circle 1 if either still hesitates.

PART B · CIRCLE 2

Lead with Mentor Present

Duration: One full Circle (six weeks). Trainee leads everything. Mentor in the room as silent backup.

WHAT HAPPENS	The trainee leads the entire Circle from Session 1 through Session 6. Movement 0 through Movement 5. The teaching segments. The Q1–Q7 facilitation. The prayer ministry blocks. The Departure Gate Rule at Session 6. All of it. The mentor is in the room as silent backup. Visible. Available. Not leading any segment. Not jumping in. Not making faces from the back row. The trainee leads. The mentor is the safety net, not the second leader. The trainee will make mistakes. A Movement will run long. A question will be missed. A seeker will be heard differently than they meant to be heard. Most of these mistakes will resolve themselves or become teaching moments in the debrief. The trainee learns more from the recovery than from the prevention.
TRAINER'S ROLE	Be present. Stay quiet unless asked. The mentor's presence is the safety. The mentor's silence is the trust. Both matter. A mentor who fidgets or interrupts in Circle 2 sabotages the formation the Circle exists to produce. Take notes for debrief. What worked, what to grow, what landed differently than the trainee intended. Notes are a kindness; memory is not enough. Step in only if a pastoral safety boundary is crossed. Active suicidal ideation in a seeker disclosure. An unsafe physical or relational situation surfaced. A clearly demonic manifestation the trainee does not yet know how to handle. These are the only mentor-intervention moments in Circle 2. Everything else — awkward pauses, missed cues, slight pacing problems — the trainee handles, and learns from in the debrief. Debrief after each session, warmly and honestly. The trainee is doing the hardest version of the work yet. Receive their honest self-assessment. Add what they did not see. Name the next rail.
CIRCLE EXIT	Trainee has led a full Circle from Session 1 through Session 6

with the mentor in the room.

Mentor confirms the trainee can hold all six sessions without coaching, including prayer ministry blocks. The prayer ministry threshold is critical. A trainee who can hold the prayer ministry in all Four Areas — Inner Healing, Soul Purification, Physical Healing, and Release from Demonic Oppression — without the mentor's intervention is ready for Circle 3. A trainee who still needs the mentor in any of the four is not yet ready. A further Circle at this point.

Trainee has identified their first potential Circle 1 candidate. A faint signal. They are beginning to think like a multiplier even before they finish becoming a practitioner. Move to Circle 3.

PART B · CIRCLE 3

Lead Independently

Duration: One full Circle (six weeks). Trainee leads alone. Mentor available by phone, not in the room.

WHAT HAPPENS

The trainee leads a Circle alone. The mentor is not in the room. The trainee identifies the seekers, runs the six sessions, holds the prayer ministry, administers the PRE / EXIT / 90-DAY measurement, applies the Departure Gate Rule at Session 6. All of it. On their own.

“Alone” means without the mentor — not without a Session 4 co-leader. The blindfold encounter, where Release from Demonic Oppression is led, is never run solo; the Field Manual requires a co-leader of silent presence at Session 4. In Circles 1 and 2 the mentor in the room held that role. For this independent Circle the trainee recruits their own trusted co-leader for Session 4 — just as a founding practitioner must — even though the mentor is now only a phone call away.

The mentor is available by phone between sessions. Not as backup leader, but as consultant for what surfaces between sessions. “This came up in Session 3, I am not sure I read it right.” “Seeker X is wrestling with this; how would you approach it?” The phone call is the rail; the mentor is not the rescuer.

The trainee runs the full measurement administration. PRE at Session 1, EXIT at Session 6, 90-DAY at three months. The trainee learns to read their own data, to identify which rail was thin, to write the narrative report. This is part of becoming a practitioner, not a separate skill.

TRAINER'S ROLE

Available by phone. Not in the room. Resist the urge to attend even one session. The trainee's authority is established by your absence, not by your presence.

Read the trainee's session-by-session notes. The trainee sends notes within 24 hours of each session — what happened, what they did, what they would do differently. The mentor reads them. Replies briefly if something needs naming. Stays out of the room.

