

for the Circle Leader only — not a seeker handout

SOUL LIBERATION TRAINING

The Five-Step Journey

- 1. GOD'S DESIGN** (*Gen 1:26–28*) Soul made in the Father's likeness. Original design named before the wound is named.
- 2. THE INFECTION** (*Rom 7:19*) Sin as invading infection. Bondage, shame, patterns willpower and intelligence cannot break.
- 3. THE SOUL LIBERATOR** (*Acts 10:38*) Jesus sent to liberate — personally, supernaturally, now. Present Healer.
- 4. THE CONVERSATION** (*John 15:4*) Liberation grows through ongoing honest conversation with Jesus, not a one-time prayer.
- 5. LIBERATION** (*John 8:36*) As the relationship deepens, the infection weakens. The Likeness Revealed Again.

Departure Gate Rule: *no seeker leaves Session 6 without all three: a local pastor briefed, a daily rhythm card in hand, and a specific 90-day check-in scheduled.*

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Four-Area Prayer Guide

"Is this a wound, a pattern, a body, or an oppression?"

❤ **INNER HEALING** (*Presence work*) Jesus was there when it happened. Invite Him into the memory. Be quiet while He works.

✨ **SOUL PURIFICATION** (*Root-healing work*) Walk back to the root. Own what He shows. Turn from what He names. Receive His cleansing.

👐 **PHYSICAL HEALING** (*Healing-power work*) Great Physician. Merciful, Compassionate. Name condition specifically. Bold faith, open hands — both.

🕊 **RELEASE FROM DEMONIC OPPRESSION** (*Authority work*) Jesus's victory over the powers. Calm authority in His name. We apply His finished work; we do not re-apply His blood.

Pardon was settled at the cross. Not re-applied here.

These four are ongoing relational works of Jesus.

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The Seven Questions

In order. Every time. The silence between Q4 and Q5 is load-bearing.

- Q1.** What kind of life do you think God originally designed your soul to live?
- Q2.** Where do you feel your life is not matching that design?
- Q3.** How long have you been carrying this?
- Q4.** What have you already tried to fix this?
— **SILENCE BETWEEN Q4 AND Q5** —
- Q5.** What do you think Jesus wants to do in this area of your life?
- Q6.** What would you want to say to Jesus about this right now?
- Q7.** What is the one thing you will do differently this week because of what happened here?

Adapt language. Preserve movement.

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The Daily Rhythm

(Use this when teaching the daily rhythm to your seekers)

Five minutes. Every morning. Three elements.

- 1. ASK** (*60 sec*) Bring the same specific thing back to Jesus — the area He is touching. Do not change the ask; bring it again, today.
- 2. RESPOND** (*2–3 min*) Ask Jesus — **"Jesus, what do You want to change in me today?"** Then listen, and write what surfaces.
- 3. RECEIVE** (*60 sec*) One verse. Slowly. Twice. Same verse for a week. Let it be the last thing your soul carries into the day.

WHEN THE OLD PULL COMES BACK:

Run the 5R Lifeline — five beats of running to Jesus: Recognize · Reconnect · Renounce · Replace · Report & Rejoice. (See the 5R Lifeline Card.)

My time: _____

My place: _____

This week's verse: _____