Check in weekly, briefly. A 15-minute phone call between sessions. “How is the rhythm? How are the seekers? What rail are

	you noticing?” Short. Honest. Pastoral. Prepare the trainee for certification. Toward the end of Circle 3 — around Session 5 of the independent Circle — begin the conversation about the measurement submission and the CHR debrief. The trainee will email Rio@h4kz.org to schedule the debrief with Pastor Rio or Pastor Frank. The mentor coaches the submission, not the substance.
CIRCLE EXIT	The locked principle • Both conditions matter. Circle 3 is complete only when the trainee has run a Circle independently AND has begun identifying their next Circle 1 candidate. Multiplication is the standard, not certification. A trainee who can run a Circle alone but has not begun looking for the next person to bring forward is not yet a multiplier — they are an independent practitioner who stops the chain. The chain does not stop at any one of us. Once both conditions are met, the trainee submits measurement + narrative report to CHR and books the certification debrief. Certification is issued on completion of the debrief. The trainee is now a Certified Practitioner. The mentor's work, in this trainee's life, is essentially complete — although the relationship continues for many years as peer and counsel.

PART C

Who to Train

Discernment over Filter

The single most important variable in the long-term fruitfulness of the Practitioner Pathway is not curriculum, calendar, or even mentor skill. It is who is invited into the pathway in the first place. The wrong trainee will struggle through Circles 1–3 and certify into a long career of thin rails. The right trainee will walk the same three Circles and certify into a long career of faithful multiplication. Both will take the same two years. The fruit could not be more different.

Discernment is the work, not filtering. The Father knows whom He is calling. The mentor's job is to receive who He sends and to walk faithfully with them — sometimes inviting forward, sometimes slowing down, sometimes naming a delay so the trainee can resolve a season of life before stepping in.

THE LOCKED PRINCIPLE

Hunger over polish. The trainee with appetite and humility will surpass the trainee with talent and ego in every dimension that matters in this work. We are forming faithful rail-builders, not gifted performers. Choose hunger. Receive humility. Slow down with polish that is not yet broken to the locked terminology.

LOOK FOR

These are not test items to check off. They are pastoral observations that, taken together, suggest the Father is calling someone forward.

- **Sustained Daily Rhythm over at least ninety days.** Not three weeks of enthusiasm. Ninety days of faithful, often unspectacular, daily prayer in the ASK / RESPOND / RECEIVE pattern. The rhythm in their own life is the first rail they will lay in others.
- **A clear stirring without external pressure.** On Track 1, the Commitment Card signed without social pressure at the retreat. On Track 2, the stirring named at the 90-day check-in and still present. The Father's call clarifies; it does not pressure.
- **Willingness to receive correction without defensiveness.** A trainee who hears “That could have been held differently” and asks “How?” will become a faithful practitioner. A trainee who hears the same words and reaches for justification will not.
- **A heart for seekers, not for credentials.** Watch what they talk about. Do they describe seekers by name and story, or describe themselves by progress and milestone? Both will appear in healthy trainees, but the order matters.

- **Honesty about their own weakness.** A trainee who can name where they are still wrestling with their own Daily Rhythm, their own woundedness, their own pride — in conversation with their mentor — is sturdier than one who presents themselves as finished.
- **Connected to a local church community.** They have a pastor. They have brothers and sisters. They are not isolated. The Soul Liberation Model is a community-of-the-Body model; it is not a solo enterprise. A trainee who is church-disconnected will reproduce church-disconnection in the seekers they minister to.
- **Their own pastor or supervisor is supportive of their entering the pathway.** For Track 1, this is by definition. For Track 2, this is a conversation the trainee initiates with their pastor before Phase 3. The pathway should never put a trainee in submerged conflict with their own ecclesial authority.

BE CAUTIOUS ABOUT

These are also pastoral observations, not disqualifications. Some of them mean “not now,” not “not ever.” The conversation is honest, prayed-through, and patient.

- **Someone who sees this as a credential to add.** Resume thinking corrupts pastoral work. If the conversation about the pathway frequently turns to titles, recognition, or position, slow down. Ask Jesus to clarify the trainee's motive before walking further.

- **Someone whose Daily Rhythm broke down within thirty days and has not been restored.** The rhythm is the foundational rail. A trainee who cannot keep the rhythm in their own life will not be able to teach it to others with integrity. Another ninety days of rhythm-rebuilding before the conversation continues.

- **Someone with unresolved disputes in their own church history.** Wounded pastors and bruised lay leaders sometimes reach for this model as a fresh start. The model can be part of their healing. The pathway is not a substitute for it. Slow the pathway down; speed the pastoral care up.

- **Someone whose household is in active crisis.** A marriage on the edge. A child in serious trouble. A health emergency. Delay. Receive the crisis pastorally first. The pathway will be there when the household is stable again. “Not now” is faithfulness, not rejection.

- **Someone who treats the locked terminology as suggestion rather than rail.** A trainee who keeps drifting back to “Soul Restoration” or “deliverance” or “let Jesus” after multiple gentle corrections is signaling something deeper than vocabulary. They want to lead a different model. Receive that honestly. Either the locked terminology becomes precious to them, or this is not their pathway.

- **Someone whose stirring came from a single emotional moment that has not stabilized.** The Holy Spirit speaks in moments. He also clarifies over time. A stirring named at a retreat altar that does not survive ninety days of ordinary life was a moment of response, not a call. Receive their honesty. Wait.

On the unlikely candidate • Sometimes the candidate the Father is calling looks unlikely — quieter, less polished, less visible in your church. Watch for them. They are often the ones who watched a full Circle from inside without ever drawing attention to themselves, and at the 90-day check-in surface a stirring that has been with them since Session 3. The Father chooses the unlikely on purpose. So that the boasting goes to Him.

PART D

Multiplication Vision

Every people, tongue, tribe, and nation

“For the earth will be filled with the knowledge of the glory of the Lord, as the waters cover the sea.” — Habakkuk 2:14

Habakkuk 2:14 is not poetry. It is a measurable promise. The earth filled. The knowledge of the glory of the Lord. As the waters cover the sea — totally, indiscriminately, every people and tongue and tribe and nation. This is what the Father is doing. The Practitioner Pathway is one of the ways He is doing it in our generation.

Multiplication, in this pathway, is not a metaphor. It is the mathematical pattern that follows from every certified practitioner taking one trainee seriously over the long arc. Each practitioner becomes a mentor. Each mentor produces certified practitioners. Each new practitioner becomes a mentor in turn. The numbers are illustrative — they are not promises and they are not predictions — but they show what is possible when the chain does not stop.

YEAR BY YEAR

YEAR 1	One Circle	One certified practitioner runs their first Soul Liberation Circle. Six seekers ministered to.
YEAR 2	Two Circles	Practitioner runs a second Circle. Identifies first Circle 1 candidate from Year 1's Circle. Twelve seekers ministered to by Year 2.
YEAR 3	First trainee enters Preparation	First trainee begins the nine-week preparation. Practitioner continues running Circles. Eighteen seekers in three years.
YEAR 4	First trainee in Circle 2	Trainee leads a Circle with mentor present. Practitioner continues. Twenty-four seekers in four years.
YEAR 5	First trainee certified	Two certified practitioners. Thirty seekers in five years total. The first multiplication has happened.
YEAR 10	Compounding	If each certified practitioner takes one trainee seriously per cycle, the chain produces forty practitioners. Thousands of seekers ministered to across the network.

These numbers are illustrative, not predictive. They show what is possible when one faithful practitioner takes one trainee seriously over one decade. The Father will scale where the rails

are faithful. He will pause where the rails are thin. He may exceed these numbers in some lineages and trail them in others. The point is not the numbers.

The point is the pattern: every certified practitioner becomes a mentor. Every mentor produces certified practitioners. Every new practitioner produces practitioners. The chain does not stop at any one of us.

EVERY PEOPLE, TONGUE, TRIBE, AND NATION

The Missio Dei thread runs through the entire model. The Father's mission is not regional. It is not denominational. It is not generational. It is universal. Every people group. Every language. Every tribe. Every nation. The Practitioner Pathway is built to multiply across all of them — because faithful rails laid in one community are rails that can be laid in any community by anyone the Father raises up there.

Cebuano-speaking pastors in the central Visayas. Tagalog-speaking pastors in Luzon. Pastors in island communities the road does not reach. Pastors in cities far from the sea. Pastors in nations none of us have visited yet. The pathway is for all of them. The materials will be translated. The voice will be honored. The Engine remains the same Jesus.

The multiplication promise · You are not building a program. You are laying rails. And rails laid faithfully, one Circle at a time, are how Jesus fills the earth with the knowledge of His glory — through every people, tongue, tribe, and nation.

Build better rails to the trustworthy Engine — Jesus.

MULTIPLIER'S CHECKLIST

One-Page Operational Reference

For a practitioner mentoring a trainee through Track 2

Keep this page beside your chair while you mentor. Check items as they are completed. Move to the next Circle only when all items in the current Circle are checked.

BEFORE CIRCLE 1

- ☐ Mentor confirmed Preparation complete (Companion + SLT V1–V11 + Section 1 read)
- ☐ Trainee's Daily Rhythm sustained for at least 90 days
- ☐ Trainee's local pastor briefed and supportive
- ☐ Mentor and trainee have a scheduled bi-weekly check-in
- ☐ Trainee has read Field Manual Sections 1 and 2 (Sessions 1–6)
- ☐ Trainee has reviewed the Workbook for Sessions 1–6 as the seeker will receive it

CIRCLE 1 — ASSIST WITH REAL ASSIGNMENTS

- ☐ Mentor and trainee planned each session collaboratively — walking the script together before each Circle
- ☐ Hand-offs each week chosen by joint discernment, not by a fixed calendar
- ☐ Mentor remained actively present throughout every prayer ministry block, ready to step in
- ☐ Trainee progressively took prayer ministry pieces across the Four Areas as readiness grew
- ☐ At end of Session 6: trainee self-assessed readiness for Circle 2
- ☐ Mentor and trainee agreed on the next step — Circle 2, or another Circle 1

CIRCLE 2 — LEAD WITH MENTOR PRESENT

- ☐ Trainee led all six sessions
- ☐ Mentor present and silent unless pastoral safety required intervention
- ☐ Trainee held prayer ministry blocks in all Four Areas
- ☐ Debrief after each session — warm and honest
- ☐ Trainee identified their first potential Circle 1 candidate

CIRCLE 3 — LEAD INDEPENDENTLY

- ☐ Trainee led a Circle alone; mentor by phone only between sessions
- ☐ Trainee recruited their own Session 4 co-leader (silent presence) for the blindfold encounter — mentor no longer in the room
- ☐ Trainee administered PRE / EXIT / 90-DAY measurement
- ☐ Trainee applied Departure Gate Rule at Session 6
- ☐ Trainee submitted measurement + narrative report to Rio@h4kz.org
- ☐ Trainee scheduled certification debrief with Pastor Rio or Pastor Frank

- ☐ Circle Exit: independent AND identifying next Circle 1 candidate (multiplication standard)

CERTIFICATION

- ☐ Issued by CHR on completion of Circle 3 debrief
- ☐ Trainee added to CHR Certified Practitioner registry
- ☐ Mentor takes a sabbath. Then begins again.

APPENDIX A

Video / Field Manual Cross-Reference

For trainees on either track consolidating the model

Two tables follow. The first maps the six weekly pairings — one Soul Liberation Training video per week of a Track 1 first Circle (during Step 2), each paired with the corresponding Section 2 session. The second lists the five foundational and pathway videos that frame, support, and complete the model. Track 2 trainees in Preparation watch all eleven in order, paired with the Field Manual material listed.

Table 1 • The Six Weekly Pairings

One video per week during a Track 1 first Circle (Step 2). Each video is paired with its Section 2 session. Watch the video first; lead the session second.

WEEK	SECTION 2 SESSION	PAIRED VIDEO	OTHER FM MATERIAL	CARDS
1	God's Design	V5 — Five-Step Journey	Section 1 (Ch 4)	Circle Leader's Card · Daily Rhythm Card · 5R Lifeline Card
2	The Infection	V1 — Why This Model Exists	Section 1 (Ch 1–3)	—
3	The Soul Liberator	V3 — Four-Fold Healing Ministry	Section 3 (Prayer Ministry)	Circle Leader's Card
4	The Encounter	V7 — Prayer Ministry	Section 3 (Prayer Ministry)	Circle Leader's Card
5	The Conversation	V2 — Seven Questions	Workbook §2–4	Circle Leader's Card
6	Liberation	V10 — 5R Lifeline	Workbook §5	5R Lifeline Card

Table 2 • Foundational and Pathway Videos

The remaining five videos frame, support, and complete the model. Track 1 pastors and servant leaders watch V4 and V6 before Session 1; V8 and V9 around the measurement points; V11 at the close. Track 2 trainees watch all eleven in order during Preparation.

VIDEO	TOPIC	FIELD MANUAL	CARDS / OTHER
V4	Servant Leaders Guide — the leader's five practices	Section 5 (this section)	Circle Leader's Card
V6	Leading Small Groups — culture and dynamics	Sessions 1–6 (Movement 0); Section 5	—

V8	Measurement — three indices, three timepoints	Section 4 (Ch 1)	PRE / EXIT / 90-DAY instruments
V9	90-Day Follow-Up — the check-in	Section 4	Daily Rhythm Card
V11	Scaling the Model — practitioner to multiplier	Section 5 (this section)	Multiplier's Checklist; Commitment Card

How trainees use this table · Pair each video with its row. Watch the video first. Read the Field Manual material second. Walk the card or instrument third if listed. Bring questions to your mentor or to your video call with Pastor Rio. The cross-reference is the pairing; the pairing is what makes the videos and the Field Manual into one integrated formation rather than two separate streams.

Build better rails to the trustworthy Engine — Jesus.

End of Section 5.

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